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CRITTERS CLOSE-UP – Maggie Joyce and her son, Wyatt, 3, get a laugh as they hold an alligator during an intergenerational program by Joe's Crazy Critters held recently at the Kennedy Center. Below: A tortoise grabs the attention of Sandra Mostyn, left, and her granddaughter Tessa Kit Mostyn. More photos on Page 35.



Committee Votes 5-2 For Pine Hill Cemetery Plan

One Vote Still Needed For \$16.4 Million Bond

By SCOTT JACKSON

Mayor Thomas Koch's proposed \$16.4 million expansion of Pine Hill Cemetery in West Quincy cleared its first hurdle on Monday with city councillors voting

it out of finance committee with a positive recommendation, and the project could receive final approval as soon as next week.

The committee voted

Cont'd On Page 27

City Aims To Acquire Three Downtown Parcels

By SCOTT JACKSON

Mayor Thomas Koch is seeking City Council approval to acquire three parcels of land along Hancock Street within Quincy Center.

Koch introduced taking orders for 1455, 1459 and 1620 Hancock St. during the May 2 council meeting. In addition, he submitted a request for an additional \$53 million in district improvement financing for Quincy Center, a program

that allows the city to borrow funds for downtown improvements and pay back those bonds using new growth in the district.

The building at 1455 Hancock St. is currently home to a Tae Kwon Do studio while the building next door at 1459 Hancock St. is home to a coffee shop, among other businesses. Koch said the city would purchase those properties

Cont'd On Page 14

NQ, Q High School Graduations June 6, 7

By SCOTT JACKSON

Commencement ceremonies for graduating seniors at the city's two high schools will take place in early June at Veterans' Memorial Stadium.

The commencement ceremony for North Quincy High School will take place

on Monday, June 6, and the commencement ceremony for Quincy High School will be held the following day, Tuesday, June 7, Supt. Kevin Mulvey noted during the May 4 School Committee meeting. Both ceremonies begin at 6 p.m.

Cont'd On Page 14

Municipal Light Plant Proposed For Broadband Network

By SCOTT JACKSON

Mayor Thomas Koch is seeking to establish a municipal light plant, the next step in creating a city-run fiber-optic broadband network.

work.

Koch introduced an order to establish the municipal light plant at the May 2

meeting of the City Council.

The item was referred to the council's ordinance committee for consideration at a

later date.

"This is the next step in the continuation of the municipal broadband project

that we've been working on now for just a little over four years," said Ward 3 Councillor Ian Cain, who has

worked with city officials to get the municipal broadband network up and running.

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2022-23 School Calendar Approved - Page 12
Spring ArtsFest May 21-22 - Page 14

More Quincy news:
The Quincy Sun.com



Fitness Hiking: A Very Effective, Enjoyable Activity

Practical Fitness With Wayne L. Westcott

By WAYNE WESTCOTT

My regular activities for maintaining muscular strength and cardiovascular endurance are resistance training and running, which I perform by myself all year long. However, one of my favorite fitness activities is hiking, especially in the warm weather. Every Saturday, weather permitting, my hiking buddies and I meet at the Blue Hills Reservation for a 60 to 90 minute fitness hike.

We frequently hike the Blue Hills Skyline Trail because it provides a variety of uphill, downhill, and level sections for a highly effective muscular and cardiovascular workout. The course that we typically take has several good hills interspersed with less hilly segments. The uphill ascents challenge both our leg muscles and our cardiovascular system. Our calf, quadriceps, hamstrings, and gluteal muscles work hard to overcome the force of gravity as we move our bodies up the hill, and our heart and lungs work hard to supply our muscles with

oxygen-rich blood and energy sources.

The downhill descents are much easier on our cardiovascular system, because we are moving with gravity instead of against it. However, our calf, quadriceps, hamstrings, and gluteal muscles also work hard on downhill terrain, as they must resist the force of gravity that would otherwise tumble us down the slopes. During the level sections between the hills, we recover from the more challenging up and down terrain.

Most of the trails in the Blue Hills provide an unstructured form of interval training, as we experience higher-effort segments (the hills) interspersed with lower-effort segments (the flats). This type of hiking is a purposeful form of exercise that is essentially as effective as other aerobic activities for general cardiovascular and musculoskeletal conditioning. Of course, the spectacular views and beautiful foliage render it an even more reinforcing physical activity than most other endurance training modes.

We periodically try to enhance our aerobic fitness ability by performing more structured hikes on a challenging hill, utilizing a standard interval training protocol. Our favorite interval training trail is the steep side of Houghton Hill, located just past the State Police station and the horse barn. We work pretty hard going up the slope, then recover at a slower pace as we come down a gradually descending connecting trail (past the Blue Hills Reservation office) to our starting position. We repeat the same course 3 more times for a total of four high-effort and four low-effort intervals. Of course, you can adjust your hill selection and climbing speed accordingly, so that your hiking exercise program is effective without being exhausting.

In fact, for those who are less interested in another fitness session and simply want to enjoy a rewarding recreational activity, you can choose from a variety of hiking courses, all marked with colored dots indicating beginner, intermediate,

and advanced trails. You can also take breaks at appropriate areas on your uphill and downhill climbs. Many of the hills have natural stopping points where you can rest on a large rock formation, and enjoy amazing views of eastern Massachusetts.

I recommend that you use well-fitted footwear that provides for both foot mobility and ankle stability, because many of the trail surfaces are uneven and rocky. Be sure that your shoes have good soles that grip rather than slip. We typically wear running shoes during the warm weather months. We try not to overdress, as hiking generally raises your body temperature, and there is much less wind when you are surrounded by hills and trees. I recommend wearing shorts and tee shirts, as long as you stay on the main trails and do not venture into grassy/bushy areas where ticks may be hiding. You, most likely, won't need food or supplements for a 60 to 90 minute hike, but you may want to carry some water to maintain a relatively high level of hydration, especially

ly on hot and/or humid days.

Although it is hard to get lost on the well marked Blue Hills trails, it may be prudent to carry a cell phone for unforeseen emergencies. With respect to the unlikely event of a fall, I suggest that you keep a couple of band aids in your pocket for rare but possible cuts, scrapes, and scratches. It is always best to hike with another person, or small groups of people, as camaraderie certainly enhances the hiking experience. This is especially true if you are new to hiking.

Whether you prefer to do standard hikes, fitness hikes, or interval hikes, I recommend that you start with shorter and easier courses, then progress gradually to longer or more challenging courses. Dogs are welcome at the Blue Hills Reservation, but they must be on a leash as they enjoy the hiking experience with you. If you would prefer to hike on more even pathways, there are numerous hiking trails and parks throughout the area that have less rugged terrain. If you would like or need to walk on smooth asphalt pathways, Wompatuck State Park is just the



WAYNE WESTCOTT

place for you, and offers numerous (level) trails. If you have never experienced hiking, I invite you to give it a try, and see if (like me), you find it to be a very effective and enjoyable fitness activity.

Wayne L. Westcott, Ph.D., is Coordinator of the Quincy College Exercise Science Department and the College/Community Fitness Center. He has written 30 books on physical fitness and strength training, as well as strength training chapters for 9 National Personal Trainer Textbooks. Wayne has been a strength training consultant for all 5 United States military forces and for 6 NFL football teams.

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H Mart To Open At Former Roche Bros. Location

By SCOTT JACKSON

A new supermarket specializing in Asian food is poised to open in Quincy at the former longtime home of Roche Bros.

The Board of License Commissioners on May 3 granted a common victualer license to H Mart for the location at 101 Falls Blvd. The store is expected to open in the coming months and its hours will be 9 a.m. to 8 p.m. seven days a week.

Patrick Foley, the attorney representing H Mart at the license board hearing, likened the grocery store to Whole Foods.

"H Mart is an upscale Asian supermarket," he said. "I think the best comparison that I could give it is when you think Whole Foods, that's what you're going to get, the Asian supermarket variety."

There are 97 H Mart locations nationwide, Foley added, and the store is one of the fastest growing supermarket chains in the country.

"They are really looking forward to coming into Quincy and having their growing business come here," he said. "They've already been communicating with the Chamber about how to be involved in the community and really give

back and be part of the community."

H Mart will not be making any major changes to the location before opening, Foley said.

"The only noticeable change that people are going to notice is that Roche Bros is out, and H Mart is in. We're simply just swapping out supermarkets," he said.

The board granted the license in a unanimous vote.

"I did a little bit of research on H Mart and I'm very excited you guys are coming to Quincy — I've heard a lot of great things," said Marli Casili, the city's health commissioner. "I'm sure you guys will be very successful here."

In other business on May 3, the Board of License Commissioners:

Granted a special-use permit and one-day beer and wine license to Kay's Cans and Bottles for the Bowes Fundraiser Cornhole Tournament at Pageant Field this Saturday, May 14 from noon to 6 p.m. The fundraiser will benefit the Donny Bowes Memorial Fund and will include a cornhole tournament, family friendly activities, a beer garden and food trucks.

Granted a special-use permit to the Quincy Point

Congregational Church, 444 Washington St., for an outdoor concert on Saturday, June 18, starting at 6 p.m. with a rain date of June 19. The concert will raise funds for Interfaith Social Services and the World Food Kitchen. The event will include food and possibly an ice cream truck.

Granted special-use permits and one-day beer and wine licenses to Devin Adams/Something Beachy LLC in partnership with the Quincy Chamber of Commerce for the Quincy Square Market at Kilroy Square. The one-day licenses are for Thursdays, Fridays and Saturdays from May 19 through July 23 from 3 to 9 p.m.

Granted a common victualer license to Marylou's Coffee for the premises at 35 Washington St. Marylou's will be selling coffee within the Quincy Market convenience store at that location, similar to its setup on Independence Avenue. Marylou's hours of operation will be 5 a.m. to 8 p.m.

Granted a lodging home license to Baldwin Healthcare LLC for the premises at 49-51 Miller Stile Rd. The location is an existing licensed lodging home that had been sold to a new owner.

Council Passes Petition Revising Precinct Maps

*Would Redraw Boundaries
Of Ward 2, Ward 5*

By SCOTT JACKSON

City councillors recently approved a home rule petition that would redraw the boundaries of Wards 2 and 5.

Councillors approved the home rule petition, introduced by City Clerk Nicole Crispo, in a 7-0 vote on May 2. Ward 2 Councillor Anthony Andronico, who works an aide on Beacon Hill, did not vote on the matter and Ward 6 Councillor William Harris was not in attendance.

As a home rule petition, the order must be approved by the state legislature and signed into law by the governor to take effect.

The home rule petition would shift several census blocks from Ward 5, Precinct 1, to Ward 2, Precinct 5. It would also move several census blocks from Ward 2, Precinct 5, to Ward 5, Precinct 1A. (Ward 5, Precinct 1, is part of the Second Norfolk District while Precinct 1A is within the Third Norfolk District.)

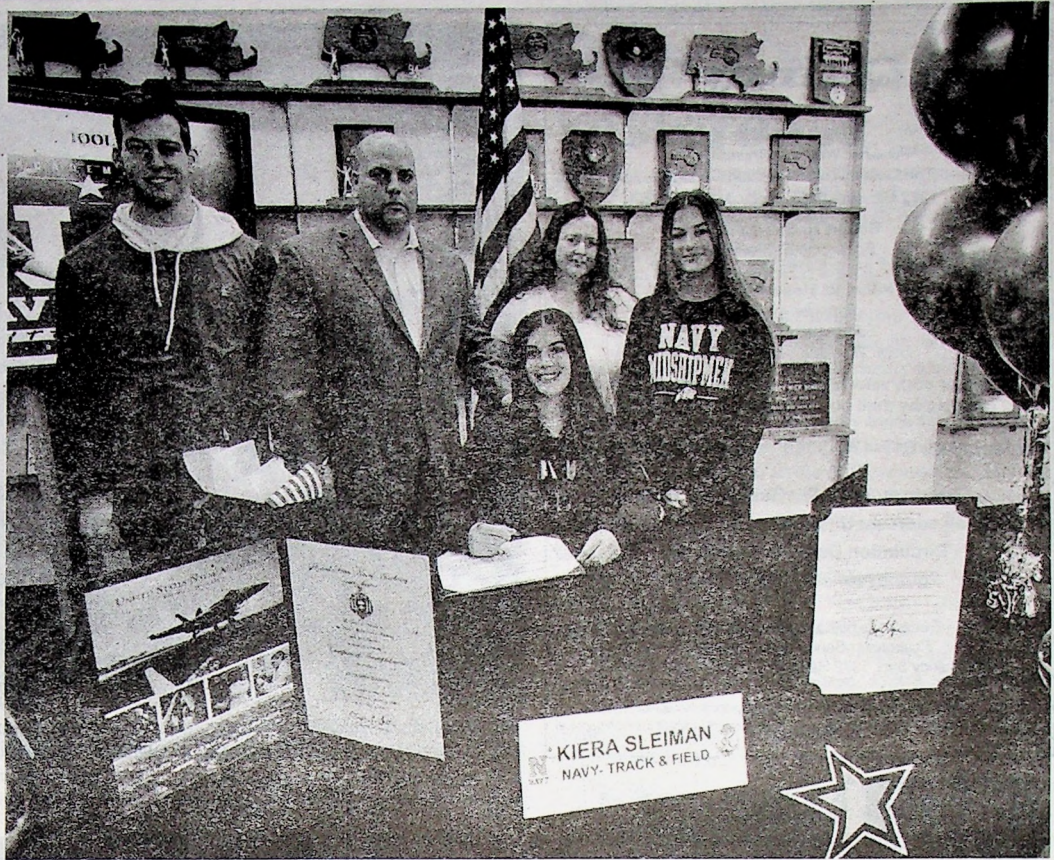
Following the meeting,

Crispo said the home rule petition is the final step in creating the sub precinct, which requires special legislation.

Councillors approved new ward and precinct maps in October and approved revised maps in December. The maps were revised in December because changes to state legislative districts would have resulted in eight precincts split between two or even three legislative districts.

Once the home rule petition is approved, Crispo said all residents who are moving between precincts will be notified. The changes will also be advertised in local media, she said.

The council has yet to approve polling places for this year's state election, the first election where the new maps will be in use. Crispo said there would be no major change in polling places this year; more changes are possible for next year's municipal election.



ANNAPOLIS BOUND – North Quincy High School senior and student athlete Kiera Sleiman, seated, is joined by her family from left, brother, Nathan, parents Ally and Leeann, and sister, Kaylee, as she signs her acceptance certificate to the United States Naval Academy during a recent ceremony at North Quincy High School. A talented multi-sport student athlete, Sleiman has starred in track, volleyball, and basketball for the Raiders. While, academically, Sleiman has earned academic distinction every marking period in high school, is a member of the National Honor Society, and maintains a 4.21 grade point average. Story on Page 22. Quincy Sun photo/Tom Gorman

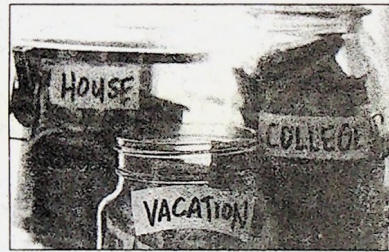
Quincy Boy Scout Troop 42 Plant, Flower Sale Saturday At Tower Automotive

Troop 42 will hold a Garden Plant and Flower Sale on Saturday, May 14, from 9 a.m. to 2 p.m. at Tower Automotive, 570 Adams St., Quincy.

This is Quincy's Troop 42 Scouts yearly spring fundraiser. Proceeds from

the sale helps decrease the costs of camping and scouts' supplies.

Troop 42 thanks Tower Automotive for giving Troop 42 Scouts a place to sell its plants, flowers and wreaths throughout the year.



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Moments in time

THE HISTORY CHANNEL

• On May 24, 1883, after 14 years and 27 deaths during construction, the Brooklyn Bridge in New York is opened, the largest suspension bridge ever built to that date.

• On May 27, 1894, Dashiell Hammett, author of "The Maltese Falcon," is born in Maryland. He worked as a Pinkerton detective for eight years and turned his experiences into fiction. The novel was filmed three times, the last in 1941, starring Humphrey Bogart.

• On May 28, 1902, Owen Wister's "The Virginian" is published. It was the first serious Western and one of the most influential in the genre. The book became a sensation and inspired four movies and a Broadway play.

• On May 29, 1932, the so-called Bonus Expeditionary Force, a group of 1,000 World War I veterans seeking cash payments for their veterans' bonus certificates, arrives in Washington, D.C. One month later, that number had swelled to nearly 20,000 strong.

• On May 26, 1940, President Franklin Roosevelt makes a radio appeal for the support of the Red Cross. Belgian and French civilians were "running from their homes to escape bombs and shells and machine gunning, without shelter, and almost wholly without food," FDR told Americans.

• On May 23, 1960, a tsunami caused by an earthquake off the coast of Chile travels across the Pacific Ocean and kills 61 people in Hilo, Hawaii. The massive 9.5 magnitude quake had killed thousands in Chile the previous day. The Pacific Tsunami Warning System, established in 1948, worked properly and warnings were issued to Hawaiians six hours in advance, but some people ignored the warnings and others actually headed to the coast to view the wave.

• On May 25, 1977, the communist government of China lifts its decade-old ban on the writings of William Shakespeare. Mao Tse-Tung's 1966 revolution had banned any cultural work that did not have the required ideological content.

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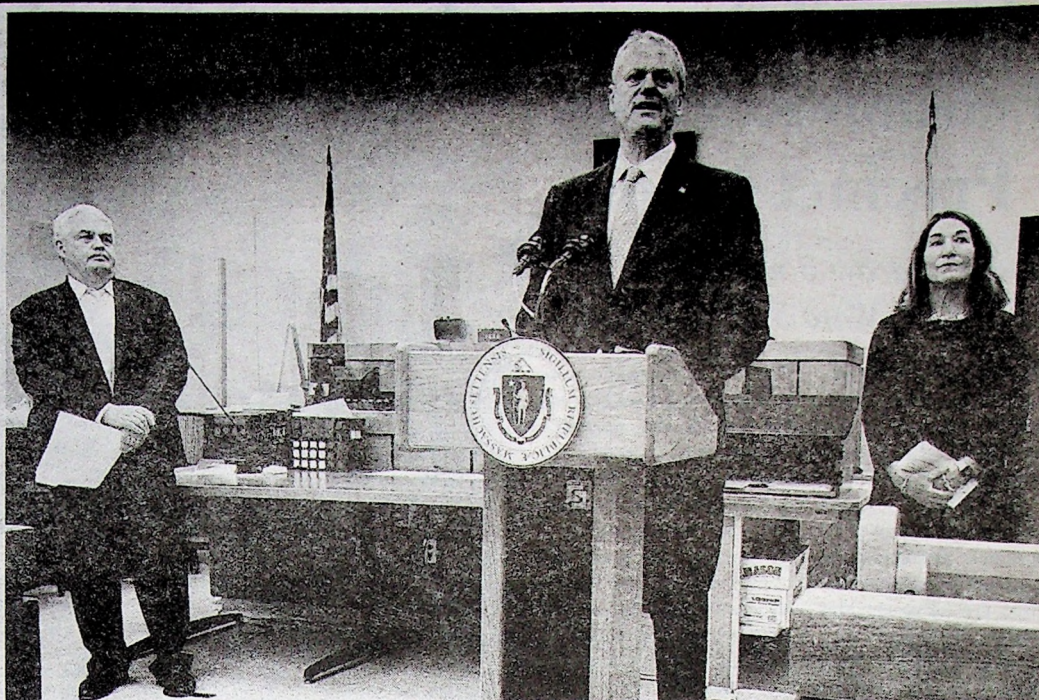
SENIOR NEWS LINE

By MATILDA CHARLES

When it comes to buying a phone, there are so many choices that the decision can be difficult. Much depends on what you want to do with it and how much you want to spend.

What can we do on our phones? Depending on the type of phone (and our skill level), we can make calls, get voice-mails, look at maps, write shopping lists and notes, roam the internet, play games, receive and send text messages, take photos, have face-to-face meetings and more.

Some of us, however, would rather keep it simple. We



GOV. CHARLIE BAKER on May 5 announced his capital improvement plan for the upcoming five fiscal years would include funding to replace the Quincy District Courthouse. "Here at Quincy courthouse, the plan charts a course to replace this facility with a new Norfolk County regional justice center that consolidates court departments," he said. Looking on are Michael Hefernan, the state's administration and finance secretary, and Lt. Gov. Karyn Polito.

Quincy Sun Photos/Scott Jackson

Baker Eyes Replacement For Quincy Courthouse

By SCOTT JACKSON

Speaking inside the Quincy District Courthouse, Gov. Charlie Baker recently announced plans to replace the facility with a new regional justice center, a project he said could cost \$160 million.

Baker on May 5 announced plans to replace the courthouse while unveiling his capital investment plan for fiscal year 2023, which begins on July 1. Mayor Thomas Koch and House Speaker Ronald Mariano, a Quincy Democrat, were on

hand for the announcement by the Republican governor.

Baker's spending plan calls for \$2.78 billion in state bond cap spending in fiscal year 2023 and also provides a blueprint for a total of \$13.9 billion in bond cap spending between fiscal

years 2023 and 2027.

The capital plan includes \$3.5 million to design a new regional justice facility to replace the courthouse as well as future funds for the project, Baker said during his announcement.

Cont'd On Page 13

Veterans' Bonus Division Extends Eligibility Period For National Guard COVID-19 Bonus

The State Treasurer's Veterans' Bonus Division announced that the eligibility period for the Massachusetts COVID-19 Bonus for National Guard members has been extended past its initial end date of June 15, 2021. National Guard members activated for additional deployments at any point after March 10, 2020 are eligible to receive a subsequent bonus.

"When we launched the COVID-19 Bonus in April 2020, our goal was to thank Massachusetts National Guard members for their service during a time of great uncertainty," said state Treasurer Deborah Goldberg. "By extending the eligibility period, we are

able to support our service-members as the pandemic has required their continuing commitment, efforts and focus."

In response to the COVID-19 pandemic, Treasurer Goldberg and the Veterans' Bonus Division created the Massachusetts COVID-19 Bonus for National Guard members in 2020. National Guard members are eligible to receive a \$500 bonus for their first-time activation and a \$250 subsequent bonus for any additional activations.

National Guard members can follow this link to apply for a first-time or subsequent bonus: <https://www.mass.gov/how-to/apply-for-a-massachusetts-covid-19-bonus-for-mass-national-guard>.

covid-19-bonus-for-mass-national-guard.

In addition to the bonus extension, the Veterans' Bonus Division has partnered with Unite Us, a national social and health networking platform, to streamline its inquiry system and connect veterans to local veteran-serving organizations.

"Partnering with Unite Us allows us to track inquiries better and respond to veterans quickly," said Steven Croteau, Veterans' Bonus Program manager. "With the platform's robust network of veteran-serving organizations, our team is able to better serve our veterans by connecting them to the groups and resources that they need."

Veterans, service members, or their families can inquire about any of the bonuses offered by the Veterans' Bonus Division by following this link: <https://www.mass.gov/service-details/veterans-bonus-inquiry>.

Through its program, the Veterans' Bonus Division serve Veterans of the Commonwealth and their families by providing financial assistance when eligible. The Veterans' Bonus Division distributes bonuses for eligible active duty, discharged, and deceased Massachusetts Veterans who served during various conflicts in single or multiple deployments.

Finding The Cellphone That's Right For You

want to make and receive calls, period. If a phone comes with a few more features, that's fine, but we probably won't use them.

How to choose: Decide what you need the phone to do. Ask a lot of questions, especially of tech-savvy family members. Think about whether you want to pay upfront for your phone or have a long-term contract. Decide whether the phone is only for emergencies or if you'll use it daily.

There are a handful of good phones out there if you search the internet for "phones for seniors." You'll find dozens of websites describing the various phones now available.

Visit the phone stores near you, if possible. You'll need

to handle the phones to be sure you can read and press the buttons with ease. Smaller phones are lightweight, but aren't necessarily the best if you can't see the screen or the buttons are tiny. The bigger ones, on the other hand, might be too heavy. Look into the flip phones as well, the ones that fold in half for ease of carrying in a pocket.

Look for discounts. For example, you might get a discount if you're an AARP member. If you're on Medicaid or SNAP benefits, see if you qualify for the Lifeline discount.

And remember: Keep it charged!

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Scenes From Yesterday



THIS IS A 1909 real photo postcard of the Seal Rock Inn that was perched high on the hill at the corner of Bellevue Road and Bay Street on the east side of Squantum. It overlooked Quincy Bay and a small group of rocks just off the coast that were a favorite spot for harbor seals. In this view, the inn appears decorated for a celebration with flags, bunting and lanterns, perhaps the Fourth of

July. Open only in the summer its large windows easily captured the cool ocean breezes. It was built in the middle of the 19th century and was open more than 60 years when it was destroyed by fire a few years after this postcard was mailed.

From the Tom Galvin Postcard Collection

READERS FORUM

Golfers, Business Sponsors Needed For Craigs Vs. Cancer Golf Tourney Sept. 22

On Sept. 22, 2022, the Craigs vs. Cancer Annual Golf Tournament will take place at Widow's Walk Golf Course in Scituate, Massachusetts to raise money for the Jimmy Fund. Proceeds raised from this event will support the world-class cancer research and patient care at Dana-Farber Cancer Institute.

We are looking for golfers and businesses to sponsor our event that will help us reach our ultimate mission of conquering cancer.

As I am sure your life has unfortunately been touched by cancer, the Craig Family has had more than its share of family members receiving and succumbing to its diagnoses. We've run and played in memorial golf tournaments in the past for various family members, so this year we decided to pool all of our efforts to meet the need head on as a family. We've enclosed materials that describe the event and the various sponsorship levels offered. It is

my hope that we can count on your commitment to help us attain our goal of \$20,000 raised.

Since 1948, Dana-Farber has been committed to one mission: giving cancer patients the best, most compassionate care today while finding cures for tomorrow. While this unique balance of research and care has seen incredible success, cancer is complicated, and there are many types that still present challenges to treat. You can help bring us closer to a

cure.

On behalf of the Craigs vs Cancer Annual Golf Tournament committee, Dana-Farber, and most importantly, the countless patients who benefit from our event, I want to thank you for your consideration. If you have any questions please contact us at (617) 347-9803 and/or craigsvscancer@gmail.com, or visit our tournament website <https://craigsvscan-cer.weebly.com>.

Shawn & Kimberly Craig
Craigs vs. Cancer Annual
Golf Tournament

Honoring Abigail Adams' Legacy

After reading Thomas O'Brien's letter last week, I just wanted to add that I too like the idea proposed by Mayor Koch to create a new statue honoring the legacy of Abigail Adams.

It seems after expounding on these pages about supporting the idea of moving the statue of Abigail Adams and her son John Quincy down to Wollaston, many thought I was disrespectful to both Abigail and Quincy women today. I was not.

I thought Merrymount Park would put Abigail Adams in a more prominent location for more folks to reflect on her accomplishments at the beginning of the American Revolution.

Quincy is a community that actually understands Abigail Adams when she reminded her husband to "remember the women", when

the U.S. Constitution was being written.

While our history books write about the Founding Fathers, past historians seem to have forgotten the important role our founding moms played in the creation of our democratic

republic. Eighteenth century women weren't just bystanders cooking dinner, washing clothes and raising kids. They along with the men created the United

States of America. I stopped using the term "Founding Fathers" years ago in favor of "Founders."

Sal Giarratani
East Boston

More Letters Page 20-21

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Quincy's Yesterdays

This Week
1961
61 Years Ago

Transit Bill Faces Test Of Constitutionality

Gov. John Volpe's rapid transit bill submitted to the House of Representatives today, despite its defeat in the Senate last week, faces a constitutionality test if it is passed in the legislature.

South Shore area representatives announced that they intend to bring court action if the bill is signed into law. The action to be taken by the towns of Weymouth and Hingham is based on the fact that the towns would be responsible for payment of the bond issue but would have no direct services.

Meanwhile, South Shore representatives, with the exception of Rep. Joseph E. Brett (D-Quincy), have formed a block to oppose the bill when it comes into the House.

Rep. James McIntyre, in an 11th hour try to prevent rapid transit coming to the South Shore, sent a telegram to the governor asking him not to send down any legislation that residents of the South Shore oppose.

COMMUNITIES MAP RAPID TRANSIT FIGHT

The Quincy City Council met in special session to discuss the question of commuter transportation. Council President William C. Ellis called the special session "for the purpose of discussion and action on the recent vote in the legislature foisting the Rapid Transit bill on Our City of Quincy."

"I called the meeting on short notice because I believe the situation involves an emergency," President Ellis explained.

Quincy state Sen. Thomas S. Burgin voted against the Rapid Transit bill while Quincy state Representatives Amelio Della Chiesa, James R. McIntyre and Charles L. Shea also voted "No." The lone state representative to support the legislation was Joseph E. Brett.

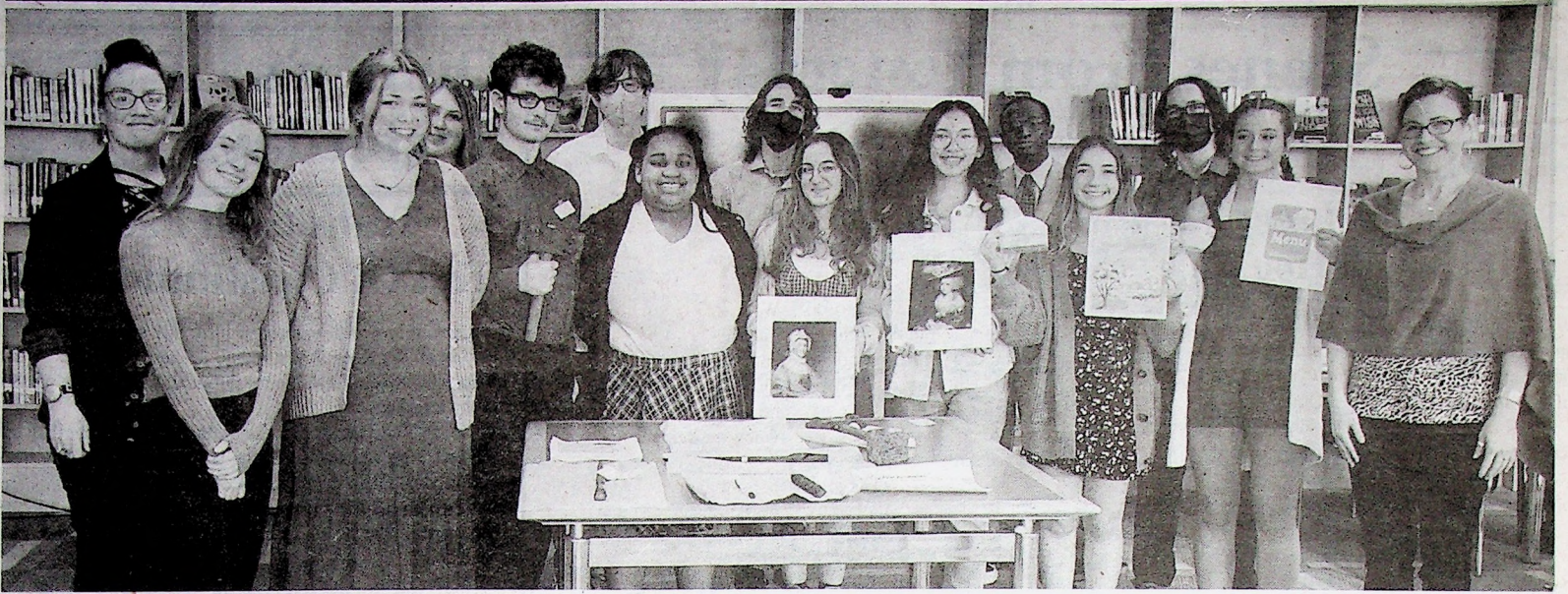
(Editor's note: The MBTA "Red" Line came to Quincy Center in 1971 and was extended to South Quincy in September 1983.)

QUINCYISMS

The Quincy Jewish War Veterans and Auxiliary held a joint installation at the Jewish Community Center, 10 Merrymount Rd. **Leon P. Brass** succeeded **Richard D. Raskind** as Post Commander and **Mrs. Esther P. Burak** continued as president of the auxiliary... **Donald J. Hayward**, Dispensing Optician, announced the opening of his office at 25 Beale St., Wollaston (formerly the office of **Ernest C. Hatch**)... **Sheridan's Fine Furniture**, Hancock St., Quincy Center, was offering "Magnavox 23" T.V. for \$258, Regular Price \$325. Save \$67"... **Dr. Joseph Waserug**, a Quincy physician with offices at 22 Spear St., has authored a book titled "Hospital With A Heart"... The Dow Jones Industrial Average closed at 691.70... The Women's Guild of the Union Congregational Church of Wollaston, celebrated its 50th anniversary at a luncheon. **Rev. John E. Morgan** extended greetings from the church. Past presidents and charter members were among the attendees... Supreme Markets of Wollaston and Quincy Center advertised "Chicken Quarters: Leg Quarters for 33 cents a pound and Breast Quarters for 39 cents a pound"... **Mrs. Margaret Nichol**, grand regent of the Court Corpus Christi, Catholic Daughters of America and **Dorothy Laing**, historian, presented **Richard Cardinal Cushing** of Boston with a check from the Court to further the work of church missionaries... "The Apartment" starring Jack Lemon, Shirley MacLaine and Fred MacMurray, was playing at the Strand Theater, Chestnut Street, Quincy Center... **William Galligan**, son of Mr. and Mrs. **William E. Galligan**, 65 Bay View Ave, Houghs Neck, was promoted to specialist fourth class. Spc. Galligan was serving in the US Army in Germany... **Peter R. Sault**, son of Mr. and Mrs. **Raymond Sault**, 136 Sea Ave, Houghs Neck, was attending Aerographers Mate School at the Naval Training Center, Lakehurst, NJ... **Cadet 2nd Lieutenant William R. Helfrich**, son of Dr. and Mrs. **William Helfrich**, Merrymount, was presented with the Convair Air Force ROTC award at St. Michael's College, Winooski, VT... Mr. and Mrs. **Sabatero Coletti**, 202 Whitwell St., Quincy, celebrated their 40th wedding anniversary at the home of their daughter **Mrs. Alma Mahoney** of 280 Whitwell St.

KEEPING UP WITH THE SOX

Second baseman **Chuck Schilling**, who drove in six runs with a grand slam and a double, is leading the Red Sox in practically every category, including most hits, most total bases and most doubles. With an 11-9 win over the Minnesota Twins, the Red Sox were in seventh place, 6 1/2 games behind the league-leading Detroit Tigers in the 10-team American League.



FROM LEFT TO RIGHT: Ms. Twomey, w, Grace Cuniff, Zoe Zakarich NQHS, Sam Traynor, Max Spendlove, Danazia Crawley, Jack Collins, Athena Perry, Thu Luong, Jeff Louissant, Skyla Whelan, Kieran Collins, Carly Amendolare NQHS, and Museum Consultant Erin Wederbrook Yuskaitis. Photos Courtesy Erin Twomey

Student Museum Docent Program Presents Inaugural Exhibit

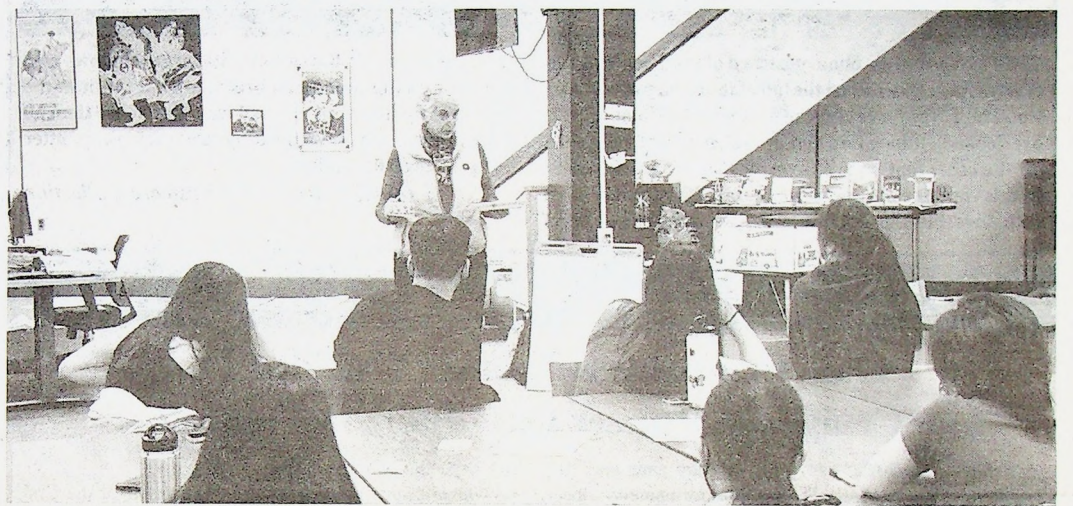
Quincy's Student Museum Docent program in conjunction with the Mayor's Office and local historical sites, recently presented the inaugural student historical docent exhibit: a guided historical tour of artifacts from local historical sites at each of the high schools.

Last summer Senior Docents from both high schools participated in a new initiative by the mayor to create a paid summer internship program at the city's various historic sites and new visitors center.

During the school year, students from both high schools worked hard along with the city's Historian Bob Damon and museum experience consultant Erin Wederbrook Yuskaitis.

There were guest speakers from Quincy Historical Society and the Adams National Park. The new student docents have been trained in how to process historical documents and artifacts from several historical sites and the Quincy Historical Society. The presentation is especially dedicated to the memory of Adams NPS Curator Kelly Cobble for her dedication to the historical education of generations of Quincy residents and national historical visitors.

The docents curated an exhibit that was shown at both high schools; history classes came to the library and Adams Hall to experience the guided exhibit.



THE NEW STUDENT docents have been trained in how to process historical documents and artifacts from several historical sites and the Quincy Historical Society. The presentation is especially dedicated to the memory of Adams NPS Curator Kelly Cobble (shown above) for her dedication to the historical education of generations of Quincy residents and national historical visitors.



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Social

Dorothy Laing Memorial Spring Flower Sale Saturday In Houghs Neck

The annual Dorothy Laing Memorial Spring Flower Sale sponsored by the Houghs Neck Community Council will be held Saturday, May 14 from 10 a.m. to 1 p.m. at the corner of Sea and Rockland Streets, Quincy.

Flats of annuals (pansies, petunias, impatiens, zinnias, dahlias, cosmos, snap dragons, marigolds, and more) as well as perennials, tomatos, geraniums, hanging plants and pouches will be on sale.

If you are unable to stop by on Saturday stop by during the week after at E & T Ceramics (9 a.m. to 2 p.m.), 367 Billings Rd., Wollaston. Call for more information 617-479-4107.

Quincy Lions Annual Fundraiser Virtual Raffles Tickets On Sale Now

The Lions Club first began in 1917. Over 100 years later, Lions Club international is the world's largest service club organization with more than 1.4 million members globally.

Each year, the Quincy Lions Club hosts raffles to raise money to support the volunteer services provided year round.

Raffle prizes include gift certificates, scratch tickets, signed sports memorabilia, gift baskets, liquor and much more. Prizes are valued at \$150 and more.

Raffle tickets are 1 for \$5 and 3 tickets for \$10. To purchase raffle tickets, visit quincylionsclub.com. On the home page, click the yellow donate button and choose "raffle" on the drop down menu.

Raffle tickets can also be purchased by check payable to Lions Club Quincy and mailed to Lions Club Quincy, P.O. Box 27, Quincy, MA 02170. The deadline to purchase tickets is June 10th. Winners will be announced on June 16th.

The Lions Club wishes to thank the generous donors for their support.

It's not too late to donate a raffle item, big or small! If you have an item to donate, email quincylionsclub@gmail.com. All donors will be recognized on our website, social media and in the press after the virtual fundraiser.

The Quincy Lions Club has a long and proud tradition of serving. It is a place where members join together to give their valuable time and effort to improving the Quincy community and beyond. Lions partner with local leaders to identify the unique needs of their communities and assist in both national and global projects. From community cleanup projects to food drives to eyeglasses collections to fundraising, Lions help people in need. We serve!

Anyone interested in becoming actively involved in working together to better the community and make a difference in the world is encouraged to visit QuincyLionsClub.com to complete a new member application. Join a local group of service-minded men and women who volunteer to service in sight, youth, veterans, community and more. Give back, get back and change lives!

Michaela Monahan Inducted Into Education Honor Society

Curry College recently welcome Michaela Monahan of Quincy, Class of 2023 into the Education Honor Society, Pi Lambda Theta.

PLT was founded in 1910. Its mission is to honor outstanding educators and

inspire their leadership on critical education issues.

Education majors who have completed 60 credits and have earned a GPA of 3.5 or above are nominated for membership and invited to join Pi Lambda Theta.

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Movie Review: 'The Bad Guys'

By BOB GARVER

The animated comedy "The Bad Guys" has very quietly been the #1 movie at the domestic box office two weekends in a row. The film follows a group of supposedly unlikeable animals as they do bad, do bad while they pretend to want to do good, then grapple with the decision whether or not to actually do good. Spoiler Alert for this family movie: they do not unanimously decide to remain bad.

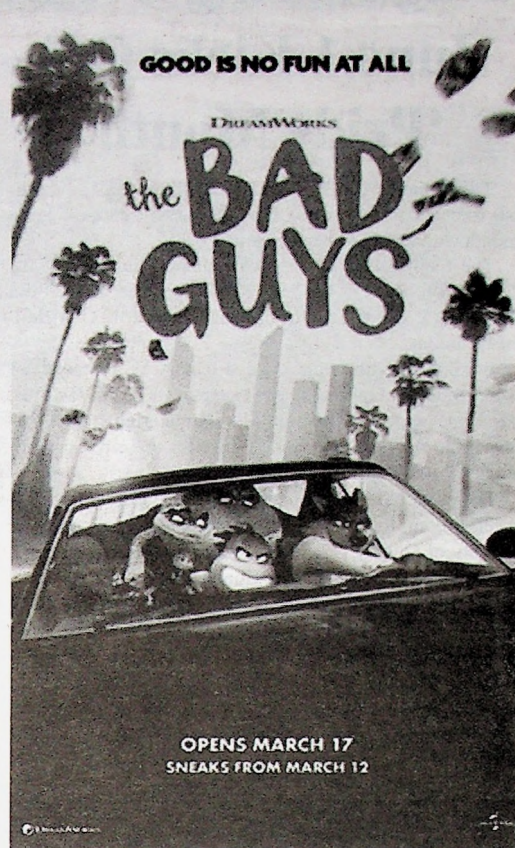
The leader is the Big Bad Wolf (Sam Rockwell), his best friend is Mr. Snake (Marc Maron), the rest of the team is Miss Tarantula (Awkwafina), Mr. Piranha (Anthony Ramos), and Mr. Shark (Craig Robinson). At the start of the movie, they lead a life of crime since no one is willing to give them a chance in life, what with the scariness and portrayals as villains and such. Seriously, the world is afraid of "these" animals? These are the most family-friendly versions of these animals imaginable. I've been unnerved around some of the fakest snakes you'll ever see, and I wasn't for a second scared of the snake in this movie. The Beast from Disney's "Beauty and the Beast" could be legitimately terrifying at times, so his arc about having to overcome his image made sense. To have the characters be so adorable so early just makes the film so... over-sanitized.

The Bad Guys get busted trying to rob a gala honoring saintly guinea pig Dr.

Marmalade (Richard Ayoade). Wolf makes a scene of bemoaning how he and his crew deserve a chance to prove they can be good. The fox governor (Zazie Beetz) relents and agrees to let them be potentially reformed by Dr. Marmalade. Wolf insists to his friends that this is all part of a long con to avoid prison and rob the next gala, but secretly he got a taste of being good when he helped out an old lady with a rubbery face just before the robbery, and he found that he liked it. Maybe the goodness should continue. Maybe the others will like goodness if they try it.

Thus begins a journey of twists and turns, where we're supposed to question who's conning who and who's on what side. I've seen enough of these movies that even if I couldn't predict the story beat for beat, I was pretty much right about predicting where everyone would end up. Also, I correctly predicted most of the beats along the way.

It's not hard to see where this movie draws its inspiration. Subverting fairy tales, that's "Shrek." Elaborate heists with smooth-talking explanations, that's the "Ocean's" movies. The villains reforming brings to mind that 2010 one-two punch of "Despicable Me" and "Megamind." And you may as well throw in a layer of "Zootopia" while you're at it. Okay, one thing caught me off-guard: the very first scene in the movie. I hadn't been expecting an extended



tribute to a certain favorite movie of mine. The scene features Wolf and Snake bantering in a coffee shop, and Snake is wearing an awfully familiar-looking Hawaiian shirt. That movie also had a character named Wolf, played there by Harvey Keitel.

Adults will find little to surprise them about "The Bad Guys," and even kids have probably been taken on this ride a few times before. But the characters are undeniably given a great deal of

charm by the voice cast, and a lot of the jokes still land, even if they too are overly familiar at times. This isn't a movie that you need to take your kids to see right away, but if you want to take your kids to a movie for the sake of taking them to a movie, sure, this is fine.

Grade: B-

"The Bad Guys" is rated PG for action and rude humor. Its running time is 100 minutes.

Contact Bob Garver at rg251@nyu.edu.

10 Steps For Healthy Aging During National Older Americans Month In May

As part of National Older Americans Month this May, the Alzheimer's Foundation of America (AFA) is providing 10 steps for healthy aging.

"Each May during National Older Americans Month, we celebrate older adults and honor them for their contributions. Promoting healthy aging helps ensure older adults remain a vibrant, integral community members for many years to come," said Charles J. Fuschillo, Jr., AFA's President & CEO. "Lifestyle choices such as eating a nutritious diet, getting proper sleep, and regularly exercising your body and brain, are all steps individuals can take to promote brain health and wellness and potentially reduce their risk of developing a dementia-related illness."

AFA offers the following 10 steps for healthy aging:

• **Eat Well** - Adopt a low-fat diet high on fruits and veggies, like strawberries, blueberries, and broccoli. Take daily vitamins. Limit

intake of red meats, fried and processed foods, salt, and sugar. In general, foods that are "heart healthy" are also "brain healthy."

• **Stay Active** - Physical activity increases blood flow to the brain and can also help improve mood and overall wellbeing. Brisk walking benefits brain health, while aerobics can boost your heart rate, and weight training builds strength and flexibility.

• **Learn New Things** - Challenge your brain by starting a new hobby like playing tennis, learning to speak a foreign language, trying a cooking class, or something you have not done before. Even something as simple as brushing your teeth with your non-dominant hand stimulates the brain by forcing it to think outside of its normal routine.

• **Get Enough Sleep** - Getting a consistent sleep every night is key; at least seven to nine hours is ideal. Having a good sleep envi-

ronment is also helpful. Insomnia or sleep apnea can have serious physical effects and negatively affect memory and thinking.

• **Mind Your Meds** - Medication can affect everyone differently, especially as you age. When getting a new medication or something you have not taken in a while (whether over the counter or prescription), talk to your doctor or local pharmacist.

• **Stop Smoking and Limit Alcohol** - Smoking can increase the risk of other serious illnesses, while too much alcohol can impair judgment and cause accidents, including falls, broken bones, and car crashes.

• **Stay Connected** - Social interaction and maintaining an active social life are very important for brain health, cognitive stimulation and mood. Invite friends and family over for a meal, board games, or just to hang out. Engaging in your community and participating in group activities is also ben-

eficial.

• **Know Your Blood Pressure** - Blood pressure can impact your cognitive functioning. Visit your physician regularly to check your blood pressure and make sure it is in normal range.

• **See Your Doctor** - Maintain checkups. Health screenings are key to managing chronic illnesses, such as diabetes, cardiovascular disease, and obesity, all of which can impact brain health. Speak with your physician about any concerns or questions you have about your health.

• **Get a Memory Screening** - Our brains need regular checkups, just as other parts of our bodies do. Memory screenings are quick, noninvasive exams for our brains. AFA offers free virtual memory screenings every weekday—visit www.alzfdn.org or call AFA at 866-232-8484 to learn more about getting a free virtual memory screening.

Flag Raising Event June 1 Kicks Off 'Pride Month'

The United First Parish Church (Unitarian/Universalist) in collaboration with Quincy Pride will kick-off Pride month with a Flag Raising ceremony.

The flag raising will be held outdoors in front of the "Church of the Presidents" at 1306 Hancock St. across from the James R. McIntyre Government Center (old City Hall) on Wednesday, June 1, from 6:30 - 7:30 p.m.

In keeping with Quincy's rich history as a beacon for democratic principles and as a home for some of the most passionate and vocal champions of human rights, the Progress Pride flag-raising is a new first for the city as it celebrates the start of Pride Month 2022.

The event will include special presentations by Rev. Rebecca Froom, local representatives, including members of the City of Quincy LGBTQIA+ Commission along with a performance from the Quincy Choral Society.

In 2018, a group of residents formed an alliance and created Quincy Pride. Now in its fifth year, Quincy Pride will host its annual Q Pride Day Festival on June 5, from noon to 6 p.m. at Pageant Field.

All events are free and open to the public. Contact us at United First Parish at www.ufpc.org or Quincy Pride at www.facebook.com/QPrideDay or www.quincypride.com.

More Quincy news:

The Quincy Sun.com

WHAT'S COOKING

with

Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Stuffed Cauliflower

By MARIE

I recently found today's recipe for stuffed cauliflower on the Food Network channel. I guarantee that you will be so delighted with this recipe because it is both easy and delicious.

Cauliflower contains potassium and fiber which are both excellent to maintain good health.

Prepare baking dish with parchment paper. Preheat oven to 350 degrees

1 head of cauliflower, blanched
2 tablespoons of butter
½ cup panko breadcrumbs
½ pound cheddar cheese; sliced into strips

First, trim the cauliflower by removing the stem, but keep cauliflower whole.

Bring a pot of water to a boil and then boil cauliflower for 5 or 10 minutes.

Remove from pot and let cool.

When cooled cut up cheddar cheese in ¼ to ½ inch thick strips and place strips in every crevice that you find on the cauliflower.

In a small skillet, melt two tablespoons of butter add the ½ cup of bread crumbs and sauté until crispy.

When cheese is in place, spread the breadcrumb mixture over the cauliflower - covering completely.

Bake at 350 degrees until you see the cheese is completely melted.

Enjoy this delicious dish!!

Hummus Made With Fava Beans

By SUZIE

I recently had a patient who returned from a lovely vacation in Greece, which reminded me of when I took a trip there more than a decade ago.

One of my best "food memories" was the Fava Bean, believe it or not. This was served at all three meals, and in different ways.

For breakfast it was cooked with tomato and herbs and served with eggs, yogurt, and pita. I became obsessed with these giant beans and made many recipes when arriving home.

In addition to being a lean protein choice with lots of fiber, fava beans contain vitamin K, vitamin B6, zinc, copper, iron, magnesium and more. If that isn't enough, they're also some of the top high-folate foods around. You gain 177 micrograms of folate in just one cup of cooked fava beans!

That is why I am showing you this delicious recipe for hummus made with Fava

beans rather than chick peas.

In a blender, or food processor:

Mix 2 cups COOKED fava beans, (I buy the frozen ones which I found at Whole Foods Market)

2 minced garlic cloves

¼ cup extra virgin olive oil with half of an avocado

1 tablespoon lemon juice

Sea salt salt and pepper to taste

Fresh herbs

Mix until blended.

This is great on a baguette with some sliced radishes and fresh herbs sprinkled on the top (especially oregano with some fresh basil).

I also made this using some sundried tomatoes.

Enjoy!

QHS Women's Athletic Hall Of Fame Inducts 18 New Members

The Quincy High School Women's Athletic Hall of Fame recently inducted 18 new members at a ceremony for the Class of 2020 inductees at the Neighborhood Club of Quincy.

The 2020 ceremony had been postponed due to the pandemic.

Class of 2020 inductees:
1920: Mildred Wiley, track and field;

1974: Joanne Kussman, gymnastics, swimming;

1976: Terry Greenleaf, basketball, field hockey and softball;

1976: Patricia Kussman, basketball, gymnastics, softball and tennis;

1977: Carole Lynch, basketball, softball, volleyball;

1977: Maryann McCarthy, basketball and softball;

1977: Peggy Thorley,

basketball and softball;

1981: Linda Brennan, basketball and volleyball;

1981: Donna Marcini, swimming and tennis;

1981: Ann McCarron, basketball and softball;

1981: Maureen Walsh, basketball and volleyball;

1982: Mary Kamb, basketball and softball;

1983: Theresa Munroe,

basketball, track and field and volleyball;

1984: Susan Beven, volleyball;

1984: Kristine Picarski, track and field;

1985: Beth Veneto, softball and volleyball;

Two coaches were also inducted: Mary Pratt (softball) and Peter Swanson (basketball and tennis).

'CountryFest On The Common' May 15

Mayor Thomas Koch and the City of Quincy invite you to "Countryfest on the Common," a country music celebration to be held on Sunday, May 15, on the Hancock Adams Common.

This year's New England Music Awards Overall Act of the Year artist Annie Brobst will headline the festival. Brobst has also been named Country Act of the Year and Song of the Year winner. Performances also

include singer-songwriter Daniel Miller, Nashville singer/songwriter AK Cody and singer Houston Bernand. The schedule will run between 2 and 6 p.m.

"Countryfest on the Common will be the second event in a series of family events the City has

planned for the community throughout the year," Koch said. "Country music has exploded in popularity and it's wonderful to be able to feature talent of this caliber for all to enjoy."

Bring your own blanket or chairs for seating. Beer

and wine will be available for purchase from Hive Mobile Bar and various food options can be purchased throughout the downtown.

For more information on this and upcoming events, follow the City of Quincy across social media.

Avoid Moving Scams This National Moving Month

By BETTER
BUSINESS BUREAU

For countless Americans, the month of May signifies a major transition in their lives. Whether it is graduating from high school or college, starting a new job or receiving that highly anticipated acceptance letter, May marks the beginning of the busiest time in the nation for moving. So much so, that the month was designated National Moving Month in 1997.

In 2021, 42% of all business inquiries on BBB.org for moving companies occurred from May-August, and nearly 1,100 complaints were filed with BBB against moving companies throughout the year. Additionally, consumers reported more than \$730,000 lost to moving scams to BBB Scam Tracker, a 216% increase in monetary losses as compared to 2020. Of the 27 million people who moved from 2020-2021, nearly 30% were between the ages of 20-29.

With the amount of moving activity during summer, the potential of being a victim of a moving scam also increases. There are several versions of moving scams reported to BBB every year, including:

- Consumers receive a quote and pay a deposit, but the movers never show up.

- The moving company provides a quote based on expected weight and, after loading the truck, they inform the consumer that the load is over the expected weight and an additional fee will have to be paid. Most of

the time, the additional fee is significantly more expensive per pound, sometimes as much as double the original estimate.

- The most disruptive and difficult to anticipate moving scam is when everything appears to be going well. The movers provide an estimate, arrive on time and load your belongings on a truck. However, this is where the interaction turns disastrous. When the truck fails to arrive at its destination, either your belongings are simply gone or the company requires the consumer to pay an additional fee to have them delivered, holding the possessions hostage.

To avoid becoming a victim of a moving scam this National Moving Month and in the future, BBB recommends consumers follow these guidelines:

- **Watch out for warning signs.** When reviewing a company's website, if there is no address or information about a mover's registration or insurance, it is a sign that it may not possess the proper policies to protect a consumer's belongings. Additionally, if the mover uses a rented truck or offers an estimate over the phone prior to conducting an on-site inspection, it may not be a legitimate business.

- **Be wary of unusual requests.** If a mover asks for a large down payment or full payment in advance, that may be an indication of a fraudulent business. If an individual's possessions are being held hostage for additional payment that was

not agreed upon when the contract was signed, contact BBB or local law enforcement for help.

- **Get everything in writing.** When moving between states, check licensing with the U.S. Department of Transportation. An identification number issued by the Federal Motor Carrier Safety Administration (FMCSA) is required of all interstate moving companies, which can be verified at ProtectYourMove.org. Make sure to carefully read the terms and conditions of the contract, as well as the limits of liability and any disclaimers. The pickup and expected delivery date should be easily identified.

- **Keep an inventory of your belongings.** Having an inventory sheet is one of the best ways to keep track of your possessions. BBB recommends consumers who are moving label the boxes their belongings are packed in and what is in each box. In general, movers are not liable for lost or damaged contents in customer-packed boxes unless there is provable negligence on the part of the mover. Taking photos of the contents prior to packing is a great way to prove if damages were incurred during the moving process.

- **Ask questions.** Do not be afraid to ask questions about anything you don't understand. If the moving company either can't or won't answer your questions, look for another company. Trust matters when hiring a moving company.

Social Security Matters

Can A Widower Get Full Survivor Benefits Early??

By **RUSSELL GLOOR**
National Social Security Advisor
at the **AMAC Foundation, The Non-Profit Arm**
of the **Association of Mature American Citizens**

Dear Rusty: My wife passed from COVID-related heart disease in 2020, just short of her 65th birthday. I will be 66 in May 2023. Do I have any recourse for a part of her benefit? Online at ssa.gov it says I can retire 4 months early due to her passing. Is that true? I'm confused on these issues. **Signed: Confused Widower**

Dear Confused: Our condolences on the untimely loss of your wife. To answer your question, you are already eligible to collect a survivor benefit from your wife, but you may wish to consider a few points before deciding when to do that:

- If you claim your survivor benefit now, before your full retirement age (FRA) of 66 years and 6 months, the amount you get will be reduced. The reduction would be 4.75% for each full year early (.396% per month early). If taken at your FRA, your survivor benefit would be 100% of the amount your wife was receiving (or was eligible to receive) at her death, but if you claim it before your FRA, it will be reduced.

- You will become eligible for your full survivor benefit 4 months earlier than your normal FRA; in other words, you can get 100% of the benefit your wife had earned up to her death when you are 66 years and 2 months old. But, if you are still working at that time, you will be subject to Social Security's "earnings test" which may affect your eligibility to collect benefits earlier than your full retirement age. The earnings test applies until you reach your FRA, so if you claim your survivor benefit before your FRA and exceed the earnings limit, you will lose some of your survivor benefits. The earnings limit for future years isn't yet known, but the 2022 limit is \$19,560 per year, or \$1,630 per month for the remainder of the year if you claim mid-year. If you're working full time at a decent salary, you would probably be disqualified from receiving early survivor benefits (because your benefit amount wouldn't be sufficient to offset the penalty for exceeding the earnings limit).

- It's possible for you to claim your survivor benefit completely independent of your own SS retirement benefit. So, for example, you can collect only your survivor benefit first and allow your personal SS retirement benefit to continue to grow, up to age 70 when it reaches maximum. That might be prudent if you expect at least average longevity because it would allow you to maximize your personal benefit while still collecting your survivor benefit (average longevity for a man your current age is about 84). For clarity, you don't get your survivor benefit in addition to your personal benefit – you get one or the other (whichever is more).

Considering your circumstances, if you are now working full time and will continue to do so, it may be prudent to wait until your full retirement age (66 years and 6 months) to collect your full survivor benefit (thus avoid the earnings limit). At your FRA, you can take your unreduced survivor benefit (only) and allow your own SS retirement benefit to continue to grow, up to age 70 if you like. At age 70, your personal SS benefit would be 28% more than it would be at your FRA and would replace your smaller survivor benefit from your wife. If you're not currently working full time or if you stop working, the earnings limit won't apply and you can claim your full survivor benefit (only) at age 66 and 2 months, and still defer claiming your own benefit until a later age for a higher amount (but don't wait longer than age 70).

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadviser@amacfoundation.org.

'Building Hope Together Gala' Raises \$650,000 For Saint Rock Haiti Foundation

500 Attend Event
At Granite Links

The "Building Hope Together Gala" recently held at Granite Links in Quincy, drew close to 500 in attendance and raised over \$650,000 to support the life-saving efforts of the Saint Rock Haiti Foundation (SRHF).

The foundation runs two health centers in St. Rock, Haiti, where it provides clean water, educational opportunities, and important medical and dental care to individuals and families. This year's gala marked 20 years the foundation has been in operation, which was a highlight of the evening's celebrations.

Leading up to the fund-raising gala, SRHF organizers announced that the Flatley Foundation had pledged to match all funds raised up to \$200,000, so several benefactors, including Quirk Auto Dealers, joined forces to support this important initiative. The foundation recently broke ground for a new maternal and child health center that will provide a place for women to give birth safely; the center will have a state-of-the-art operating room for obstetrical emergencies. SRHF's 50 staff members in Haiti, led by Dr. J. Kenes Eloy, work closely with US-based staff members in the Milton office. SRHF honored Brian Concannon, a Marshfield human rights lawyer, and the Boston-based Institute for Justice and Democracy in Haiti that he co-founded. Upon receiving the Dr. Stephen Bresnahan Award, Concannon shared how he gave up a corporate-law job in Boston to work in Haiti for nearly a decade.

"I felt called to put my energy and skills to work full time for people who really needed it. I first went to Haiti as a UN volunteer in 1995. I expected to stay a year or two. I stayed for nine years," said Concannon. The public is encouraged to join in the relief efforts to support the important work of the SRHF, by helping if they can. Visit <https://saintrack.org> to learn more.



ATTENDEES SUPPORT the Building Hope Together Gala held recently at Granite Links in Quincy. The event raised over \$650,000 for the Saint Rock Haiti Foundation.



GALA GUESTS toast the evening's success.



BRIAN CONCANNON (center) was the recipient of the Dr. Stephen Bresnahan Award.



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On Wednesday, May 4, at approximately 6 p.m., officers were dispatched to Chubbuck Street and Glenview Road on a report of an armed robbery.

Officer Lawrence spoke to the victim who described the suspect as a white male wearing a gray sweatshirt and a white mask covering his face. The suspect approached the victim while on a green bicycle. The suspect told the victim that he was the police and grabbed his arm telling him to stop. The suspect told the victim to empty all of his pockets, while grabbing the victim's black wallet out of his back pocket.

The victim said that when he attempted to pull away, the suspect pulled out a box cutter and demanded him to empty his pockets. The victim stated a brief struggle ensued and the suspect fled on the bicycle. The victim chased the suspect in an attempt to stop him. The victim said that as officers arrived, the suspect ran behind a shed on Broadway and jumped the fence in the direction of Germain Avenue.

Officer Lawrence ran behind the shed and located a green bicycle and a grey backpack. The victim confirmed that the suspect was wearing the backpack when he fled.

Officer Murphy made his way to the general area to assist. As he approached Fifth Avenue, he looked down the street and saw a white male with a blue sweatshirt running across Germain Avenue. Officer Murphy observed this male jump over a fence around 8 Germain Ave., then another around 2-6 Germain Ave. This address backs up to 934 Southern Artery, an apartment building.

Officer Murphy turned around and made his way to the

A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS
Public Information Officer
Quincy Police Department

apartment building. As he turned into the lot, without activating his overhead emergency lights, the same white male wearing a blue sweatshirt was walking down the driveway entrance toward him. Officer Murphy notified dispatch that he was with a possible suspect and told the male to stop walking and have a seat on the nearby wall. Officer Murphy asked the male where he was coming from. The suspect originally said a friend's house, but would later say he was coming from work.

Officer Murphy asked the suspect what he did for work. The suspect replied landscaping. Officer Murphy noticed that the suspect appeared relatively clean and Officer Murphy did not see anything on his clothing that would indicate he had just finished a full day of landscaping.

The suspect was detained in handcuffs. The suspect initially provided Officer Cooper with a false name and date of birth which was discovered at a later time. Officer Milliken explained the "show up" process to the victim. After viewing the individual detained, the suspect told Officer Milliken he was "100 percent" certain that was the individual that robbed him.

The male was then informed that he was now under ar-

rest. Officer Murphy conducted a search incident to arrest and located several glass pipes commonly used for smoking various drugs, several white pills and (3) silver rings with price tags still on them.

During the booking process, one yellow and black ear pod was located in the suspect's right front pocket. While conducting an inventory of the backpack found behind the shed, Officer Lawrence located an identical yellow and black ear pod. Also in the back pack was a gray sweatshirt, a white mask, three credit cards (not belonging to the suspect), one license (not belonging to the suspect), two black phones, a clear plastic bag with a white powdery substance believed to be Methamphetamine (9.2 grams), four (4) Gabapentin tablets and four (4) doses of Suboxone.

Officer Walker believed the credit cards to be stolen due to the fact that they were in someone else's name. The Methamphetamine, Gabapentin, and Suboxone were all placed into the drug evidence locker. All non-narcotic evidence was placed into BCI evidence. BCI will follow up to return the credit cards and license to their rightful owner(s).

The 37-year-old male from Plymouth was charged with armed robbery while masked, receiving stolen property, impersonating a police officer, possession of Class B, and possession of Class E. Officers also learned that the suspect had two outstanding warrants for his arrest.

Officer Cooper conducted a search for the missing wallet, which was located and returned to the victim. The box cutter was located in front of a residence on Broadway.

Great work!

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, APRIL 29

VANDALISM/PROPERTY (2 cars 1 fled), 1:43 p.m., Quincy Avenue and Southern Artery. On scene is a blue Toyota SUV Southern Artery side. Driver fled/went up hill towards the Falls. Female driver in a gray Ford sedan. Female got out of her car and punched second car, then fled up towards Walmart direction. Car that fled comes back to female. Male was also in gray Ford Fusion. Road rage incident, not a hit and run. Will file complaints for malicious damage. Report.

BREAKING AND ENTERING/PAST, 2:48 p.m., Fayette Street. Report to be filed.

LARCENY/MOTOR VEHICLE (using without authority), 9:21 p.m., Southern Artery. Refused to return vehicle. Request officer. Trepass notice given. Hard copy on file. Form filled out, report and complaints to be filed.

VANDALISM/PROPERTY (surveillance camera), 9:51 p.m., Sea Street. Reporting party from QPD lobby to report person from prior incident is on surveillance video of damaging camera in attempt to take surveillance camera. Report.

SATURDAY, APRIL 30

ASSAULT AND BATTERY (past), 2:45 a.m., Newport Avenue. Reporting party states he was assaulted by Uber driver at a gas station on Newport Avenue. Report submitted.

VANDALISM/PROPERTY (windshield smashed), 3:02 p.m., Hamilton Avenue. Car parked at the street - Honda Civic gray. Reporting party is out front now. Case number provided. Homeowner reports a baseball struck his car windshield and caused damage. I observed damage to the lower left side of the windshield consistent with being struck by a ball. The baseball that struck vehicle was believed to be the result of a foul ball at a game being played at Bishop Field (across the street). Advised and provided with a case number.

LARCENY/MOTOR VEHICLE (just occurred), 6:13 p.m., Hancock Street. Mandarin interpreter used. Reporting party states his car was stolen. Does not know plate number. Went into restaurant to pick up food and left his keys inside. BOLO given to all cars. Serviced.

SUNDAY, MAY 1

BREAKING AND ENTERING/PAST (back door broken), 11:50 a.m., Elliot Avenue. Female went away for five days. Bedroom items are missing. Jewelry missing, back door frame is broken in. Detectives responding.

ASSAULT AND BATTERY (confused male), 1:10 p.m., Copeland Street. Brewster notified. In area of offices. Drunk and injured party claims assault at Callahan's Tap. Units checking for second party. Unable to locate second half of incident. Report for aggravated assault and battery.

BREAKING AND ENTERING/ATTEMPT, 9:36 p.m., Quarry Street. Caller states that someone is in his apartment and it's not his roommate. Caller says he will be in the area. QFD notified for entry. Report to be filed. Damage to the door when entry was made.

MONDAY, MAY 2

LARCENY/MOTOR VEHICLE (Ford Fusion), 3:17 a.m., Germain Avenue. Reporting party states that he

parked his car at 8:30 p.m. When he got up at 10:30 p.m., he noticed his keys and vehicle were missing. Reporting party states that a female took his car and has not returned it yet. Reporting party is stating his friend left a note stating they would return the vehicle. Reporting party will contact the police if she does not return the vehicle tomorrow.

LARCENY/MOTOR VEHICLE (motorcycle), 6:04 a.m., Farrington Street. Black Kawasaki ZX600 taken approximately 4:15 a.m. Keys not with bicycle. Bike parked by the back door. Reporting party states he has the incident on Ring camera.

VANDALISM/PROPERTY (rear window), 7:31 p.m., Bent Terrace. Toyota Highlander caller states a rock was thrown through back window. No suspect information. Case number given.

WEDNESDAY, MAY 4

LARCENY (decking), 12:56 p.m., Hancock Street. Larceny of decking materials. Spoke with reporting party. Not a larceny. Lumber came and took material by accident. Reporting party will speak with lumber company.

ARMED ROBBERY (armed robber/box cutter), 6:02 p.m., Chubbuck Street and Glenview Road. Arrest made. Light blue bicycle, gray hoodie, white male wearing a white bandana. Last seen Broadway and Commonwealth jumped a fence. Jumped fence at 46 Broadway towards dead end of Broadway. Stole reporting party's wallet. Unit out with male at 934 Southern Artery with possible suspect. 782 to transport victim for show-up. Under arrest for armed robbery and outstanding warrant. Charges: armed robbery, receiving stolen property, impersonating police officer, possession Class A. K6 out at Germain and located wallet possibly belonging to victim. K6 reports wallet was recovered in back driveway on Germain.

LARCENY/MOTOR VEHICLE (moped), 8:54 p.m., Water Street. Caller left moped outside for 30 minutes and it is now gone. Happened around 7 p.m. Form filled out and report to be filed.

THURSDAY, MAY 5

LARCENY (package), 11:54 a.m., Sea Street. Caller left a package on his front steps, Tracker inside package. Report.

VANDALISM/PROPERTY (elevator), 1:19 p.m., Coveway. See reporting party in the property office. Report.

QATV Announces New HD Channel

Quincy Access Television (QATV) is excited to announce its new High Definition (HD) Channel, now live for your viewing pleasure, on Comcast Channel 1072. Channel 1072 is in addition to QATV's Public Access Channel 8 and Government Access Channel 9.

Channel 1072 will feature programming from both the Public and Government Access channels, with much improved picture quality

and crystal clear audio.

"QATV is excited to finally have an HD channel to show our programming to the citizens of Quincy," said Jonathan Caliri, executive director of Quincy Access Television. "Watching sports, government meetings, events, and news on QATV will now be equitable to other cable channels. This equality is something our programs deserve, and local producers deserve, and

our viewers deserve."

An HDTV signal carries enhanced video and also digitally enhanced sound, so you are able to get theater-like surround sound. HD images appear to be 3-dimensional or photo quality, while Standard Definition (SD) in comparison looks a bit blurry or fuzzy.

QATV hopes that their viewers enjoy the high quality of the new HD channel, which will enhance all the

programs and bring the delivery of QATV into the new digital age of television.

Quincy Access Television is located at 88 Washington St., adjacent to the Thomas Crane Public Library.

For more information on your local public access channels, visit www.qatv.org or if you have any questions or would like to become a member, call 617-376-1440.

Total Calls For Service: 1,092

Larceny Motor Vehicle: Hancock Street (3), Water Street, Farrington Street, Germain Avenue, Southern Artery
Breaking & Entering Attempt: Quarry Street
Breaking & Entering Motor Vehicle: Washington Street, Lancaster Street
Breaking & Entering in the Past: Elliot Avenue, Fayette Street.

Entries in the Quincy Police Crime Awareness Journal are compiled and submitted by the Quincy Police Department. The following are included in the journal:

Assault and battery, breaking and entering/progress, breaking and entering/attempted, larceny over/under, attempted larceny, larceny motor vehicle, armed robbery, attempted rape, vandalism private property and indecent exposure

The journal is published by *The Quincy Sun* as a public service to make local residents more aware of crime activity in their neighborhood.

Readers and the public are also welcome to view the Press Journal that is published (on Tuesday) of every week on the Quincy Police website: https://www.quincyma.gov/departments/police/resources/press_journal.php#outer-88

Baker-Polito Launch Free Public Telehealth Program For COVID-19 Treatment

Residents Can Be Evaluated Directly Without Contacting Their Health Care Provider

The Baker-Polito Administration, in collaboration with Color Health, has launched a new free telehealth program to help residents more easily access COVID-19 treatment.

Through this program, residents 18 years and older who have tested positive for COVID-19 and who are experiencing mild to moderate symptoms are able to undergo a video consultation with a trained health care clinician to determine if they are eligible for Paxlovid, a COVID-19 treatment pill taken orally that can reduce the risk for severe symptoms and hospitalization by nearly 90 percent.

This program can be accessed at www.mass.gov/covidtelehealth and is available in English, Spanish, Haitian Creole and Portuguese.

The COVID-19 telehealth program is a quick, easy and free way for individuals to see if Paxlovid is an appropriate treatment for them. This program is available to all COVID-19 positive individuals 18 years or older who are experiencing COVID-19 symptoms and currently live in Massachusetts.

This program is not for medical emergencies.

"Paxlovid has been shown to be highly effective in treating COVID-19 and can prevent patients from getting seriously ill," said Dr. Larry Madoff, medical director in the Bureau of Infectious Disease and Laboratory Sciences at the Massachusetts Department of Public Health. "This treatment must be started within 5 days of symptoms, so it is essential to speak with a clinician right away. This new telehealth option makes it easier for residents to con-

nect quickly with a clinician and we encourage individuals who test positive to utilize it."

The telehealth visit consists of a short health intake survey and, if eligible, a video consultation with a health care clinician. During the telehealth visit, similar to an in-person visit with a medical provider, the clinician will review symptoms and risk factors, and determine if Paxlovid treatment is appropriate. If an individual is eligible for the treatment, the clinician will send a prescription to a pharmacy conveniently located for the individual or, if necessary, arrange for free overnight delivery of Paxlovid to an individual's home.

The program and prescription are free, and residents do not need to have health insurance to access it.

Paxlovid is intended for people 12 and older with mild to moderate COVID-19 who are at higher-risk for severe COVID-19, are within 5 days of symptom onset, and have tested positive for COVID-19, regardless of vaccination status. Treatment must begin as soon as possible after testing positive and within five days of symptom onset. Paxlovid can reduce the risk for severe disease progression and hospitalization by nearly 90 percent. Learn more about Paxlovid on the manufacturer's website, and review the patient and healthcare provider fact sheets for more information.

"Fortunately, we have reached a point in the pandemic where the tools to stay safe and healthy are much more widely available. Those include vaccines first and foremost," said Dr. Shira Doron, Infectious Disease Physician,

Hospital Epidemiologist, Tufts Medical Center. "But now anyone who gets COVID and has even a single risk factor can and should also avail themselves of one of several highly effective treatments, including two oral antiviral medications, of which there is plentiful supply. It is important for the public to know that these treatments are safe and effective at reducing your risk of progressing to severe COVID-19."

Getting vaccinated and staying up to date on your COVID-19 booster remains the most effective tool to protect yourself against COVID-19 and its variants.

Color Health partners with governments, employers, and other institutions to deliver public health programs with access points that can exist anywhere, including schools, workplaces, homes, churches, correctional facilities, and other community spaces. Color's therapeutic platform makes scheduling a clinical consultation and receiving an antiviral therapeutic simple, fast, and accessible. With Color, patients can seamlessly move from test to telehealth to treatment all in one platform, within the critical time frame for effective treatment.

Color has supported nearly 9,750 of healthcare access sites across the country, and in Massachusetts, the company has supported COVID-19 testing and public health vaccine delivery to millions of Commonwealth residents since 2020. By bringing critical services like simple diagnostic tests and treatments to residents directly in their lives, Color provides effective public health programs directly where public life happens.

Municipal Light Plant Proposed For Broadband Network

Cont'd From Page 1

To establish the municipal light plant, the City Council would have to approve the order and then reaffirm the order in a subsequent vote in the next fiscal year. The city's voters would then have to approve the measure during a regular or special election. Cain said that vote could happen in November.

"If all goes according to plan, we'll have a vote that will go to the citizenry ideally by November to approve this," he said.

In addition to establishing the municipal light plant, Cain said the city is working to create a pilot area to test the proposed network.

"The city continues to actively make progress on this project. We're identifying a pilot area where we can demonstrate the capacity of this," he said. "Hopefully if we get these two steps, we can go towards designing a full-scale project to be implemented and designed by next year."

"I continue to thank my colleagues for their ongoing support of this project and for the patience of the pub-

lic as we make these next steps."

Cain first proposed the idea of creating a municipal broadband network in 2018, when he introduced a resolution asking city officials to study the concept. One year later, Cain and Koch announced that the city would be working with EntryPoint Networks to study the concept.

Under the model the city of Quincy is following, the city would not act as an internet service provider, or ISP, once the new fiber-optic network is installed. Rather, the city will open up the infrastructure to other ISPs, giving participating residents and businesses the chance to pick and choose who they get internet service from.

The plan Quincy is pursuing is based on a model first used in Ammon, Idaho, which EntryPoint Networks helped develop. Ammon's fiber-optic network was hailed by Fast Company, a

business magazine, as the best fiber-optic network in the nation in 2019.

As part of the plan to develop a fiber-optic network in Quincy, EntryPoint Solutions and the city surveyed residents to gauge their interest. Jeff Christiansen of EntryPoint Networks told city councillors in December 2020 that 10,000 residents responded to the survey, 80 percent of whom said they were interested in participating in the municipal broadband program.

That same survey showed residents currently pay \$90 a month for internet service on average, Christiansen said. If Quincy were to create a municipal broadband network, he said the cost for basic internet service could be in the range of \$48 to \$55.

Comcast is currently the only provider of broadband internet in Quincy. Verizon offers DSL service, which is an older technology, but not its high-speed Fios network.

More Quincy news:

The Quincy Sun.com



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Real Estate

Quincy Real Estate Transactions May 2 - May 6

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER

Devlin & Hillary K. McConnell
Hao Lu & Yan Mo
McNamara Family Realty Trust
Julie Skusevich
Mostafa Hassan & Patricia A. McNealy
Jia H. Hu
CRB Realty LLC
Douglas & Paige Scott
365 Newport Ave LLC
William P. & Susan A. Deshler
Galvin Realty Trust
365 Newport Ave LLC
Serrilla Irrevocable Home Trust
Harbor Family Trust
One Hundred Thirty Eight Utica Realty Trust
Eight Four Old Colony Avenue Realty Trust
Christopher & Donna Connolly

BUYER

Alexander M. Leahy & Doreen P. Danielson
Chang Qi, Christian Lacks & Christian L. Cardenas
AJC Properties & Management LLC
Hong X. Ha
Paul R. McNealy
Elisaveta Dedo
35 Des Moines Road LLC
Raymond Lee & Rita Tan
Rodrigo H. Teramae
Jason Friedman & Kaitlin Rivest
Ketakee G. & Apurva Borikar
Kyle Zhang & Diana Yang
Carola A. Serrilla & Xia Lin
Yijian Cao & Yunzhi Wu
RSW Properties LLC
Seven Shamrocks LLC
Zuhayr & Fadua Hemady

AMOUNT

\$850,000.00
\$1,032,000.00
\$1,499,000.00
\$420,000.00
\$200,000.00
\$382,000.00
\$210,000.00
\$765,000.00
\$655,000.00
\$700,000.00
\$340,000.00
\$640,000.00
\$290,000.00
\$675,000.00
\$830,000.00
\$880,000.00
\$390,000.00

ADDRESS

319-321 Granite Street
299 Highland Avenue
192 Davis St. & 715 Quincy Shore Dr.
64 Willard Street Unit 204
64 Faxon Lane
245 Sea Street Unit 33
35 Des Moines Road Unit 210
19 Germain Avenue
365 Newport Avenue Unit 102
101 Bromfield Street
230 Willard Street Unit 610
365 Newport Avenue Unit 101
100 Grandview Avenue Unit 3B
18 Cliveden Street Unit 301W
138 Utica Street
84 Old Colony Avenue
2 Fensmere Avenue Unit M

School Committee OKs 2022-23 Calendar

By SCOTT JACKSON
Quincy Public Schools students will have Election Day off this November. The School Committee on May 4 approved the calendar for the 2022-23 school year, which adds Tuesday, Nov. 8, to the days that students have off. Schools had previously been closed on Election Day in presidential election years, including 2016 and 2020, but were open during the most recent gubernatorial election in 2018.

Update Sought On TPAL Work

By SCOTT JACKSON
City councillors want an update from the city's traffic department on any current or planned projects that are designed to ease traffic and increase pedestrian safety.

Council President Noel DiBona on May 2 introduced a resolution seeking an update on those items from the city's Traffic, Parking, Alarm and Lighting Department, also known as TPAL. DiBona said he would like the council to work collaboratively with the department to address traffic and pedestrian safety.

"The city of Quincy has experienced significant residential growth all across the neighborhoods. There have been a number of pedestrian-vehicle collisions in Quincy over the past few years, including fatalities as well as a number of injuries each year, but we are significantly lower than other comparable cities," DiBona said, adding that the city would like to lower the rate of pedestrian crashes.

"We established this TPAL...division back in July of 2016 to consolidate several aligned divisions and increase efficiency to address the city's traffic and pedestrian safety needs. Obviously the City Council, we wish to continue to work with collaboratively with TPAL on development and implementation of measures to address pedestrian and drivers alike in the city.

The resolution was approved in an 8-0 vote, with Ward 6 Councillor William Harris not in attendance. It was also referred to the council's oversight and public safety committees.

The committee considered four different options for next year's calendar. Option A maintained the existing calendar format with Election Day off; Option B kept the same format with both Election Day off and a day off in observance of Lunar New Year; Option C featured a new format listing religious and cultural holidays, with no classes on Election Day; and Option D introduced that same format, with no classes on either Election Day or Lunar New Year.

Committee member Emily Lebo said the information on holidays included in Options C and D was important, but it made those calendars difficult to read. "I think the major religious and cultural holiday information is great and important, but I don't know if it has to be on the calendar. I'm finding the calendar harder to read in the new format than the old format," Lebo said, suggesting that the information on those holidays be included on the back of the calendar or in a separate document.

Committee member Kathryn Hubley shared the same sentiment. "I do agree the information on calendar C is important - I don't think it needs to be on the calendar itself. It could be on an adjacent page or another area," Hubley said, also adding that parents are familiar with the existing format.

Committee member Tina Cahill said she preferred the new format. "Calendar C is pretty clear and concise. I like the way it is here because you can see the dates on the calendar," she said. "Adding those dates on the bottom, if we decide they're going to be observed holidays for parents and their culture and religions, I think it's good to have it on the bottom so they can see which holidays would be observed by the school and having them make sure they're not having too much academic commitment or athletic commitment on those days."

Hubley then made a motion to pass Option A, the existing calendar format with no classes on Election Day. That motion was approved in a 6-1 vote, with committee vice chairperson Frank Santoro opposed.

He said schools should be closed in observance of Lunar New Year given the number of students in the district who celebrate it. "Holidays should be a reflection of our community and I think Lunar New Year should be one of the holidays for the large numbers of Asian families that celebrate Lunar New Year," Santoro said. "I will be voting no on the motion."

Committee member Douglas Gutro said he believed Santoro was going to make a motion to add Lunar New Year to the days on which schools are closed, based on comments made at a previous subcommittee meeting.

"If you had done that, I would have supported that motion," Gutro said. "In the absence of that, I will support the calendar that's proposed."

Elementary and middle school offices will reopen on Monday, Aug. 29 after they close for the summer; high school offices remain open. The first day for professional staff is Tuesday, Sept. 6, which is also the date of the state's primary election this year.

The first day of classes for grades 1-9 is Wednesday, Sept. 7, with grades 10-12 returning to school the following day. Orientation for kindergartners and pre-kindergartners is slated for Friday, Sept. 9, and their first day of school is Monday, Sept. 12.

Winter recess will begin at the end of the school day on Friday, Dec. 23, and classes will resume on Tuesday, Jan. 3. February recess will begin at the end of the school day on Friday, Feb. 17, and classes will resume on Monday, Feb. 27. April recess begins at the end of the day on Friday, April 14, and classes will resume on Monday, April 24.

In addition to Election Day, schools will be closed for Columbus Day in October; Veterans Day, Thanksgiving Day and the Friday after Thanksgiving in November; Martin Luther King Jr. Day in January; Good Friday in April; and Memorial Day in May. Schools would also be closed on Juneteenth in June if the school year extends that far.

The last day of school for high school seniors will be Wednesday, May 31. North Quincy High's graduation is set for Monday, June 5, and Quincy High's will be the following day.

Assuming there are no snow days, the last day of classes would be Friday, June 16. If five days of classes are cancelled, the last day of school would be Monday, June 26. The last day for professional staff is the day after the final day of classes.

Early release days will remain on Wednesdays in the new school year. Traditionally, early release days had been scheduled on Tuesdays, but they were moved to Wednesdays for the 2020-21 school year for scheduling purposes amid the pandemic. The school board agreed to keep them on Wednesdays last spring based on feedback from parents and educators.



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Baker Eyes Replacement For Quincy Courthouse

Cont'd From Page 4

"Here at Quincy courthouse, the plan charts a course to replace this facility with a new Norfolk County regional justice center that consolidates court departments. To achieve this goal, the plan provides \$3.5 million in fiscal 23 to deal with what we would call sort of the front end around design and then about \$50 million a year for three years and then whatever it takes to finish it in the fourth year," he said.

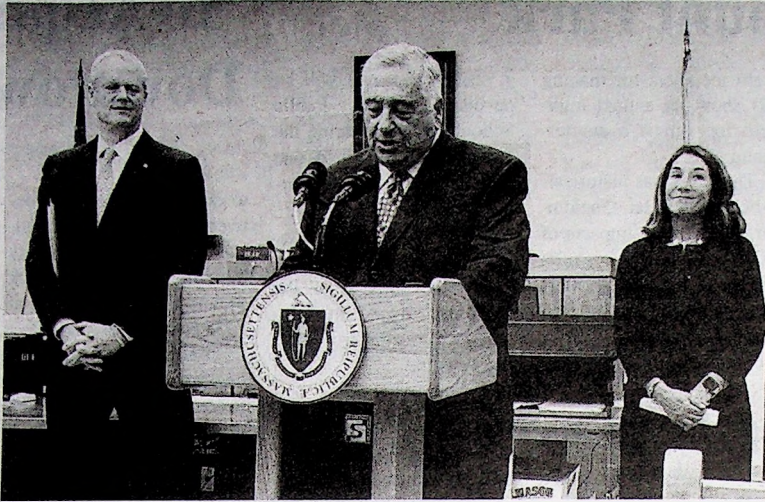
"We think the cost of the project overall is somewhere between \$150 and \$160 million to get it done."

The governor later clarified that the project would be "a little bit of both" a renovation and replacement of the courthouse.

"But at the end it will be mostly what I would describe as new," he added.

The courthouse was renamed in honor of Francis X. Bellotti, the former attorney general and lieutenant governor, in 2012. Mariano said Bellotti was thrilled to learn the courthouse bearing his name would soon be replaced.

"Frank Bellotti was extremely important to me as a kid growing up in Quincy being the first Italian statewide politician I ever saw, and he just turned 99 last week. I had the good for-



HOUSE SPEAKER RONALD MARIANO called the proposal to replace the Quincy courthouse "a game changer." The plan, he added, "is a true commitment to the memory of Frank Bellotti" for whom the courthouse was named in 2012. Bellotti, the former attorney general and lieutenant governor, turned 99 recently. In the background are Gov. Charlie Baker and Lt. Gov. Karyn Polito.

tune to be able to tell him that this was coming, and I wish you could've seen his smile," Mariano said. "It really was a touching thing."

"It's really a game changer," Mariano said of the plans for the courthouse. "We're going to have something in the center of the city that's a regional justice center, which is a true commitment to the memory of Frank Bellotti."

Koch said the current courthouse is too small for the amount of traffic it sees on a daily basis.

"This is a great day for the courthouse, the person-

nel of the courthouse," he said. "What happens here each day is very important, and people should be treated with respect and dignity. This place is tired, logistically challenged, and cannot meet the volume each and every day, so this is a big day."

Paul Dawley, the chief justice of the District Court, welcomed the news the courthouse would be replaced.

"The subject of today's announcement is an important component of the future of the trial court," Dawley said. "The governor's

capital plan will assist us in providing a comprehensive approach for a more sustainable and efficient trial court system for the future. This investment will change and positively impact the delivery of justice in Norfolk County."

Located on the Dennis Ryan Parkway, the courthouse was constructed in 1971, according to the city's online property records. Plans to build a new regional justice center at the site of the Quincy Center MBTA station to replace the courthouse were floated in 2016. The state did not move for-



MAYOR THOMAS KOCH said the current courthouse is too small to handle the volume of traffic it sees daily. "What happens here each day is very important, and people should be treated with respect and dignity," he said.

ward with those plans, however, because of security concerns associated with placing a courthouse over train tracks, the cool reception given to the proposal by nearby residents, and a lack of funding.

The governor's capital plan includes a number of other initiatives over the coming years such as \$200 million in Chapter 90 money for municipal road work, \$171 million in funding for work at state-owned health care facilities, funding for capital projects at four and community colleges plus other funding for other higher education building improvements, \$97 million in MassWorks money for municipal infrastructure projects, \$8.3 million for planting trees in gateway cities like Quincy, \$151 million for production and preserva-

tion of affordable housing, and \$110 million to support state-aided public housing.

Because of supply chain issues associated with the pandemic, Baker said the state needs to get to work quickly on the projects included within the capital plan.

"The supply chain issues that we all face as a result of the pandemic are upon us and that's no secret to anybody who has tried to buy a car," he said.

"Those supply chain issues mean that we really need to get started now on stuff we want to be in sort of full production two or three years from now because everything associated with acquiring both talent but especially gear, goods, and heavy equipment are going to take several years to get it there."

Baker's \$2.78B FY23 Capital Investment Plan

Here are items on Gov. Baker's \$2.78 billion FY 2023 Capital Investment Plan:

The five-year plan will be supported by authorization the Administration has filed for across several bond bills, including the General Government Bond Bill, the MassTRAC infrastructure bond bill and the FORWARD legislation. The majority of spending in FY23 is covered by existing authorizations.

Transportation

The combined MassDOT and MBTA capital plan is funded from a variety of state and non-state sources. \$1.1 billion of FY23 spending is supported by state bond cap.

- \$200 million for the Chapter 90 Program for local road and bridge repairs

- \$25 million for the Municipal Pavement Program, established in the 2021 Transportation bond bill to assist municipalities with roadway pavement improvements

- \$15 million for the Administration's Municipal Small Bridge Program

- \$15 million for the Complete Streets Program
- \$8.5 million for the

Shared Streets and Spaces Program, which was started in the midst of the COVID-19 pandemic to help municipalities and businesses adapt their operations

- \$5 million for the Local Bottleneck Reduction Program

- \$5 million for Transit Infrastructure Partnership Program

Division of Capital Asset Management and Maintenance (DCAMM)

- \$171 million to continue work at Commonwealth-owned health care facilities, including the Department of Public Health's Laboratory Campus in Jamaica Plain, the Newton Pavilion/Shattuck Hospital, and the Soldiers' Homes in Holyoke and Chelsea

- \$6.8 million (\$120 million over FY23-FY27) for new major higher education projects at Massasoit Community College, Salem State University, Springfield Technical Community College and University of Massachusetts Lowell

- \$50 million for smaller critical repairs and \$24.3 million for accelerated building infrastructure projects across the higher education system

- Planning efforts for the construction of a new Regional Justice Center in Quincy

Economic Development

- \$97 million for MassWorks to provide municipalities and other public entities with funding for infrastructure projects that promote economic development

- \$35 million for the Life Sciences Capital Program to foster job growth and innovation in the life sciences industry

- \$21.7 million for the Underutilized Properties program to rehabilitate or redevelop blighted, abandoned, vacant or underutilized properties

- \$16 million for research and development projects that spur innovation and enhance job growth

- \$16 million for Advanced Manufacturing Innovation programs, established in the 2021 economic development bond bill, which supports research centers around emerging manufacturing technology

- \$12 million in Seaport Economic Council Grants

Housing

- \$151 million for the production and preserva-

tion of affordable housing in addition to programs that support neighborhood stabilization, transit-oriented housing, and climate resili-

Cont'd On Page 14

QUINCY COMMUNITY ACTION PROGRAMS, INC.

LOW INCOME REPRESENTATIVES - BOARD OF DIRECTOR ELECTIONS

Quincy Community Action Programs (QCAP) is conducting low income representative elections to its Board of Directors. Representatives will be elected for a three-year term from May 2022 through April 2025. Six seats of the QCAP Board of Directors are comprised of representatives of low-income residents of eligible neighborhoods within the City of Quincy, one at large seat for Quincy and one at large seat for the Town of Weymouth. You must be a resident of the neighborhoods listed below, the City of Quincy or the Town of Weymouth and be at or below 175% of the poverty level in order to vote. Due to changes resulting from the ongoing pandemic voting will be conducted online and can be easily accessed on QCAP's website at www.qcap.org. Voting will close on May 23, 2022. Low income representatives selected will be presented to the QCAP Board of Directors at their Annual Meeting (via Zoom) on May 26, 2022.

The following candidates are nominated for election representing:

- North Quincy/Norfolk Downs – Maureen Ayers
- Germantown – Kevin Matta
- South/West Quincy – Paul Connolly
- Quincy Point – Debbie Abrahams
- City of Quincy – At Large – Shannon Shabazz
- Town of Weymouth – At Large – Gina Johnson

To vote please visit QCAP's website at www.qcap.org for the link to the online voting process. If you have any questions or need assistance with the process, please contact Erin Columbare at 617-657-5356.

Spring ArtsFest May 21-22 In Merrymount Park

The City of Quincy and the Quincy Art Association will be hosting the annual Quincy ArtsFest this May 21st and 22nd at the Richard J. Koch Family Park and Recreation Complex.

The event, traditionally held in September, will feature juried art, juried photography, children's art, musical entertainment, artisans, and food.

"We are excited to showcase the talents of our local artists and photographers in such a picturesque setting as Merrymount Park," said Mayor Thomas Koch. "Quincy ArtsFest is an enjoyable affair where people of all ages share their incredible abilities. I want to thank the Quincy Art Association and their many talented members for making this show an annual highlight for almost a quarter-century."

The show has historically been held in late-September. Due to the impacts of COVID-19, event organizers moved the show to May.

Organizers expect that more than 700 works of art and photography from a variety of media will be on display. Quincy Public Schools will be sharing the artwork of more than one hundred of their young artists.

There will be art activities for children and art demonstrations throughout the weekend. Live entertainment will occur throughout the weekend.

Admission is free.

Bethany Church Collecting Donations For WCK

Bethany Congregational Church invites to public to its regular Sunday service May 15.

Music will be provided by Paul Frazer, and Rev. Patrick McCorkle will preach his sermon. There will be no church school classes this week. Coffee Hour will be held after services, with coffee, light refreshments and good conversation.

Bethany's Outreach Committee is collecting donations to benefit World

Central Kitchen, a charitable organization serving hot nourishing meals during natural disasters and conflicts. WCK is currently working in Ukraine and in neighboring countries. Checks will be collected during services up through this week, or you can mail a check to the Church office, address below, with a notation that the donation is for WCK.

As usual, the Sunday Service will be available

on line via YouTube, if you prefer to stay home.

For all events at Bethany Church, masks and sanitizer are available.

On Saturday, May 14, Bethany will be holding its Annual Spring Craft and Yard Sale from 9 a.m. until 3 p.m., with markdowns on Yard Sale items starting at 1 p.m.

Craft Tables will be inside and outside, weather permitting.

Broad Horizons Pre-

school is open and accepting students both full and part-time. To inquire and/or fill out an application, go to the website at broadhorizonsbethany.com or call 617-471-0022.

Bethany Congregational Church is located at 18 Spear St., Quincy. The church website is: bethanyconchurch.org. Email address is: bethanyconchurch@yahoo.com. The telephone number is 617-479-7300.

Baker's \$2.78B FY23 Capital Investment Plan

Cont'd From Page 13

ient affordable housing

- \$110 million to support our state-aided public housing portfolio

Energy and Environmental Affairs

- \$34 million for improvements to campgrounds, recreational facilities, and comfort stations
- \$17.5 million for the Municipal Vulnerability Preparedness (MVP) Program to aid municipalities with climate change vulnerability assessments and planning and adaptation projects
- \$12.5 million for the Food Security Infrastructure Program
- \$12 million for inland dams and seawalls
- \$10 million in municipal matching grants through MassTrails to enhance and maintain shared use paths and recreational trails
- \$8.3 million for Greening the Gateway Cities,

which has already planted nearly 33,000 trees and has a goal of planting at least 20,000 more trees over the next four years

- \$8 million for grants to municipalities for park improvements and open space protection

Public Safety

- \$5 million for the Protective Fire Equipment Grant Program which provides direct assistance to municipalities to ensure access to safe and reliable firefighter equipment
- \$4 million for the Municipal Body-Worn Camera Grant Program and \$837,000 to support a pilot Body-Worn Camera program for correctional officers at the Department of Correction Souza-Baranowski maximum-security facility
- Support for the Body Armor Replacement Program which provides a state match for the reimburse-

ment of bulletproof vests by municipalities

Technology and Cybersecurity

- \$78.6 million for technology solutions to improve operational efficiency and performance of state government
- \$48.1 million for improvements to constituent-facing government applications to improve access to services
- \$27.5 million for IT technical infrastructure modernization
- \$11.3 million for cybersecurity
- \$5 million for Community Compact IT Grants, which support cities and towns in their efforts to modernize their technological infrastructure
- \$4 million for Municipal Fiber Grant Program to

strengthen municipal IT security

Education

- \$15 million for Workforce Skills Capital Grants to improve students' skills and knowledge and better meet the needs of employers in the Commonwealth
- \$6.9 million for Early Education and Out-of-School Time Grants to improve the indoor and outdoor space at early education and out-of-school time programs in which more than 50% of the children served are eligible for financial assistance.

North Quincy, Quincy High School Graduations June 6, 7

Cont'd From Page 1

In the event of rain or other inclement weather, the ceremonies will be moved indoor to their respective school gymnasiums, rather than postponed to later in the week.

"If the weather is inclement, we will use the gymnasiums," Mulvey said. "Hopefully it is not."

The School Committee had voted in 2016 to nix rain dates for the graduations and instead move the ceremonies indoors, citing concerns from parents and family members who might not be able to adjust their schedules if the graduation ceremony is postponed two

days. Last year's graduation ceremony for North Quincy High School was pushed back two days because of inclement weather, however, amid the pandemic.

The final day for graduating seniors at both high schools is Wednesday, June 1. The final day of classes for other students was originally scheduled for Friday, June 17, but is now scheduled for Friday, June 24, because the district had four weather-related closings this year. That day will be an early release day at the elementary and middle schools. Schools will be closed on Monday, June 20, in observance of Juneteenth.

City Aims To Acquire Three Downtown Parcels

Cont'd From Page 1

to create a pocket park between two proposed mixed-use buildings — a 15-story building at 1469 Hancock St. and a seven-story one at 1455 Hancock St.

"Between the proposed new buildings, we're going to create another pocket park in Quincy Center, which was always thought about in the master plan," Koch said on May 5. "As you go with more density in buildings, you need some more breathing space around them, so this park will help provide that."

The building at 1620 Hancock St. was home to Taso's Pizza and Euro Cafe but has sat vacant and boarded up since an April 2001 fire. The city plans to acquire that building and flip it to a developer.

"The burnt-out building has been a blight in the downtown for I think more than 20 years," Koch said. "That would be essentially taken and flipped for development so we can get some good development in place in what's really an abandoned, blighted building."

The \$53 million bond proposed on May 2 includes funds for those three land takings.

"We have a total amount set aside, but we don't get into the individual cost because it really comes down to negotiations and I certainly don't want to show my hand," Koch said.

The bond also includes funding for infrastructure improvements such as

streets, sidewalks and water and sewer mains, Koch said. Also included are funds to design a new parking garage in the area of the former Ross Lot. The mayor was optimistic the city would be able to secure federal or state funding to pay for construction of that garage.

"There is some design money for that. There is no construction cost money in there for it," Koch said. "We're hoping we're able to get either federal or state grants to pay for that."

During the May 2 meeting, the taking orders for 1455 and 1459 Hancock St., along with the \$53 million bond request, were all referred to the council's finance committee for consideration at a future date.

Ward 4 Councillor Brian Palmucci made a motion to approve the taking order for 1620 Hancock St. during that evening's meeting. The building has been vacant for years, he said, and the city should not wait another day before taking it.

"Who needs to think about whether or not we take a building that's been boarded up in the middle of our downtown after we spent a quarter of a billion dollars in infrastructure," Palmucci said.

"This property — I'm not casting aspersions — this property is a thorn on side of the city and the progress we're trying to make. I understand it's a formality perhaps, sending it to finance committee, but for my money I would like to take it tomorrow if we could."

Councillors Noel DiBona, David McCarthy and Charles Phelan Jr. joined Palmucci in voting in favor of taking the property at 1620 Hancock St., and Councillor Anne Mahoney voted in opposition. Councillors Anthony Andronico, Ian Cain and Nina Liang all voted present. Councillor William Harris was not at the meeting.

The vote was 4-1 in favor of the land taking, however, City Council rule 13 states that a "present" vote is "counted as a vote rather than a non-vote for purposes of determination if a majority of 'yes' votes has been reached," meaning Palmucci's motion required five votes to pass.

Following the meeting, City Clerk Nicole Crispo said the order to take 1620 Hancock St. would be resubmitted and put in committee along with the other two taking orders.

SAL Remembrance Ceremony May 22

On Sunday, May 22 at 1 p.m., Squadron 294 of the Sons of the American Legion, Cyril P. Morrisette Post, West Quincy, will hold a remembrance ceremony at "Flags for Veterans Island" in Fort Square, Quincy (corner of School and Pleasant Streets).

The event is to honor all men and women who gave the ultimate sacrifice for this country on the eve of Memorial Day, May 30.

Guest speaker will be Christine Cugini, a veteran of the United States Navy and now director of Veterans Services for the City of Quincy. Other participants may include Mayor Koch and other elected officials, several color guards, representatives of The American Legion, and the Leatherneck Honors Society of Massachusetts.

The public is urged to attend.



Armando Agnitti, Esq., CISR
Anthony Agnitti, CIC, LIA

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Senate Passes Work And Family Mobility Act

Bill Passed With Veto Proof Majority Allows Drivers' Licenses For Undocumented Immigrants

The Massachusetts State Senate on May 5th passed an Act Relative to Work and Family Mobility, which would allow Massachusetts residents who lack federal immigration status to apply for a Massachusetts standard driver's license.

Much like the comparable bills already passed in 16 other states, the legislation has broad positive impacts. States with similar legislation already signed into law have seen a reduction in hit-and-run incidents and lower insurance costs. In New Mexico, traffic fa-

talities declined 23% after its own law's enactment, and California had roughly 1,200 fewer hit-and-run accidents in the two years after enacting a similar law in 2016, a decrease of 9%.

"The issue at the center of this conversation is road safety," said Sen. John Keenan. "So many states that have already passed similar legislation have seen reductions in harmful accidents and deaths, and we are optimistic we will see a similar trend here in Massachusetts."

"Applicants can apply for

licenses through a secure, responsible process that will result in making our roads safer without increasing the risk of IDs being exploited for other uses."

To obtain a license, applicants would need to produce either a valid, current passport or consulate identification. Additionally, an applicant must provide documentation to show residency in Massachusetts.

Those applying for these licenses would not be eligible for a Massachusetts Real ID, the license/identification issued by the Registry of

Motor Vehicles that is used for federal purposes, such as flying or entering federal buildings. With safeguards included in the legislation, licenses issued under the Work & Family Mobility Act would not make a person eligible to vote or to receive state benefits.

The bill has received widespread support from members of the law enforcement community, advocacy groups, and members of the immigrant community. Its supporters include the Massachusetts Major City Chiefs of Police Associa-

tion, whose members lead two-thirds of police officers in Massachusetts, as well as the majority of Massachusetts' sheriffs and district attorneys. Others who support the bill include the Massachusetts AFL-CIO, which represents 750 local unions and other organizations, The Rain Immigrant Center (formerly the Irish International Immigrant Center), the Irish Lobby for Immigration Reform in the US, the ACLU, and the Metropolitan Area Planning Council.

Based on the experiences of other states, the Commonwealth would likely see financial benefits for Massachusetts drivers by passing this bill. The Work &

Family Mobility Act could favorably impact auto insurance premiums by an estimated \$17.22 per driver per year. It would also generate revenue for the Commonwealth through an increase in license fees. An estimated 41,000 to 78,000 drivers would obtain new licenses within three years of the bill becoming law, possibly generating \$3.1 million to \$5.8 million just in initial license fees collected by the Registry of Motor Vehicles.

The bill passed by the Senate is nearly identical to the version that previously passed the House of Representatives earlier this year. The legislation moved back to the House for further consideration.

Quincy Point Congregational Church

There will be in-person and "live stream" worship at 10 a.m. on Sunday, May 15, at Quincy Point Congregational Church, 444 Washington St.

The live stream can be viewed on the church Facebook and YouTube pages and at www.quincypoint-cong.org.

The sanctuary is air-conditioned and there is an elevator on the Abbey Road side of the building, com-

plete with accessible parking. The service will also be followed by a special fellowship time in memory of Irene Baxter, hosted by her family.

This week there two different types of collections. The first is the United Church of Christ's One Great Hour of Sharing. It will be collected during worship. You can also contribute online at www.quincypointcong.org or

mail a check to the church (address above), payable to Quincy Point Congregational Church with the memo: OGHS.

The second collection is a non-perishable food collection for the pantry at Interfaith Social Services. Every can or box helps and is appreciated. Donation boxes are located at the Social Hall and elevator entrances. Items can be dropped any Sunday, during office hours

(Monday through Friday 9 a.m. to 5 p.m.) or whenever you might be in the building for South Shore Piano School, AA, Camera Club, or the South Shore Children's Chorus.

Save the date: Picnic Party in the Parking Lot on June 18 at 6 p.m. at the corner of Southern Artery and Washington (444 Washington) featuring bluegrass band, The Southern Rail. Food, music and more. Further details coming soon.

'What Is The Crusher?' Tours May 28

The Department of Natural Resources Environmental Treasures program is offering two tours entitled "What is the Crusher?" on Saturday, May 28 (Memorial Day weekend).

Sally Owen will lead a leisurely social stroll at 9 a.m. to observe an old quarry, beautiful views of Town River Bay and nesting ospreys.

Geologist Les Tyralla will lead a tour at 11 a.m. Participants will learn about the interesting rocks at the site and the stories they can tell

of ancient volcanoes, primitive marine life and glaciers.

Terrain is hilly and rocky in places. Space is limited. Preregistration is required. Register at sowen@quincyma.gov indicating the number of participants and which tour you wish to attend.

Those who are unable to take the tour are encouraged to explore this fascinating place on their own. Eagle Scout Jake Gordon has created a wonderful website about the area at www.troop6quincy.com/.

AAA: Massachusetts Gas Prices Up 18 Cents; State's Average \$4.39 Is New Record High

Massachusetts's average gas price is up 18 cents from last week (\$4.21), averaging \$4.39 per gallon.

Monday's price is 27 cents higher than a month ago (\$4.12), and \$1.54 higher than May 9, 2021 (\$2.85). Massachusetts's average gas price is 7 cents higher than the national average.

Drivers are paying more at the pump—a lot more—as the cost of gaso-

line moves steadily higher. In the past two weeks, the national average for a gallon of gasoline has risen 20 cents to \$4.32, a penny less than the record high set on March 11. The increase is primarily due to the high cost of crude oil, which was hovering near \$100 a barrel last week and is now closing in on \$110.

"With the cost of oil accounting for more than

half of the pump price, more expensive oil means more expensive gasoline," said Mary Maguire, AAA Northeast director of Public and Government Affairs. "Locally, prices have now moved past those record high levels of early March."

AAA Northeast's May 9 survey of fuel prices found the current national average to be 13 cents higher than last week (\$4.19), averaging \$4.32 a gallon. Monday's

national average price is 20 cents higher a month ago (\$4.12), and \$1.36 higher than this day last year (\$2.96).



86th Annual Montclair May Festival



Montclair Elementary School invites you to the 86th Annual May Festival

When: Saturday, May 21, 2022 10am-4 pm

Where: Montclair School 8 Belmont St

Conveniently right on the 211 T-Bus line

Fun Games for
Prizes!

DJ Izzy

Pony Rides

24' Giant Dual Slide

3 in 1 Combo Bouncy House

Bounce House

Green Monster Obstacle Course

Temporary Tattoos, Crafts and More!



Food Trucks



Montclair's Got Talent – a showcase of the city's most talented!

Amazing Raffle Prizes

Oculus 2 Virtual Reality Headset, Scratch Ticket Board, Family Photoshoot with Ella Farrell Photography, Themed Baskets: Fidget Toys, Family Fun Game Basket, Beach Basket, Gardening Basket, Sports Basket, Arts and Craft Basket and so much more!

The festival will be held rain or shine. We hope you can join us for a great day!

Quincy Access Television
88 Washington Street
Quincy, MA 02169



QATV

www.qatv.org
617-376-1440
617-376-1441



Public Access Channel 8

Thursday, May 12
6:00pm: Bethany Congregational Church
7:00pm: CIQ Interview: Quincy College

Friday, May 13
11:30am: LIVE: Currently in Quincy
10:00pm: Irish Whip Podcast

Saturday, May 14
11:00am: Alive & Kickin'
12:00pm: Coffee Break Chats

Sunday, May 15
11:30am: Good News
1:00pm: The Call

Monday, May 16
11:30am: LIVE: Currently in Quincy
7:00pm: CIQ Interview: Thomas Crane Library

Tuesday, May 17
7-9am: LIVE: AM Quincy with Joe Catalano
7:00pm: AM Quincy: Mayor Thomas Koch

Wednesday, May 18
6:00pm: Good News
7:00pm: The Call

Government Access Channel 9

Thursday, May 12
4:00pm: Board of License Commissioners 5/3
4:30pm: Zoning Board of Appeals 5/10

Friday, May 13
8:00pm: QRD TV Production Workshop 2022
9:00pm: TCPL Presents: Aging Strong

Saturday/Sunday, May 14/15
9:30am: State View: Senator John Keenan
10:00am: TCPL: Events Calendar
11:00am: Earth Day 2022 at Butler's Pond
12:00pm: City Council 5/9
4:30pm: Zoning Board of Appeals 5/10
6:00pm: Media Advisory
7:00pm: City Council 5/9

Monday, May 16
5:30pm: Studio Sessions
7:00pm: LIVE: City Council incl. Public Hearings

Tuesday, May 17
4:00pm: LIVE: Board of License Commissioners

Wednesday, May 18
6:00pm: In the Know: Norfolk County Sheriff
7:00pm: City Council incl. Public Hearings 5/16

Programming is subject to change.

For a complete list of programs, please visit our website at qatv.org

Quincy Cleaner, Greener After City-Wide Clean-Up

More Cleaner, Greener Quincy Photos In May 19th Issue



KEVIN GEARY and his son, Grayson, 6, clean the shore of Merrymount Beach during the annual Cleaner, Greener Quincy May 7. More than 1,000 volunteers fanned throughout the city removing litter and debris, planting flowers and spreading mulch during the city-wide clean-up.

Quincy Sun photos/Tom Gorman



MULCHING PLANTING BEDS at Merrymount Beach are Chris Towler, left, and Sean Carpenter.



ALEXANDER TINT, 6, scoops up leaves at the Clifford Marshall School.



DAN JEWELL and his daughter, Angelina, 16, pick up trash in the brush near Quincy High School.



JANE JEWELL picks in the brush near Quincy High School.



TIDYING UP the Souther Tide Mill are from left, Kathy Hogan, Cindy Vrotsos, Jim Moran, Friends of The Souther Tide Mill President Beverly Anderson, Frank Hogan, and Doug Morrill.



AMY ZHAO, 7, is on the hunt for trash in the Clifford Marshall School outdoor classroom.



LAURA MURPHY spreads mulch at the Clifford Marshall School.



TOPDRESSING PERENNIAL GARDENS improves the overall health of the garden, so the plants can thrive. Photo courtesy of MelindaMyers.com

Increase Your Perennial Garden's Beauty This Spring

By MELINDA MYERS

Give your perennials a boost this spring with a topdressing of compost, aged manure, or other organic matter. It's a great way to revive tired gardens, improve a garden's overall health, and keep vibrant perennials healthy and blooming.

Research found topdressing your garden with compost every year or two provides most, if not all the nutrients that most perennials need. It feeds the soil, which in turn feeds your plants. Let a soil test report and your plant's performance determine if additional fertilizer is needed. Spring is a great time to add this as well.

When purchasing compost, it should appear light and fluffy. Take a whiff, it should not have a strong smell of ammonia, rotting food or another off odor. It should have a rich earthy smell and not be covered in flies or maggots. If jumping worms are a problem in your area, ask your compost

provider how they are managing the compost to avoid spreading this invasive pest.

Once you have the needed organic matter, you are ready to get started. Pull the mulch back if needed. Keep it handy, so you can put it back in place once you finish amending the soil.

Topdressing is the first step in the process. Simply spread a one- to two-inch layer of the compost or other organic matter over the soil surface. Be careful not to bury the crown of your plants.

You can leave the compost sitting on the soil surface or lightly mix it into the top inch with a hand cultivator. The earthworms, ground beetles and other organisms will move it down into the soil and around the plant roots where it is needed.

The second step is especially helpful for those with heavy or compacted soils. Once the compost is in place, do a bit of vertical mulching. Use an auger bit

on your cordless drill. Simply drill holes into the soil between plants. This aerates the soil and pushes some of the compost into the soil further boosting your efforts.

Vertical mulching helps speed up the process a bit by getting the compost closer to the plant roots and soil organisms that will help incorporate it into the soil. The openings created in the soil allow air, water and fertilizer to penetrate the soil surface and travel to the root zone.

Then be sure to return the mulch you removed from the garden or add mulch if needed. Maintaining an inch or two of organic mulch on the soil surface not only conserves moisture and suppresses weeds; it also continues to improve the soil. As the organic mulch breaks down, it adds organic matter and nutrients to the soil.

Investing some time to create and maintain healthy soil goes a long way in making your garden a beautiful part of the landscape.

Lori Scott Yoga & Wellness Celebrating One-Year Anniversary With Open House Saturday

The public is invited to join Lori Scott, owner of Lori Scott Yoga & Wellness and her teachers for an Open House to celebrate the studio's one year anniversary on Saturday, May 14th from 1 to 3 p.m. The studio is located at 645 Hancock St. in Wollaston.

Come meet the amazing teachers, see the beautiful space, enter your chance to win raffles, refreshments and more.

Lori Scott Yoga & Wellness is a special place. It's not just a yoga studio and it's NOT about touching your toes or doing headstands. It's about discovering ways to find peace through life's challenges on and off your yoga mat. Lori's mission is to provide a welcoming learning space with wellness classes & workshops that focus on personal growth. Lori Scott Yoga & Wellness is a family-like community built on compassion, empowerment, acceptance, trust and authenticity.

Lori is an E-RYT 500 Yoga Teacher with Yoga Alliance, founder and director of the accredited Lori Scott Yoga School (RYS 200) and



LORI SCOTT

a Yoga Alliance Continuing Education Provider. She specializes in leading 200 hour Yoga Teacher Trainings and facilitating many other certification programs. Lori is a trained Trauma-Conscious Yoga Teacher and Massachusetts Field Coordinator for Connected Warriors providing free yoga to Service Members, Veterans & First Responders. Lori also holds certifications in Clinically-Informed Restorative Yoga, Kids Yoga, Seniors Yoga, Chair Yoga, Restorative Yoga, Reiki Level I, Balanced Athlete®, Barre and CPR as well as training from Trauma Center Trauma-Sensitive Yoga (TCTSY).

Lori facilitates Medita-

tion and Stress Management courses for local corporations, leads private yoga parties & retreats and is mostly known in Quincy for teaching her signature Beach Yoga classes on Wollaston Beach.

Some of Lori's all levels, beginner friendly classes include Yoga for Healthy Aging, Connected Warriors Yoga for Service Members, Veterans, First Responders (at no cost), Functional Movement, Mindfulness for Menopause, Art of Alignment, Yoga for Stress & Anxiety, Chair Yoga, Couples Yoga, Beach Yoga and more. Other classes in the studio include:

Yoga 101 with Maureen Sousa; Teen Yoga & Mindfulness and Rise & Shine Yoga with Jonna Dondoro; Vinyasa Flow and Breathwork with Ashlyn Louro; Gentle Yoga with Donna Fennessey; Vinyasa Flow and GloYo with Jen Herbert; Yoga Reiki Fusion with Deb Smith; Sit, Breathe, Knit with Maureen Feeney and Spa Yoga with Lori and Kat Stroschio.

For more information, visit www.loriscottyoga.com.

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HELP FOR LOTS OF
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HOUSE**

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MAY 14TH 1-3 PM**

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Mark Bryant Earns 7th Place At National Math Competition

Honorable Mention For 10-Year-Old Fifth Grader

Mark Elliott Bryant of Houghs Neck had a weekend to remember recently.

Mark was a finalist in the annual MathCON finals this year, held at the largest Convention Center in North America: the McCormick Center in Chicago on April 30. He did not disappoint.

The 10-year-old fifth grader at the Adams Montisori School placed 7th in the Nation during his 90 minute mathematics exam, earning an honorable mention award and gaining the opportunity to meet the founders of the biggest math competition in the country.

The test included geometry, small calculus, basic long division and multiplication in a multiple choice style format.

Mark was one of 48 children chosen from his grade and was ranked number 7 in the nation with a score of 280 of a possible 300. Among those congratulating Bryant were Dr. Glen Holmes, professor of Technology and Ayhan Caputlu, MathCON founder and chairperson.



MARK ELLIOTT BRYANT of Houghs Neck proudly displays the medal he received after placing 7th at the annual MathCON finals held at the largest Convention Center in North America: the McCormick Center in Chicago on April 30. Mark was one of 48 children chosen from his grade and was ranked number 7 in the nation with a score of 280 of a possible 300.



MARK ELLIOTT BRYANT receives congratulations for his 7th place finish at the MathCon finals in Chicago from Dr. Glen Holmes, professor of Technology and Ayhan Caputlu, MathCON founder and chairperson. *Courtesy Photos*

MathCON founder and chairperson.

Bryant then flew from Chicago to Orlando for a much needed vacation at the Ritz Carlton Resort with his parents Laurie A. Bur-

lingame and Kevin Patrick Bryant, both of Houghs Neck.

Mark is also a Quincy Youth Baseball player and a member of the EKS music school. He would like

to thank all his teachers and classmates for his success at the Nationals and looks forward to doing even better in the 2023 competition, where the finals host city is yet to be determined.



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COUNTRYFEST on the COMMON

SUNDAY, MAY 15, 2022
2-6 p.m.

Hancock-Adams Common

FROM NASHVILLE TO QUINCY'S HANCOCK ADAMS COMMON OUR COUNTRY ARTISTS WILL MAKE YOU FEEL LIKE YOU ARE IN THE FRONT ROW OF "THE GRAND OLE OPRY"

DANIEL MILLER

2:00 ~ 2:45 p.m.

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3:00 ~ 3:45 p.m.

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HEADLINE ACT

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5:00 ~ 6:00 p.m.

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RAIN DATE:
Sunday, May 22, 2022



Up Next in June: Beantown 15 piece Swing Orchestra on the COMMON
Saturday, June 4, 2022 | 2-6 p.m.

North Quincy High School, Quincy High School Scholar Athletes Of The Year



THE 2021-2022 North Quincy High School recipients of the Patriot League Scholar-Athlete Award are Carly Amendolare (left) and Michael Colantonio (right). This award is bestowed to one senior male and one senior female from each Patriot League school for their tremendous achievements in the classroom, as well as their success in interscholastic athletics throughout their high school career. Carly Amendolare played soccer, track and lacrosse all four years and was named captain in soccer and lacrosse. She is currently number 4 in the 2022 class and is a member of National Honor Society. She'll be attending Boston College in the fall majoring in political science. Michael Colantonio played soccer and wrestled all four years and was named captain to both teams. He was a Patriot League All-Star wrestler and made it to States this year. He will be attending UMass Amherst and majoring in accounting in the fall. The Patriot League celebrated all honorees at the South Shore Country Club in Hingham May 3rd.

Photo Courtesy North Quincy High School



THE 2021-2022 Patriot League Scholar Athletes of the Year from Quincy High School are Kellen Kopp (left) and Emma Glavin (right). Each member school of the Patriot League selects one male and one female from the senior class as Scholar Athletes of the Year. This award is a testament to the tremendous achievements in the classroom and success in interscholastic athletics over the students' high school career. Kopp is a four-year member of the boys' soccer and baseball programs and participated in winter track his senior year. He captained the boys' soccer team this past fall season. Kopp, ranked number three in the senior class, will be attending Boston College while majoring in computer science. Glavin is a four-year member and captain of the girls' volleyball and softball programs. She was named the Patriot League Fisher Division MVP in girls' volleyball this past fall season. She was also named a Patriot League All-Star in softball her junior year. Glavin, ranked number eight in the senior class, will be studying biology on a Pre-PA track at Drexel University. Both students are members of the National Honor Society and Science National Honor Society. The Patriot League celebrated all honorees at the South Shore Country Club in Hingham May 3rd.

Photo Courtesy Quincy High School

Quincy Choral Society 'Perpetual Light' May 22 At St. Mary Of The Hills

Under the direction of Sarah Labrie, Quincy Choral Society presents its spring concert "Perpetual Light" Sunday, May 22 at 4 p.m. at St. Mary of the Hills Church, 29 St. Mary's Road, Milton.

The church is handicapped accessible. Tickets are \$20 and will be available at the door.

The first half of the concert features the sacred music of several contemporary Black composers including Uzee Brown Jr., Glenn Burleigh, Marques L.A. Garrett, Undine Smith More, Florence Price, and Rosephanye Powell. Beginning with Garret's energetic "Sing Out My Soul," this music is intended to lead the audience toward the light and to the second half of the program. The featured masterwork of the concert is Gabriel Fauré's "Requiem," which ends with the movement "lux perpetua" or perpetual light. The Fauré is accompanied by a string quintet and organ.

Named Quincy Choral Society's sixth Music Director in 2020, Sarah Labrie holds a Bachelor of Music in Music Education from Westminster Choir College. She received both her Master of Music and Certificate of Advanced Graduate Study in Choral Conducting from Messiah University in

July 2021. A Boston-based conductor, Ms. Labrie is also the Artistic Director of Vellichor Vocal Ensemble, a professional chamber choir, and is one of the choral directors at Stoughton High School, where she works with four curricular and two extra-curricular choirs. In addition to conducting and teaching, she actively sings with the Tanglewood Festival Chorus and in various choral performances throughout the U.S. and Europe.

Virginia "Gingy" Grimes, a graduate of Duke University, has served as collaborative accompanist

for Quincy Choral Society since 1993. She is also Minister of Music at First Parish, Norwell, Music Director for the Pierce Players of the Milton Public Schools, and Music Director for Derby Summer Arts in Hingham. She is pianist for North Quincy and Quincy High Schools, for Hanscom

Cont'd On Page 22

UNDER THE DIRECTION of Sarah Labrie, Quincy Choral Society will present its spring concert "Perpetual Light" Sunday, May 22 at St. Mary of the Hill Church, Milton.

Courtesy Photo



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THE QARTS GALLERY

MAY 5 - JUNE 19, 2022

Watercolors by Marco Vizcarra

Please join us at the opening reception
Saturday, May 14, 2:30PM - 4:30 PM

The QArts Gallery is operated by volunteer members of the Quincy Art Association.
1229 Hancock Street, Quincy, MA 02169
(across from Quincy College)

Marco has donated five original, framed watercolors to "Art For Ukraine", a silent auction fundraiser in the QArts Gallery that runs throughout this exhibition. Proceeds will be donated to the Red Cross.

For more information about Marco Vizcarra, his work, and the silent auction details, please visit our website, www.quincyartma.org

READERS FORUM

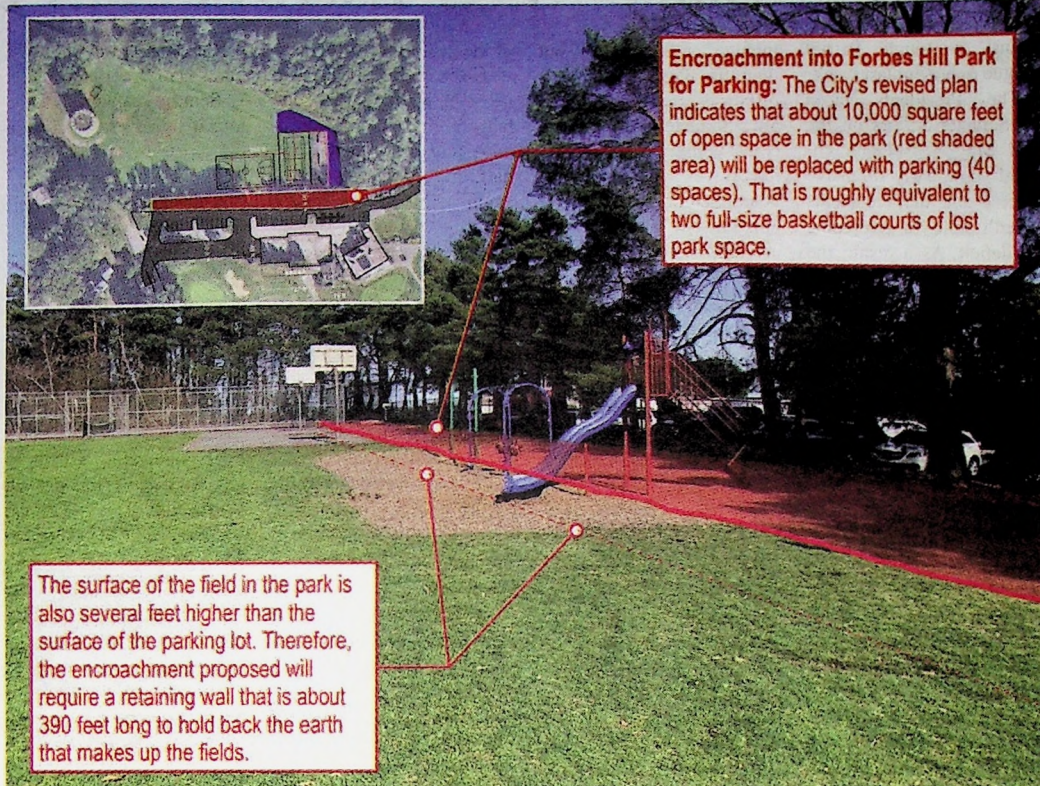
READERS FORUM

Forbes Hill Park: Don't Pave Paradise And Put Up A Parking Lot

On most days, I visit Forbes Hill Park to walk my dog around the perimeter of the large grassy field. While there I enjoy seeing other residents using the park. The other day, three young children wrote on the basketball court with sidewalk chalk and then used the swing set in the playground. After they left, a few middle-school age kids arrived on their bikes for a pick-up basketball game. Others walked around the field, gathering near the historic tower. At the end of the day, I often join friends at the park to get some fresh air. This park has become an integral part of my life since the beginning of the pandemic, and I know I'm not alone.

When the City recently provided concept plans to renovate the neighboring golf course, I was surprised to learn that these changes would significantly impact Forbes Hill Park. Last fall, City officials told me that some improvements to the park were being considered in conjunction with the neighboring golf course renovation. So I was shocked and saddened in March, when the City provided the first concept plan, which showed that most of the park's open field was set to be replaced with a surface parking lot. The revised concept plan provided by the City earlier this month shows a smaller parking lot shifted to the southern boundary of the park. Although this plan is better than the first one, it still shows a swath of park property nearly 400 feet long and 25 feet wide that would serve as 40 parking spaces for the golf course. On paper, the encroachment doesn't look invasive. But when some friends and I staked it out in person, the loss of green space is clear - and significant. The planned encroachment for parking will result in:

- The loss of 10,000 square feet of open space, which is about the size of two full-size basketball courts.
- The loss of a band of trees, including some mature ones.
- The loss of a southern entrance to the park. The parking blocks the entire length of the park on the southern border, making it inaccessible to park users. Also, no pedestrian accommodations have been considered in the plans: no entrance gate, no pathways for bikes or strollers, no sidewalk paths from Summit Avenue or Stoney Brae Road.
- The relocation of the basketball and tennis courts farther towards the middle of the grassy field, further reduces the park's open recreational space.
- The need for a 400-foot-long retaining wall to separate higher grassy field in the park from the lower level of the parking lot. There is no indication of how the site wall will be designed. It will block the view of the park from



the south and obscure the entry into it from the parking lot side. The several-foot-high wall will be visually obtrusive and will require significant earth excavation from the park, making it costly to construct.

It is apparent that the City didn't fully think through the impact that the planned parking encroachment will have on the park and its users. While the City is taking great pains to make the new clubhouse accessible to golfers and its patrons, the parking encroachment, retaining wall, and lack of park pathways and entrances make the park inaccessible to pedestrians and families.

From a park user's perspective, such an encroachment will be detrimental to the park's function and aesthetics, and the cost to install the retaining wall also makes the encroachment impractical. There is more than enough space on the golf course property for their parking needs. The City should respect and retain the park's boundaries, preserve its open and green space, and provide pedestrian and bike access to the park so that Quincy residents can enjoy it for generations to come.

Encroachment into Forbes Hill Park for Parking: The City's revised plan indicates that about 10,000 square feet of open space in the park (red shaded area) will be replaced with parking (40 spaces). That is roughly equivalent to two full-size basketball courts of lost park space.

The surface of the field in the park is also several feet higher than the surface of the parking lot. Therefore, the encroachment proposed will require a retaining wall that is about 390 feet long to hold back the earth that makes up the fields.

Maria Mulligan

Wollaston Hill resident and co-founder of Friends of Forbes Hill Park, a neighborhood group that promotes the preservation and restoration of the park's open and green space.

Sign our petition: bit.ly/forbeshillpetition

Join the Facebook group: <https://www.facebook.com/groups/saveforbeshillpark>

Join our email list: saveforbeshillpark@gmail.com.

Longtime Quincy Businessman Passes Away

Edward P. Flavin will be celebrating his family business turning 100 years old resting in God's hands.

Mr. Flavin, president of Flavin and Flavin Companies located in Quincy Center, passed away May 1, 2022 at the age of 81. Edward Flavin was a lifelong Quincy resident raised in the Houghs Neck section as a child and later living in the Merrymount section when he was married raising his three sons. Mr. Flavin and his wife Roseann have been married for 55 years.

A respected business owner Edward worked tirelessly to build Flavin and Flavin Real Estate to be a well-known name throughout Quincy and the South Shore. Mr. Flavin was a well-known landlord in Quincy and had the reputation of always treating his tenants fairly. Along with his brother John, sons Tim and Michael, Flavin and Flavin has been and continues to be a friend of Quincy sponsoring many charitable organizations and supporting youth sports especially Quincy Youth Football and cheerleading. During Christmas season you would always see Ed and his staff ringing the Salvation Army bell. When asked about his passing his son Michael said his Dad will be a huge void for their family, the Flavin and Flavin business and the City of Quincy.

Flavin and Flavin will continue to be a family business with Ed's brother John, sons Timothy and Michael, daughter-in-law Juliann and wife Roseann to fill Ed's large shoes.

Submitted by Mike Flavin

Edward P. Flavin Obituary Page 25

Praises Tree Warden, Butler's Pond Restoration

(Editor's note: A copy of the following letter was submitted to the Quincy Sun for publication.)

Dear Mayor Koch:

I was one of more than hundred residents attending the turtle release event and celebrating the Butler Pond restoration completion project. In addition, we had a pleasure to see the correct way of planting trees by our Tree Warden Mr. Chris Hayward.

Thank you and the Natural Resources Department Commissioner Mr. David Murphy and his fine staff for their hard work to make this area once again our great natural resource for the turtles and ducks to enjoy, and the perfect outdoor laboratory/classroom for environmental studies for our school children.

I recall fondly when my children attended the Central Middle School, now a residential development. They studied the pond's water quality and helped clean the pond to the

best of their ability by removing shopping carts and tires.

When you announced that day our tree warden's departure, you also stated that you will work with Mr. Hayward and the Massachusetts Tree Wardens Professional Association in your recruitment efforts. This will assure that Quincy is getting a professional tree warden who has similar credentials as Mr. Hayward and is ready to continue from what has already been started and accomplished by Mr. Hayward.

Thank you again for all your efforts in keeping Quincy's tree canopy healthy. We already know the economic value and the health benefits of trees, not only for their aesthetic value. Quincy residents are looking forward to meeting our new tree warden.

All the best to you, your staff.

Anneli Johnson
Garfield Street
Quincy

Says Legalized Sports Betting Bill 'Devil In Spiked Heels'

I'm sorry to say that the State Senate, in its infinite wisdom, has voted to allow legalized betting on sports venues with the exception of electronic sports, amateur sports or athletic events including high school and youth sports. Olympic sports would be included in that group also. Senator Keenan of Quincy has added four amendments to this bill.

Senator Keenan believes that:

Point number one: you can legislate the controlling of underage gambling. Most underage gamblers have more savvy and guile than the folks who voted for this bill. Beacon Hill hasn't stopped underage smoking, drinking or drug abuse. What makes you think you can control underage gambling?

Point number two: A program designed especially for those people you have opened the door for, to becoming compulsive gamblers. This would include of age gamblers and underage gamblers. This program will be available, but in most instances it will be to late. The damage, like alcoholism, will already have been done.

Point number three: We are losing revenue to surrounding states. This moaning comes from the same body of miscreants who just denied the hard working struggling taxpayers of this state a chance to save a few dollars at the gas pump by suspending the tax on gasoline. Meanwhile prior to that they tried to tie themselves onto an actual first responders bill that would have extended their pension benefits three years.

While you and your cohorts had a nice paid vacation the rest of your constituents were fighting just to make ends meet.

Point number four: The bill contemplates six licenses to be awarded through a competitive process. Just like the unbiased selection for marijuana outlets?

Final point: Senator Keenan has dressed this bill up to look like Snow White when in fact all this bill is the Devil in spiked heels and all it will do over the long term is hurt a lot of people. This for a few more pieces of silver. Put simply, there are no winners except those who fooled the public into believing in rainbows and pots of gold.

Edward Spring
Quincy

By TOM JOYCE

The Quincy High girls' lacrosse team went up against a tough Patriot League opponent last week.

The Presidents faced the Scituate Sailors on the road May 5. Scituate enjoyed some early offensive success and the Presidents weren't able to overcome the deficit. As a result, the Presidents fell 20-4 in this one. With the loss, the Presidents fell to 6-6 on the season.

Scituate took a 4-0 lead in the first eight-and-a-half

Quincy Girls' Lacrosse Falls To Scituate

minutes of the contest, but then the Presidents had a response. Just 24 seconds after Scituate made it a 4-0 contest, the Presidents got themselves on the scoreboard. Senior Kathleen Higgins got out in front of the net and scored to make it 4-1.

Scituate responded to the goal with a 6-0 run; the first goal of that run came less than a minute after the Presidents netted their first goal

of the game.

However, it would end up being a 10-2 game at the half. With just a few seconds remaining in the first half, the Presidents struck again. This time, junior Caroline Campbell netted the goal for the Presidents; she tipped the ball in the net from a pass by Higgins.

Ultimately, the Presidents weren't able to make a comeback in this one. Scituate scored a pair of goals in the first two minutes of the second half, which meant the game switched to a running clock. It was the first two goals of what ended up being an 8-0 run for the Presidents.

Although they trailed, the Presidents weren't done scoring yet; they put up a

pair of goals in the final 10 minutes of the contest.

Senior captain Chloe Lynch found an opening in the top right side of Scituate's net with 8:03 remaining; her goal snapped Scituate's scoring run and gave the Presidents their first goal of the second half. And with 2:55 remaining in the contest, freshman Grace McGillicuddy scored the Presidents' final goal of the game; her goal made it 19-4 in Scituate's favor. Scituate's final goal came with 1:20 left in the game; this made it a 20-4 contest.

The loss to Scituate put the Presidents on a three-game losing streak as of the start of this week. Before that, however, the team had won back-to-back games.

That included a 22-4 win over Fontbonne at home on April 25 and a 9-6 home win against Whitman-Hanson one day later. The win against Fontbonne was the Presidents' highest goal total in a game this season as of the start of this week.

The Presidents have some experience on their side this season with eight seniors on the varsity team; they also have some youth as the majority of their players are not seniors this spring.

The roster for the Presidents this season includes: senior Caroline Campbell, senior Mia Nguyen, senior Lindsey Hatfield, senior captain Chloe Lynch, junior Mairead Folan, senior

Kathleen Higgins, freshman Grace McGillicuddy, junior Reese Smith, junior Caroline Tracey, junior Delia Nichol, senior captain Maddie Bailey, sophomore Grace Connor, sophomore Anna McPhillips, junior Amira Aitsaid, freshman Ciara Folan, senior captain Abigail Codner, junior Alex Kane, senior Kaleigh Conroy, sophomore Maggie Potts, and sophomore Tayah Quinn. The team's head coach is Kerry Monaco.

The next game for the Presidents will take place this Thursday, May 12 at home against the Silver Lake Lakers (4 p.m. start time). The game will take place at Veterans' Memorial Stadium. And the team will close out the week with a road game against the Canton Bulldogs on Friday,

READERS FORUM

Furnace Brook Golf Course And Forbes Hill Park

Last November, the City of Quincy announced it would take over operation of the Furnace Brook Golf Course (FBGC) when the City's lease to the former owners of the FBGC ended in 2021. Officials projected the operation would pay for itself despite the need to rebuild the clubhouse and maintenance shed. Early estimates for these new structures were \$7M+.

In March 2022, the residents of Ward 3 were informed of some critical details that were not shared in the earlier announcement. A portion of the adjacent park (Forbes Hill Park) will be converted to parking requiring many mature trees to be removed. The dirt road from the parking lot to Summit Ave will be paved and expanded to provide additional access to golf parking. The City signed an agreement for the Fours to run a restaurant and bar at the new club. Upon transfer of the liquor license to the Fours, the license was amended to allow for extended hours without notification to the surrounding residents. The proposed new clubhouse's location will be much closer to residents than the existing clubhouse.

Given the new details, residents expressed many concerns, but have received incomplete or no answers. The annexation of the park and the removal of trees are likely to have a significant impact on stormwater runoff. Runoff which has the potential to trigger problems for the many residential properties that are downhill of the summit. The DPW is working with the Mayor's Office to develop a plan. The plan is not available currently, nor is an estimated budget for implementation of the plan.

There is a significant risk of unanticipated costs associated with such a major project without appropriate independent environmental assessments. There are concerns about loss of green space, traffic, noise, waste

management, etc. With supply chain issues driving up construction costs and rising inflation, the costs could result in increased taxes or cancellation of other important city projects. The City planned this project without any effort to include the community in the planning process. Resident feedback following the updates in March resulted in minor changes to the design, but not enough to make the design consistent with an operation in a residential neighborhood with narrow access roads.

The Department of Natural Resources is planning to request funding approval in the upcoming weeks. The proposal should be delayed until independent environmental assessments are complete, and residents are included in planning. Only then can the scope of the project be tailored to reflect a more accurate financial projection and to preserve the quality of life in the surrounding residential neighborhood.

Jeanne Owens

Forbes Hill resident and member of Friends of Forbes Hill Park, a neighborhood group that promotes the preservation and restoration of the park's open and green space.

Sign our petition: bit.ly/forbeshillpetition

Join the Facebook group: <https://www.facebook.com/groups/saveforbeshillpark>

Join our email list: saveforbeshillpark@gmail.com

North Quincy Softball Bows To SL

By TOM JOYCE

The North Quincy High softball team faced a tough Patriot League opponent last Friday.

The Raiders took on the Silver Lake Lakers on the road May 6. While the Raiders strung together some hits later in the contest, they weren't able to overcome the deficit. The Raiders lost this one 14-2 after five innings. With the loss, the Raiders fell to 2-7 on the season.

SL struck first in this one. The team had a one-out RBI single with runners on first and second. A wild pitch would also score a run in the inning, so they led 2-0 after one inning.

The Raiders' offense didn't string anything together until later in the contest; the team had one runner reach base in the first three innings of the contest: Chloe Melchin drew a walk.

The Raiders escaped a jam in the bottom of the second; SL loaded the bases with two outs, but the Raiders got a groundout to third base to end the inning.

SL's offense got hot in the final three innings of the contest, however, tacking on 12 runs. The team added four runs in the bottom of the third; it had back-to-back doubles, an RBI sin-

gle, a fielder's choice, and a passed ball that scored runs in the inning.

The Raiders bats fought back. In the top of the fourth, they put up two runs to make it a 6-2 contest. Brooklyn Rizzo and Caroline O'Donnell started off the inning with back-to-back outfield singles. Then, Chloe Melchin knocked them both in; she blasted a double to left field that rolled to the fence. That was all of the offense the team had in them in this one, however. The Raiders stranded Melchin at second as SL was able to record three straight outs to end the inning.

SL then added three runs in the top of the fourth after leading off the inning with a triple to left field. The runs came on a single, sacrifice fly, and an RBI double. The inning came to an end when center fielder Orla O'Driscoll made a running catch near the fence.

SL went on to win the game in walk off fashion in the bottom of the fifth. The team's offense got hot; it had several hits in a row to keep adding to the score; the game ended via the mercy rule after a two-RBI single that made it 14-2 Silver Lake.

The Raiders were on a three-game losing skid as of

the start of this week. However, in their last win, their offense shined. They defeated Scituate 21-10 on April 28. It was their second-highest scoring game of the season. Their highest-scoring contest was their season opener versus Duxbury; they won that on 35-11 on April 11. So in the team's two wins thus far as of the start of this week, they had scored a combined 56 runs.

The Raiders have one of the youngest teams in the area this season; they only have one senior on their varsity squad while sophomores and freshmen comprise the majority of the team.

The roster for the Raiders this season includes: junior pitcher Maureen O'Brien, junior infielder Marybeth

Smith, junior infielder/outfielder Keira Murphy, junior catcher/infielder Mary Stanton, sophomore outfielder Brooklyn Rizzo, senior outfielder Orla O'Driscoll, sophomore outfielder Avery Abrahamovich, sophomore infielder Caroline O'Donnell, freshman infielder Chloe Melchin, sophomore outfielder Emma Boylan, sophomore infielder/outfielder Casey O'Connell, and freshman catcher/infielder Avery Wood. The team's head coach is Liz Kelly and its interim head coach is Suzanna Friel.

The next game for the Raiders is Friday, May 13 at home (Mitchell/McCoy Field) against Hanover (4 p.m. start time).

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\$100 per child \$200 Family Rate

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May 17 - May 20

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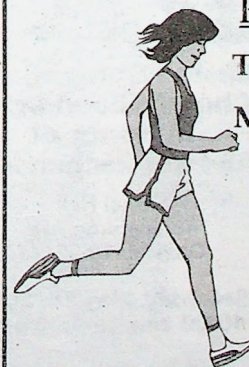
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Aug. 8th - 12th (Ages 9-16) at North Quincy High School

9:00AM - 1:00PM • FOR BOYS & GIRLS

CAMP DIRECTORS:

Kevin Barrett:

- 17th Year Head Basketball Coach, NQHS
- Mass. Basketball Coaches Assoc. Coach of the Year, 2013 & 2014
- Phys. Ed. Teacher, Quincy Public Schools

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bestonpaul@yahoo.com

Kevin Barrett 781-985-0476
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Suarez Strikes Out 12, Earns Win Cal Ripken Minors QYB

Diego Suarez led Burgin Platner over Paul Rogers Club 6-2 May 7th at Quarry Hills Baseball Complex.

Suarez fanned 12 while yielding just 3 hits and 3 walks in his first start of the season. Diego pitched the entire 6 innings and also singled in a key run late in the contest. He had help from his battery mate and team captain Jimmy Rheault.

While catching an excellent game behind the dish, Rheault also contributed 2 hits, a stolen base and a run scored: the first run of the game breaking a scoreless tie in the 3rd inning.

Outfielder Jude Henderson had 2 hits as well for Burgin, and first baseman Kieran Sheehan scorched a double to centerfield to pad the lead. Third baseman Mark Bryant got his first hit of the year and played solid defense. Alex Nadworny and Julian Christianson were instrumental with heads up baserunning and Burgin's Jack Potter,



PITCHER DIEGO SUAREZ hustles off the field trailed by second baseman Julian Anderson. *Courtesy Photo*

Tommy Burns and Evin Kilcoyne are improving their game each week. But this was to be Suarez' night as he got stronger and stronger as the game progressed

and showed no signs of tiring deep into the 6th. In 9 total innings pitched on the young season, he has given up no earned runs and has 17 strikeouts.

Quincy Softball Falls To Hanover

By TOM JOYCE

The Quincy High girls' softball team had some offensive production but wasn't able to overcome a tough Patriot League opponent.

The Presidents faced Hanover on the road on Monday. The Presidents fell in this one 14-2 in six innings. With the loss, the Presidents

fell to 4-9 on the season.

Although they didn't come out on top in this one, the Presidents did strike first. They held a 1-0 lead after the first half of the first inning. With two outs in the frame, senior Kate Downey had an RBI single. She knocked in senior Antenella Ibrahim, who was in scoring position after steal-

ing second base. Both of them had strong offensive performances in this one; Downey had three hits and Ibrahim reached base twice and scored two runs.

It wouldn't take Hanover long to respond to the Presidents' offensive production; Hanover took a 4-1 lead in the bottom of the first in-

Cont'd On Page 23



Wollaston Congregational Church Blood Drive In Honor of All First Responders

Social Hall
48 Winthrop Ave
Quincy, MA 02170

Saturday, May 14, 2022
10:00 a.m. to 4:00 p.m.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: WOLLASTON to schedule an appointment.

Streamline your donation experience and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions on the day of your appointment.

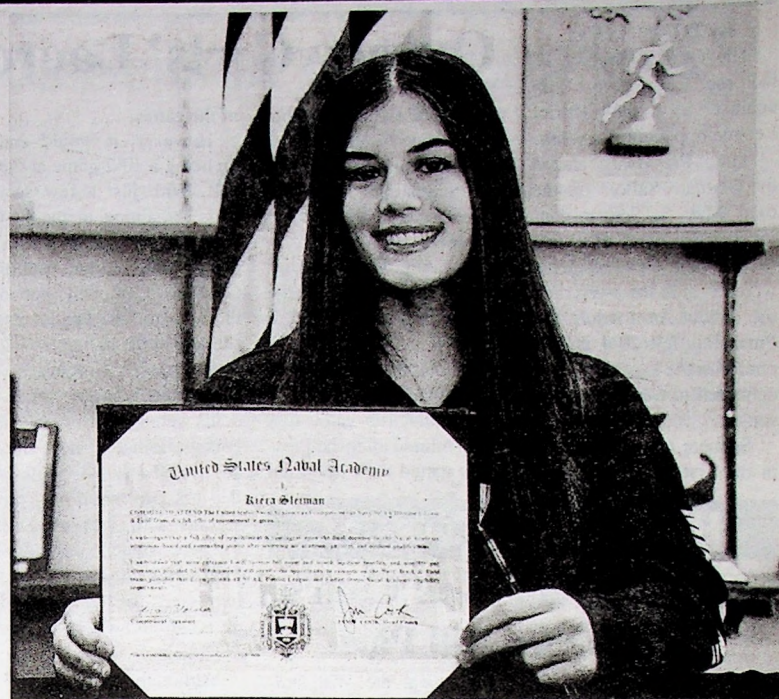


Come to give April 19-May 19 for your chance to win a travel trailer camper that sleeps 8! Plus, you'll also receive a \$10 e-gift card to a merchant of your choice, all courtesy of our partners at Suburban Propane! Terms apply, see rcblood.org/camper.



Schedule a blood donation appointment today:

Download the Blood Donor App | RedCrossBlood.org | 1-800-RED CROSS | 1-800-733-2767



KIERA SLEIMAN with her signed Navy track and field commitment certificate.

Photo Courtesy Lisa Aimola

Kiera Sleiman Appointed To U.S. Naval Academy

North Quincy High School Standout Will
Compete In Track & Field For The Midshipmen

Surrounded by a large contingent of family, friends, coaches, and classmates at North Quincy High School, Senior Kiera Sleiman recently signed a national letter of intent to compete in track and field for the U.S. Naval Academy. Well-wishers in attendance also included a group of local Navy veterans, Quincy Mayor Thomas Koch, and Superintendent of Schools Kevin Mulvey.

A talented multi-sport student athlete, Sleiman has starred in track, volleyball, and basketball for the Raiders. While, academically, Sleiman has earned academic distinction every marking period in high school, is a member of the National Honor Society, and maintains a 4.21 grade point average.

In track and field, Sleiman has qualified for the MIAA Division 1 Indoor and Outdoor State Championships 14 times in seven different events, to include the shot put, long jump, triple jump, 100-meter hur-

dles, 55-meter hurdles, javelin, and the outdoor pentathlon. She holds North Quincy school records in the long jump at 17 feet 5 inches, and in the pentathlon with 2,591 points.

At Navy, Sleiman is projected to compete in the indoor pentathlon and outdoor heptathlon multi-events, and desires to serve as a Naval Medical Officer.

Sleiman received a Presidential nomination for appointment to the academy as the child of a career military officer, and also received a congressional nomination for appointment from U.S. Representative Stephen F. Lynch, D-Boston.

As part of his congressional duties, Lynch nominates exemplary candidates to the United States service academies each year. "Kiera was very highly recommended by her teachers and coaches at North Quincy High School. She is a remarkable young woman and we are fortunate that there are young people like Kiera that are committed to serv-

ing our nation," said Lynch.

Lynch and his congressional liaison to the United States Service Academies, Bob Fowkes, examined each candidate's record of academic, athletic, and service achievements in addition to evaluating letters of recommendation. After an extensive review process and a personal interview, Sleiman was selected as someone whose scholastic record and community contributions elevated her to the top of a list of well-qualified candidates.

"There were many impressive candidates this year for the United States Naval Academy. Kiera stood out as a young woman of keen intelligence and strong character, and she is a wonderful reflection of her parents, Ally and Leeann. The Sleiman family, North Quincy High School, the City of Quincy, and the entire commonwealth of Massachusetts should be proud of Kiera in this achievement," said Lynch.

Quincy Choral Society 'Perpetual Light' May 22

Cont'd From Page 19

Middle School in Bedford, and for Temple Beth David, Canton, during High Holy Days. Ms. Grimes also teaches and accompanies at Milton Academy. She has been musical director for several theater productions including Stephen Sondheim's A Little Night Music and Alan Mencken's Little Shop of Horrors.

Quincy Choral Society

was founded in 1981 for the purpose of bringing musical excellence to the South Shore and the world. In December 2015, the Quincy City Council recognized Quincy Choral Society for bringing music and joy to the City of Quincy for 35 years. The chorus performs locally and has performed in music festivals in Washington, D.C., in Europe, at Carnegie Hall as part of the Masterworks Series, and

most recently in Montreal and Quebec. In September 2018, the Chorus participated in the dedication of the Hancock - Adams Common.

Quincy Choral Society is a 501(c)(3) organization, and donations are tax deductible to the extent allowed by law. If you would like additional information about this and future concerts, please visit us at quincychoral.org and "Like" us on Facebook.

Quincy College Baseball Ends Season On High Note

This spring, Quincy College fielded its first baseball team in four decades. Head Coach Jim Dolan's club had its share of ups and downs, but there were plenty of late-season highlights in the Granite's inaugural season.

"Without a doubt, we were playing our best ball of the year down the stretch," Dolan says, citing as an

example a 15-12 slugfest victory over Quinsigamond Community College on April 30, a win that marked the team's first-ever National Junior Collegiate Athletic Association (NJCAA) Region 21 victory. The following day, the Granite wrapped up its season by splitting an Adams Field doubleheader with Monroe Community

College (Bronx NY), dropping the first game, 8-3, but rebounding to take the second, 4-3.

In the win over Quinsigamond, Quincy High School alumni Matt Jonah threw five strong innings for his first collegiate victory. The explosive offensive was led by Sam Marlatt (Ormond Beach, FL), whose 4-for-

4 day included a towering home run. His teammates Mike Scibilio (Quincy), Jack Allen (Hanover/Archbishop Williams), Anthony Dunlavey (Brockton) and Mitch Murphy (Plymouth) all had multiple-hit games, and Cole Perkins (Middleboro) capped off the day with a monstrous three-run homer of his own.

In the Sunday season finale against Monroe, Marlatt took the mound for the Granite and went the distance for the win, striking out eight and allowing only one earned run. Allen's bat stayed hot, as he went 3-for-

3. Despite the Granite's overall 7-18 record, Dolan doesn't hesitate in labeling the season a success. "Year one was a major step forward, and I'm so proud of the entire program," he says. "Thanks to the support of my coaching staff — John Colitti, Brian Fisher and CJ Golbranson — our Athletic Director Jack Raymer, the Quincy College administration, and the hard work of the student athletes themselves, we showed we could compete against high-quality opponents. All of us are excited to get back on the field in the fall to prepare for

next season."

This year's Granite roster also included Angel Alverio (Niceville, FL), Ryan Corcoran (Milton), Dan Inglis (Kingston), James Keefe (Plymouth), Luis Marte (Dominican Republic), Matt O'Connell (Toronto, Ontario), Vincent Payzant (Plymouth), Brady Ulatowski (Brockton), Nate Vega (Weymouth), Matt Walton (Weymouth), and Elijah Watt-Murray (Manchester, NH).

For information on all of Quincy College's athletic programs, visit www.quincycollege.edu/athletics.

QNT Track Highlights Lou Tozzi Freshman-Sophomore Twilight Meet May 6- Marshfield High School

Lou Tozzi Freshman-Sophomore Twilight Meet 5/6/2022 Marshfield HS

First	Last	gender	EVENT	Perform	Place	Competitors	Comment
Anthony	Vo	M	100m	11.58	67	68	
Mamdou	Diallo	M	200m	25.19	29	83	PR
Alex	Martinez	M	200m	26.04	47	83	
Trevor	Mangino	M	400m	1:00.58	22	28	
Boubakor	Diallo	M	400m	57.57	13	28	
Ibrahim	Yacouty	M	110m Hurdles	19.59	17	30	PR
Daithi	Quinn	M	Long Jump	21'00"	1	33	PR
Caleb	Parsons-Gomes	M	Triple Jump	38'00.25"	6	39	PR
Daithi	Quinn	M	Triple Jump	42'01.5"	1	39	
Mike	Akposi	M	Shotput	31'00"	29	45	
Gabe	Rodriguez	M	Shotput	41'10.5"	2	45	PR
Gabe	Rodriguez	M	Discus	114'05"	4	30	
Daithi	Quinn	M	Javelin	145'03"	1	35	PR
Kimberly	Le	F	100m	14.16	35	68	PR FAT
Jiahin	Lin	F	200m	30.20	35	50	PR FAT
Sofija	Slezas	F	200m	26.62	3	50	
Aluna	Coogan-Coyne	F	1 Mile	5:20.23	3	45	PR
Joyce	Lukelo	F	100m Hurdles	19.54	24	46	PR
Mollie	Smith-Gaeta	F	100m Hurdles	19.02	17	46	PR
Amy	Tan	F	100m Hurdles	23.67	47	47	
Hannah	Moriarty	F	400m Hurdles	1:12.68	6	17	
Girls	4 x 100m Relay	Amy Tan, Joyce Lukelo, Kimberly Le, Sofija Slezas		54.97	16	23	
Mollie	Smith-Gaeta	F	High Jump	4'08"	11	42	
Alyssa	Hopps	F	High Jump	4'08"	17	42	Ties PR
Lauren	Ebong	F	Discus	69'06"	13	32	PR

Top Six Finishers received medals. Daithi Quinn, Field Event Athlete of the Meet.
FAT = Fully Automatic timing

Weston Twilight Invitational May 7 & New Bedford Voke Sunset Invitational May 7

Weston Twilight Invitational Weston HS & Regis College 5/7/2022

Hatim	Boukhtam	M	800m	1:57.53	1	60	PR
Salma	Boukhtam	F	800m	2:26.49	9	28	

12th Annual Greater New Bedford Voke Sunset Invitational 5/7/2022

First	Last	gender	EVENT	Performance	Place	Competitors	Comments
Natalia	Kepczynski	F	High Jump	4'10"	2	15	
Kiera	Sleiman	F	Javelin	102'03"	2	14	
Olein	Coogan-Coyne	M	400m	53.48	3	43	
Jonathan	Bina	M	400m Hurdles	1:02.02	6	30	

Quincy Softball Falls To Hanover

Cont'd From Page 22

ning. The team scored on an RBI single; two runs scored on an overthrow to first base, and another run scored on a passed ball later in the inning.

While senior Colleen Moran got a hit in the top of the second inning, the Presidents didn't score in that frame. Hanover took a 6-1 lead in the second on a passed ball as well as a hit by a pitch with the bases loaded with one out in the inning.

However, the Presidents were able to limit the damage in that frame. Junior shortstop Maggie Lynch ended the inning by fielding a ground ball and getting the force out at third base.

The Presidents struck once again in the top of the third — in a similar way to their run in the first inning. Downey had an RBI double, scoring Ibrahim once again. This made it a 6-2 ballgame.

Once again, Hanover responded with some runs of its own; Hanover knocked

in four runs in the fourth to take a 10-2 lead; the team had a pair of RBI doubles. It also scored on a wild pitch and a fielder's choice.

Hanover's pitching was sharp in the fourth and fifth innings; the Presidents didn't have any runners reach base. Meanwhile, Hanover added three runs in that stretch. Hanover had an RBI single to right field in the fourth; it had another RBI single in the fifth and a run scored on a fielder's choice.

The Presidents had a pair of runners reach base in the top of the sixth; Downey hit a double for her third hit of the game, and junior Cady Kelly Hansbury reached base on a fielder's choice; the Presidents didn't score in this inning.

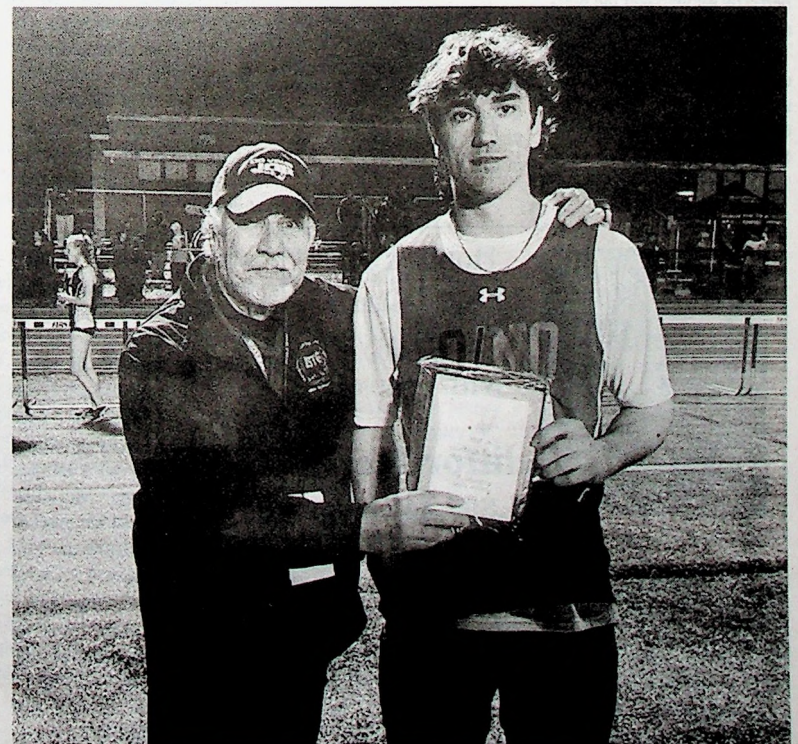
Hanover ended up winning the game in the bottom of the sixth inning on a walk-off as a result of the MIAA's 12-run mercy rule.

With two outs in the inning, Hanover knocked in the game-winning run on an

RBI single to shallow right field. There were runners on first and second base during the walk-off at-bat.

The roster for the Presidents this season includes: sophomore Paige Mann, junior Bridget Hoare, sophomore Mary Saccoach, senior Leila Akhouzine, senior Sophie Mayo, senior Adriana Moosick, senior Kate Downey, junior Cady Kelly Hansbury, senior Paige Raber, junior Maggie Lynch, junior Hailey Concannon, senior Cinneide Santoro, senior Madeline Mayo, senior Colleen Moran, senior Antenella Ibrahim, senior Emma Glavin, and senior Erin Davies. The team's head coach is Greg Sommers.

The next game for the Presidents will take place today (Thursday) on the road against the Plymouth South Panthers (4 p.m. start time). Their next home game will take place on Monday, May 16 against the North Quincy Raiders (4 p.m. start time).



NORTH QUINCY'S Daithi Quinn, the MVP of the Field Events at the recent Lou Tozzi Freshman-Sophomore Twilight Meet at Marshfield High School, with former North Quincy High School coach Lou Tozzi.

Courtesy Photo

OBITUARIES

Debra Conso, 64

Debra "Debbie" Conso, went peacefully back to the Lord on April 27, 2022 at the age of 64, after a period of failing health.

Born June 3, 1957, to the late James A. Conso and survived by Jean M. (Hennessey) Conso. Loving mother of Kaitlyn "Katie" (Conso) Livingstone, her husband Andrew and Nana to Sofia. Sister of the late Dominic J. Conso, survived by brother Jimmy Conso and sister Jeanne Conso. As well as many nieces, nephews, family and friends. She will be especially missed by her dog Teddy.

She enjoyed all things ocean having lived on it her entire life. She braved every storm and no Nor'easter could scare her! Boating, fishing, clamming, swimming, water skiing, she did it all.

Debbie made apple pies worth fighting over. She was an avid gardener who took pride in growing the first and biggest tomato of the year.

She loved her family and was always there when someone close to her fell on hard



DEBRA CONSO

times. She was proud to be a volunteer, CCD teacher, soccer coach, and was involved in the community. She loved to travel and was always up for an adventure.

Debbie had the best sense of humor and could make light of any situation. Her signature dimples and smile will be sorely missed, as will the sound of her unique laugh that will always echo in our hearts.

A funeral Mass was celebrated Monday in Most Blessed Sacrament Church.

Interment at Mount Wollaston Cemetery.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Joanne Condon Walsh, 81

Joanne Condon Walsh, 81, of Vero Beach, FL formerly of Quincy passed away surrounded by her family on Jan. 11, 2022 after a long battle with Parkinson's Disease.

She was born to the late George J. Moore and June Moore on May 14, 1940. She was a 1958 graduate of North Quincy High School. Prior to moving to Vero Beach, Joanne was very active in her community. She was the Ward 6 City Councilor for 8 years, founded the Atlantic Neighborhood Association in North Quincy, was a Governor of Quincy College, and served as Executive Director of the US Naval Shipbuilding Museum located on the USS Salem. She was a Proud Member of Harbor Health Board, Quincy Conservation Commission, The Lions Club, and past President of the South Shore Realtors Board. Joanne was the owner of Condon and Walsh Real Estate for over 30 years. Always a strong supporter of the Fire and Police Depts, she was an honorary member of the Quincy Firefighters Association.

Joanne loved the Boston Red Sox, boating, cooking, entertaining, traveling, reading and spending time with family, friends and her dogs.



JOANNE CONDON WALSH

Her brownies were legendary. She was always willing to help others.

In addition to her husband, retired Deputy Fire Chief Joseph Walsh, she leaves 3 children Michael Condon and his wife Shirley of Savannah, GA, Susan Beagle and her husband Ken of Braintree, MA and Christopher Condon and his wife Lori of Hull, MA, 8 grandchildren, 6 great grandchildren, two sisters, Maureen Mansfield and her husband Robert of Pembroke, MA and Gail Emma of Arizona and many nieces, nephews, cousins and longtime friends.

Please join us in a celebration of Joanne's Life on Saturday, May 14, 2022 from 12-3 p.m. at the Common Market Restaurant, 97 Willard St., Quincy, MA 02169.

Josephine T. Maher, 91

Josephine Theresa (Penton) Maher, originally of Joe Batt's Arm, Fogo Island, Newfoundland, Canada, passed away at her home in Quincy, Massachusetts, following a long illness on April 27th at the age of 91 with her family by her side. Jo was a devout Catholic, the loving sister in her family of 6 children, and happily married Charlie Maher in 1958. They embarked on a great life together, moving from St. John's, Newfoundland, to Halifax, Nova Scotia and, in 1976, moved to Massachusetts with their five children. Jo's naturalization as an American citizen and her completion of a Bachelor of Science in Human Services from American International College in 1982, enabled her to obtain her American Nursing license, which she treasured and renewed until her 75th birthday.

Jo had a gift and passion for caring, which directed her career in nursing and her love of volunteering. She began her career as a public health nurse in Newfoundland, graduating from St. Clare's Mercy Hospital in 1951. She flew by sea plane to remote areas providing critical care to residents and ensuring that they could stay at home. Jo worked in various settings during her career, but ultimately found her greatest reward caring for the elderly. As a staff and then charge nurse at Springfield Municipal Hospital, she was recognized for her selfless dedication to her patients, their families and teaching other nurses. In 1984, she was named Massachusetts Hospital Association Nurse of the Year. Jo was also a dedicated volunteer at Loaves and Fishes Soup Kitchen and at Hospice of Pioneer Valley, and Hospice of Boston. She and Charlie traveled to Jamaica, to provide volunteer care to HIV patients. Jo concluded her 57 year career by working for the Red Cross, teaching and training in their education program, and providing others with the chance to learn and begin a career in nursing.

Jo was devoted to her family as a loving wife, mother, grandmother, and great grandmother. She cherished the time spent caring for and enjoying her 7 grandchildren and 2 great-grandchildren. She showered them with love and loads of fun - swimming on Cape Cod, annual trips to Waterville Valley and Stur-



JOSEPHINE T. MAHER

bridge Village, ice cream outings, countless trips to the zoo and aquarium, and fashion shows in her living room with the girls. Her greatest joy was picking up the little ones for a weekend at Grandma and Granda's house with a kitchen full of desserts, reading, coloring, playing games, and always with their education being a very high priority. She instilled in them a love of the church, service to others, and kindness. As they have gotten older, her life lessons guide them. Jo was beloved at St. Joseph's Church in Quincy; her kindness, friendship, and love of her favorite statues brought joy to those who knew her in the parish. A held hand, a hug, a quiet word of support was what they would get from Jo, and her prayers were always for them and their families.

Jo will be deeply missed by Charlie, her husband of 64 years, her daughter Catherine Burns and her husband Bob in Pinehurst, NC, their children Stephen Burns and his wife Keeley and their children Teddy and Lincoln, in Mountain Green, UT, and Jennifer Burns in Southern Pines, NC; her daughter Dr. Elizabeth Maher and her husband Dr. Robert Bachoo in Dallas, TX and their children Meghan, at Yale University and Emily, at American University; her son Charles Maher of Manchester, NH; her daughter Mary Jo Blackington and her husband Jay in Hingham, MA and their children Charlie Blackington, in New York City, and Sara Blackington, in Boston; her son Peter Maher and his wife Nancy and their daughter Christine in Charlestown, MA.

A funeral Mass was celebrated May 7 in St. John the Baptist Church, Quincy.

Private interment.

In lieu of flowers, donations may be made in Jo's name to St. Joseph's Church, 550 Washington St, Quincy MA 02169.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Eleanor Ottina, 99

Eleanor (Quintiliani) Ottina, the cherished wife of the late Ovidio "Bill" Ottina, passed away, peacefully, at the remarkable age of 99, on Saturday, April 30, 2022.

Family was everything to Eleanor and she was a devoted mother to her daughter, Lisa, and late son, Billy. Amazing Nona to her four grandsons, Jaimie, Josh, Zack, and Nick, who she dearly adored. She was also the loving great Nona to Henry, Eva, and Ovidio.

Eleanor will be sadly missed and fondly remembered by all who had the pleasure of knowing her.

A Funeral Mass was celebrated in Saint John the Baptist Church, 44 School St., Quincy, on Friday, May 6. Interment followed at Mount Wollaston Cemetery, Quincy.



ELEANOR OTTINA

For those who wish, donations in Eleanor's memory may be made to the charity of your choice.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Avenue, Quincy. You are invited to visit thesweeneybrothers.com or call 617-472-6344.

Edward M. Smith, 101

Edward M. Smith, of Weymouth, died May 7, 2022 at the age of 101.

Ed was born in Somerville to Cecelia (Phinney) and Marshall Smith. He graduated from B.C. High, Boston College in 1943 and received his MED from Bridgewater State. He served in the U.S. Army Air Corps and was stationed in Alaska. Ed worked as a teacher in the Quincy School system where he retired as Assistant Superintendent.

He was the husband of the late Elizabeth (Burke) Smith and the late Rosemary (Madden) Smith. Loving father of Donna Dunbar and her husband Kenneth of Hingham; Edward M. Smith, Jr. and his wife Marianne of Scituate; Mark Smith and his wife Pamela of TX; Debbie McLellan and her husband Michael of FL; Peter Smith and his wife Mary of Andover; David Smith of Weymouth; and 5 stepchildren. Also survived by 9 grandchildren, 13 step grandchildren, 12 great grandchildren, and 13 step great grandchildren.



EDWARD M. SMITH

Relatives and friends are respectfully invited to greet the family during the visitation on Wednesday 5/11 from 9:30 a.m. - 10:30 a.m. in the McDonald Keohane Funeral Home North Weymouth at 40 Sea St. (off Route 3A - Bicknell Square) followed by a Funeral Mass in St. Jerome Church, North Weymouth at 11 a.m. Burial at a later date.

In lieu of flowers, donations in memory of Edward may be made to the Quincy Retired Teachers Scholarship Fund, Office of the Superintendent of Schools c/o Laura Owens, 34 Coddington St., Quincy, MA 02169.

See Keohane.com for directions and online condolences.

Honor Your
Loved One's
Memory
With Flowers

cliffords.com
1.800.441.8884

NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun.

Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.



PLEASE
RECYCLE
THIS
NEWSPAPER

John DiCrasto, 63

John DiCrasto of Taunton, formerly of Quincy, passed away suddenly on Wednesday, May 4, 2022. He was 63.

He was born to Frank and Elizabeth "Betty" DiCrasto and raised in Quincy. John attended the Norfolk Agricultural School in Walpole where he learned many skills, especially in the kitchen. He worked as a chef at the Parker House Restaurant for many years and then went on to own his own painting and power washing business, DiCrasto Painting and Power Washing.

John wore his heart on his sleeve and left nothing unsaid. He didn't simply enter the room, he filled it with his boisterous presence and bright personality, illuminating every corner and crevice. His energy and smile were contagious, especially when he was talking about some of his many interests. He had a knack for making his interests, your own and he had many. Whether it be something he watched on the History Channel, a recipe he wanted you to try, one of his many



JOHN DICRASTO

toys including his prized red supercharged Corvette or boating. His love for music was not bound by a genre, it stretched from opera to rock and roll, and oldies to country. If it was on the radio, it was for John.

You didn't know John if you didn't know his passion for animals, especially dogs. In his lifetime, he had rescued countless dogs and given them a home and the love they deserved. With dogs there was no prejudice, or discrimination, all breeds, demeanors and sizes. John had a lot of love to give and that he did, especially to his family, friends and yes, his beloved dogs. He will be missed by all who knew him.

Survived by his cher-

ished daughter, Alyssa J. Britton of Quincy and her mother, Shirley Britton of Hanover. Brother of Linda Auger and her husband Dan of Braintree, Diane Landrey and her husband James of Fort Meyers, FL, Jean Dondero and her husband Richard of Cottonwood, AZ and Paula Bobrow of PA. Beloved owner of Nico the dog of Taunton. Also survived by many nieces, nephews, cousins and friends.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Wednesday, May 11, 2022, from 9-11 a.m. in the Keohane Funeral Home, 785 Hancock St., Quincy. Funeral service will be celebrated following the visiting hours at 11 a.m. in Keohane Funeral Home, Quincy. Burial in Blue Hill Cemetery, Braintree.

In lieu of flowers, donations in memory of John may be made to CARE Southcoast Center of Animal Rescue and Education, 197 Middle Rd., Acushnet, MA 02743.

Please see Keohane.com for directions and online condolences.

Patricia A. Petrilli, 83

Patricia Ann (McCarthy) Petrilli, of Braintree and Englewood, Florida, formerly of Quincy, died peacefully in her home on Tuesday, May 3, 2022. She was 83.

Born in Randolph on Sept. 12, 1938, she was the daughter of the late Walter J. and Alice T. (Adams) McCarthy. Patty was raised in Quincy, attended local schools, and graduated from Quincy High School. In 1957, she worked for New England Mutual Life Insurance in Boston where she was a computer programmer using one of the first commercially available computers in the United States known as the Univac-I.

Patty took great pride in being a homemaker. She recognized that raising responsible and respectful children with her husband was the most vital vocation in the world. During this fundamental role, she also devoted herself to supporting her husband's plumbing business: E.H. Marchant Co. in Quincy. She was the bookkeeper and the "glue that kept everything together" from 1968 through 2000. Her devotion to the business and her involvement in the industry led her to become a Past President of the Women's Auxiliary of the PHCC of Massachusetts.

A caregiver by nature, Patty was a mother figure to many people. When her father died at a young age, Patty and her sister Alice took on the responsibility of tending to their younger siblings while their mother worked. This challenge formed her natural



PATRICIA A. PETRILLI

nurturing skills and prepared her to become the wonderful matriarch of her own family. Her sisters and brothers, cousins, many nieces and nephews, and friends old and new, were generously cared for as well. Her tender heart made everyone comfortable to come to her for advice and guidance.

The most important part of Patty's life was her family. She loved her husband Larry, and after his death, her dear friend Charlie, her children, and especially her granddaughters whom she lovingly referred to as her "7 Angels". Nana, as she was known, made sure her "7 Angels" were not only properly prepared for life, but widely known to the world. During her last month in Florida her "7 Angels" visited and were easily recognized while joining Nana at the beach, the clubhouse, and all over town. Her assistance in raising a new generation of caring and strong young ladies has made the world a better place.

Patty was blessed years after the death of Larry, to be loved and cared for once again by Charlie. She enjoyed

his company and the way he became a cherished part of her life and family.

Patty expressed her love in so many ways. She made needlepoint blankets for all her granddaughters' college graduations. The blanket included each school's name and colors, but most evident will be the presence of Nana's warmth. She made homemade jelly from the grapevine in the back yard and chocolate chip cookies for everyone. Patty also loved painting with acrylics. She adored her large group of friends in Florida and at home where she was usually found at the center of planning the social activities.

Patty was tech-savvy, adventurous, and active. She loved the outdoors and learned how to ski when she was 30, alongside her children. She continued to ski well into her 60s. Patty and her husband, with their children, built a vacation chalet in New Hampshire 50 years ago that she affectionately named "The Zoo". She thrived as the "zookeeper" in a chalet full of family and guests.

Patty will be remembered for being loving, caring, forgiving, strong and empowering. Her life lessons and example are part of her legacy. She will be missed by all the lives she touched.

Patricia was the beloved wife of the late Lawrence J. Petrilli Jr, who died in 2000. Together they shared 38 faithful and fun years of marriage. She was the devoted mother of Kathleen M. Petrilli of

Edward P. Flavin, 81

Edward P. Flavin, age 81, a lifelong resident of Quincy, died peacefully, Sunday, May 1, 2022 in the comfort of his home, surrounded by his loving family.

Edward was born in Quincy, to the late Edward M. and Alice H. (Fleury) Flavin. Raised and educated in Quincy, he was a graduate of Quincy High School, Class of 1958, and Northeastern University, in 1964.

He served in the U.S. Army Reserve during the mid-1960s.

Ed was the well-known president of Flavin & Flavin Companies in Quincy, a family business which was founded in 1925. He was a realtor and insurance agent for fifty-eight years and proudly worked with his wife, Roseann; his sons, Timothy and Michael; his daughter-in-law, Juliann; and his brother, John.

He belonged to several industry organizations and had served as president of the South Shore Board of Realtors in 1978. Ed was a member of the Merrymount Association and a former member of the Neighborhood Club of Quincy, where he enjoyed many friendships. He was a longtime parishioner and former



EDWARD P. FLAVIN

usher at Our Lady of Good Counsel Church.

Ed enjoyed the ocean, boating, and especially his home on Quincy Bay, where he loved the fabulous views. He was a Boston sports fan and an enthusiastic New England Patriots season ticket holder for thirty-five years. Later in life, Ed tried to become an avid golfer.

Most of all, Ed was devoted to his family and especially his grandchildren. He loved ski trips to Loon Mountain and vacations to Florida to visit his son, Ed, and any family gathering.

Beloved husband for fifty-five years of Roseann (Rodricks) Flavin.

Devoted father of Timothy P. Flavin of Weymouth and his dear friend Aisling

Ruane, Edward J. Flavin of Fort Lauderdale, Fla. and his dear friend Jackie Quintero, and Michael P. Flavin and his wife Juliann of Quincy.

Loving grandfather of Jonathan, Michaela, Michael, and Thomas.

One of three siblings, he was the dear brother of John P. Flavin of Quincy and the late Lawrence M. Flavin and his surviving wife Mary of Quincy. Ed is also survived by many nieces, nephews, and cousins.

A Funeral Mass was celebrated in Holy Trinity Parish at Our Lady of Good Counsel Church, 227 Sea St., Quincy, on Tuesday, May 10. Interment, with military honors, followed at Mount Wollaston Cemetery, Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

For those who wish, donations in Edward's memory may be made to Tommy's Place, c/o 90 Shore Ave, Quincy, MA 02169 or Interfaith Social Services, 105 Adams St., Quincy, MA 02169.

You are invited to visit thesweeneybrothers.com or call 617-472-6344.

Piro Naum Topalli, 83

The family of Piro Naum Topalli, of Quincy, formerly of Pogradec, Albania, is saddened to announce his passing on Thursday, May 5, 2022, at the age of 83 years. His family was by his side as he peacefully rested.

Born in Pogradec, Albania on March 8, 1939, he was the son of the late Naum and Aleksandra Topalli. Piro achieved his academics in Albania. He worked as an engineer in the construction industry as well as the director in planning urban infrastructure in one of the most beautiful cities in Albania. Piro worked with many talented professionals throughout the years. He retired in 1996 after working for over 40 years.

Piro was blessed with a very loving family. He raised two amazing daughters with profound love, patience, and humility. He was a devoted and caring son to his parents, an educator at heart to his daughters, and an exceptional role model to his grandchildren. He was greatly dependable to his community and viewed as a beacon of light as he offered wise advice to friends and family in all forms. He was very kind to everyone and softly spoken, a deep thinker with a sharp humor



PIRO NAUM TOPALLI

that brought life to the table.

Piro's family was the most important part of his life. He loved his daughters and grandchildren more than anything, who were his greatest joys and accomplishments. Piro was the principal father figure to his grandson, Stiven and he formed a immeasurable bond between the two of them, Stiven and Endi. He always promoted education and instilled those morals to his grandchildren as he assisted with homework and tutored them in math.

Piro appreciated every moment with his family and took pleasure in his homemade wine and the home-style cooking of his partner of 53 years. He adored singing traditional songs, as well as dancing to them. He cherished creating memories while traveling, and treasured his morning walks. His loving demeanor, strong

willed personality, and selflessness, are part of his legacy that continue to live through his family. He will be missed by all the lives he touched.

Piro was the beloved husband of Liljana (Sinjaku) Topalli, with whom he shared many years of warm-hearted marriage. He was the devoted father Manjola Topalli and Rita Topalli, and her husband, Arben Gjeli. Piro was the loving grandfather of Stiven Topalli and Endi Gjeli. He was the dear brother of Thoma Topalli, Ylli Topalli, and the late Vangjeli Terova.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Wednesday, May 11, 2022, 4-8 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy.

His funeral service will be celebrated on Thursday, May 12, 2022 at 10 a.m. in Keohane Funeral Home, Quincy.

Services will conclude with interment in Pine Hill Cemetery, Quincy.

In lieu of flowers, memorial contributions may be sent to the charitable organization of one's choice.

See Keohane.com for directions and online condolences

More Obituaries online at
www.TheQuincySun.com

OBITUARIES

Patricia A. Petrilli, 83

Cont'd from Page 25

Quincy, Lawrence J. Petrilli III and his wife Ronna of Braintree, Michael P. Petrilli and his wife Susan of Braintree, and Patricia A. Foley and her husband Brian of Pembroke. Patricia was the loving grandmother of "Nana's 7 Angels" Anita (Petrilli) Camobreco and her

husband Ben, Kim, Nicole, and Marina Petrilli, Shannon, Tara, and Kiley Foley. She was the dear sister of Eileen Chase and her late husband Joe of Quincy, Jean McCarthy of Brockton, Daniel McCarthy and his wife Nina of Hull, Jack McCarthy and his wife Lupe of Idaho, Rita Sandberg and her late husband Bud of Scituate, and the

late Alice Murphy Yeomans and her surviving husband John of Middleboro. Patricia was the dear friend of seventeen years to Charles Maskell of Braintree and Florida. She is also survived by many loving nieces, nephews, extended family, and many friends.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Sunday, May 15, 2022, 3-7 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy.

A Celebration of Life Service will be held in the funeral home at 9 a.m. on Monday, May 16, 2022, prior to the Funeral Mass at St. Francis of Assisi Church, 856 Washington St. Braintree at 10 a.m.

Services will conclude with interment in Pine Hill Cemetery, Quincy.

In lieu of flowers, and in honor of Patricia's spirit as a nurturing mother to all, memorial contributions may be sent in Patricia's name to Tommy's Place Foundation, Inc., 90 Shore Ave., Quincy, MA 02169, or by visiting: tommysplace.org/ways-to-give-2.

See Keohane.com for directions and online condolences.

Lawrence R. "Larry" Donahue, Jr., of Quincy, died May 8, 2022.

Larry was a proud United States Air Force Veteran who served during the Korean War. He graduated from North Quincy High School and went right into the service. After, he worked for Boston Gear Works for many years until retiring. His family and faith were very important to him and he took pride in keeping up his home. Larry enjoyed crossword puzzles and his independence. He was a kind and quiet man who was good to his family, especially his nieces and nephews. He was thoughtful and never forgot a birthday. He will be greatly missed by all who knew him.

Loving brother of Carole DiRamio and her husband Edward of Quincy. Cherished uncle of Mary McCulloch and her husband John of Hanson, Rosemarie Gerrior and her wife Dorothy of Bellingham, and Edward DiRamio Jr. and his wife Angela of Weymouth. Great Uncle to John and Amanda McCulloch and Liana, Carissa, and Paul DiRamio and great great uncle of Elizabeth Marie McCulloch and the late Maria Grace McCulloch.

Relatives and friends are



LAWRENCE R. DONAHUE, JR.

respectfully invited to greet the family during the visiting hours on Wednesday from 9-10 a.m. in Sacred Heart Church, Quincy followed by the funeral Mass at 10:30 a.m. Burial in Milton Cemetery, Milton.

In lieu of flowers, donations in memory of Larry may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105 or to Divine Mercy Parish at Sacred Heart

Church, 386 Hancock St., Quincy, MA 02171.

See Keohane.com for directions and online condolences.

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO19P2595EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Dorothy Anne Jackson
Date of Death:
04/01/2019

To all interested persons:
A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Sheila K. Gavoni of Brant Rock, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Sheila K. Gavoni of Brant Rock, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 06/01/2022. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: May 28, 2022

COLLEEN M. BRIERLEY
Register of Probate

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy

ZONING BOARD OF APPEALS

CASE ZBA 21-64

Pursuant to the provisions of Title 17 of the Quincy Municipal Code as amended, the **QUINCY ZONING BOARD OF APPEALS** will hold an **Open Public Hearing** on **Tuesday, May 24, 2022 at 6:00pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169**. On the application of Adam Laney for a Variance to raze the existing single-family home and construct a new single-family home in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) and Chapter 4.3.5 (front yard requirements) on the premises numbered 9 NEWTON STREET, QUINCY.

Plans and Specifications may be viewed online at <https://quincyma.viewpointcloud.com/>.

Martin Aikens, Chairman

5/5/22, 5/12/22

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy

ZONING BOARD OF APPEALS

CASE ZBA 22-20

Pursuant to the provisions of Title 17 of the Quincy Municipal Code as amended, the **QUINCY ZONING BOARD OF APPEALS** will hold an **Open Public Hearing** on **Tuesday, May 24, 2022 at 6:00pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169**. On the application of Seanna Landry for a Finding/Special Permit Flood Plain to construct an addition to the existing dwelling in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) and Chapter 8.1.9 (special permit flood plain) on the premises numbered 76 SPRING STREET, QUINCY.

Plans and Specifications may be viewed online at <https://quincyma.viewpointcloud.com/>.

Martin Aikens, Chairman

5/5/22, 5/12/22

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy

ZONING BOARD OF APPEALS

CASE ZBA 22-32

Pursuant to the provisions of Title 17 of the Quincy Municipal Code as amended, the **QUINCY ZONING BOARD OF APPEALS** will hold an **Open Public Hearing** on **Tuesday, May 24, 2022 at 6:00pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169**. On the application of DDP Realty LLC for a Variance to install new signs for the Dunkin Donuts in violation of Title 17 as amended Chapter 5.3 (signs) on the premises numbered 543 SOUTHERN ARTERY, QUINCY.

Plans and Specifications may be viewed online at <https://quincyma.viewpointcloud.com/>.

Martin Aikens, Chairman

5/5/22, 5/12/22

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy

ZONING BOARD OF APPEALS

CASE ZBA 22-36

Pursuant to the provisions of Title 17 of the Quincy Municipal Code as amended, the **QUINCY ZONING BOARD OF APPEALS** will hold an **Open Public Hearing** on **Tuesday, May 24, 2022 at 6:00pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169**. On the application of Michael Monahan for a Variance to subdivide the lot into 2 lots and construct a single family home on the newly created lot in violation of Title 17 as amended Chapter 4.1.1 (dimensional requirements) on the premises numbered 55 BAY VIEW AVENUE, QUINCY.

Plans and Specifications may be viewed online at <https://quincyma.viewpointcloud.com/>.

Martin Aikens, Chairman

5/5/22, 5/12/22

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy

ZONING BOARD OF APPEALS

CASE ZBA 22-27

Pursuant to the provisions of Title 17 of the Quincy Municipal Code as amended, the **QUINCY ZONING BOARD OF APPEALS** will hold an **Open Public Hearing** on **Tuesday, May 24, 2022 at 6:00pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169**. On the application of 609 Washington Street LLC for a Finding/Variance to extend the business use of the premises by converting the second floor of the premises from residential use to commercial use and construct a roof deck on the flat roof section of the building along with a patio on the front lawn area for outside seating in violation of Title 17 as amended Chapter 3.4.3 (finding) and Chapter 5.1.0 (off street parking) on the premises numbered 609 WASHINGTON STREET, QUINCY.

Plans and Specifications may be viewed online at <https://quincyma.viewpointcloud.com/>.

Martin Aikens, Chairman

5/5/22, 5/12/22

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy

ZONING BOARD OF APPEALS

CASE ZBA 22-33

Pursuant to the provisions of Title 17 of the Quincy Municipal Code as amended, the **QUINCY ZONING BOARD OF APPEALS** will hold an **Open Public Hearing** on **Tuesday, May 24, 2022 at 6:00pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169**. On the application of BCC Acquisitions LLC for a Special Permit/Variance to remove the one story commercial storefront building on Beale Street and two four-family houses on Cushing and Chapman Streets and the construction of a new mixed-use building consisting of 80 residential units and 6 commercial storefront units with 2 levels of structured parking for 93 vehicles in violation of Title 17 as amended Chapter 4.1.2 (special permit & variances from dimensional requirements) on the premises numbered 21-29 BEALE STREET, QUINCY.

Plans and Specifications may be viewed online at <https://quincyma.viewpointcloud.com/>.

Martin Aikens, Chairman

5/5/22, 5/12/22

LEGAL NOTICE

CITATION ON PETITION FOR ORDER OF COMPLETE SETTLEMENT
Docket No. NO21P1332EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Michael E. McWeeny
Also known as:
Michael McWeeny
Date of Death:
4/18/1997

A Petition for Order of Complete Settlement has been filed by George R. Driscoll of East Falmouth, MA requesting that the court enter a formal Decree of Complete Settlement including the allowance of a final account, the allowance of a proposed distribution and other such relief as may be requested in the Petition.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this court before: 10:00 A.M. on the return day of 06/08/2022. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: May 5, 2022

COLLEEN M. BRIERLEY
Register of Probate

5/12/22

5/12/22

Committee Votes 5-2 For Pine Hill Cemetery Plan

Cont'd From Page 1

5-2 in favor of a bond to pay for the project at Monday's meeting. Councillors Ian Cain, Noel DiBona, William Harris, David McCarthy and Charles Phelan Jr. voted in support of the proposal while Councillors Nina Liang and Anne Mahoney were opposed.

Councillors Anthony Andronico and Brian Palmucci were not in attendance for Monday's meeting.

Phelan, who is the chairperson of the finance committee, said a final vote on the bond could take place as soon as next Monday's regular council meeting. Six votes will be required for the bond to pass at that meeting. Palmucci on Tuesday told The Sun he planned to vote against the bond request while Andronico declined to comment.

The finance committee first met to review the bond request on April 4; the committee had been scheduled to meet again on April 25, but that meeting was canceled after one councillor tested positive for COVID-19.

Speaking at Monday's meeting, David Murphy, the city's commissioner of natural resources, said a lot has happened with the proposal since the April 4 meeting. Murphy noted he provided councillors with a 28-page package of information related to the project on April 21 in response to questions they raised at the initial meeting.

In addition, the city on April 15 opened bids for the cemetery grounds expansion portion of the project including earthwork, landscaping, fountains and artwork enhancements. The low bid for that work, which had been estimated to cost \$12.75 million, came in at \$16.485 million, submitted by C. Naughton Corp. Because the administration wants the project to be self-funding – meaning cemetery fees will pay for its costs – Murphy said the project was value engineered to reduce costs after the bid came in.

"Our goal for the project... was not only to create valuable interment space for Quincy residents that could last the next two decades, but also to make it a self-funded project with revenues generated from the sale of lots and other associated fees," Murphy said. "In order to stay self-funded, we set off on a pretty robust value engineering process to stay within the budget. Our goal was to have the budget drive the project and not have the project drive the budget."

Joseph Shea of the consulting firm Granite City Partners outlined the changes

made to the project as a result of the value engineering. The primary change, he said, was the removal of a committal building that would have been located near the Chickatawbut Road entrance. A new welcome center near the Willard Street entrance is still included in the proposal. The city has yet to go to bid for construction of the welcome center.

Other changes to the project include the replacement of granite curbing with asphalt berms, though granite will still be used for ramps, catch basins and parking areas; reductions to the landscaping plan and replacement of many trees with shrubs; using a different method to repair the existing roads within the cemetery; changing many of the retaining walls to precast concrete blocks; and changing granite pavers in most sections to stamped concrete.

Certain aspects of the project remain unchanged, Shea said. The project still features 13,000 new interment and inurnment spaces, enhancements to the current veterans' section within the cemetery, and a gathering area with a pergola and benches.

As a result of the changes, city officials said the cost of the work to be undertaken by C. Naughton would be reduced to \$13.945 million and the overall project cost was brought down to \$16.4 million – the same amount Koch requested to borrow for the project earlier this year.

Murphy said the sale of burial lots and cremation niches, together with associated fees, would generate \$24.16 million based upon current fees; the Cemetery Board of Managers, which sets those rates, could increase them in future if necessary.

The city will pay back the \$16.4 million bond taken out for the project over a 20-year period, Murphy said. With interest, the city will pay \$23.45 million on the bond over that period, he

said, resulting in a revenue surplus of \$500,000.

During Monday's meeting, Mahoney raised concerns about the cost of the proposed welcome center, among other things. The one-story, 17-foot by 34-foot building would house two offices and a bathroom and is projected to cost \$912,000 to construct, not including architectural fees and contingencies, which bring the total to \$1.195 million.

"What's the interior going to be – is it going to be gold?" Mahoney said. "\$912,000 for a 578-square-foot building averages out to \$1,577 per square foot. That seems astronomical to me."

Liang said she was comfortable moving forward with the expansion of the cemetery, because of the effort put in by the administration to reduce those costs, but was not ready to move forward with the welcome center.

"I would be comfortable moving forward... with grounds expansion and the bulk of the project itself," Liang said. "I feel confident that you have looked through that portion of the project to find out how you can come in as low as possible, but I don't feel that way with the welcome center."

Liang proposed cutting \$1.965 million from the \$16.4 million bond. She suggested the administration could come back at a later date with a second bond to pay for the welcome center and associated costs.

Cain asked if there would be any additional costs associated with the issuance of a second bond to pay for the welcome center. Eric Mason, the city's finance director, said a second bond could cost an additional \$50,000 to \$100,000 if interest rates are raised again later this year.

"The intent would be to come back to request this if it were cut today," Cain said. "It would potentially cost us more down the line anyway if we're cutting this, is the point I'm trying to make."

Phelan asked if there

was a reason construction of the welcome center was projected to cost \$912,000. Shea noted councillors were provided a cost estimate for that work in the April 21 submittal and said smaller buildings typically have higher costs to build per square foot.

"What we've been seeing is that smaller buildings that don't have an economy of scale do have a much larger cost per square foot," Shea said.

"This is a very durable, masonry building. It's not made out of lightweight construction materials. It represents some of the things that the cemetery stands for with the construction materials of yesteryear – the bricks, the granite."

Councillors rejected Liang's proposed cut in a 5-2 vote. Mahoney joined Liang in supporting the cut. Shortly thereafter, councillors voted 5-2 along the same lines to move the \$16.4 million bond out of committee with a positive recommendation.

DiBona, the council president, welcomed the value engineering the administration undertook to reduce the cost of the project.

HN Garden Club Plant Auction June 1

The Houghs Neck Garden Club recently participated in the "Art in Bloom" at the Museum of Fine Arts in Boston. Club Vice President Cynthia Lewis was the floral designer and did a marvelous job of interpreting an ancient Peony Bowl from China.

Coming up on Wednesday night, June 1st is the club's Annual Plant Auction. Plants are donated by members, so you know they can do amazingly well in local gardens. Some of the

ect to the original \$16.4 million request.

"You guys have really tightened up some of the particular areas here," he said. "This is a much-needed project that we need in the city."

Phelan, the finance committee chairperson, said he was convinced the project would pay for itself. He said there is an "extreme need" for burial spaces for city residents.

"It is actually a real need for the city – an extreme need. I see it every week. My family owns a business that deals with people all the time and they want to be buried in Quincy and they want to be buried here," said Phelan, whose family owns the Hamel-Lydon Chapel.

"I think this is something that needs to be fixed up, needs to be addressed, and I'm confident in the vote."

Mahoney said she supports improvements to the cemetery but not the proposed \$16.4 million bond.

"I can't support this because I just think it's too much and it's too much to put on the burden even though you say it's going to be paid for by itself – so many things we say that

bidding may start as low as \$1.

The plant auction will be held June 1st at St. Thomas Aquinas Hall on Darrow Street at 6:30 p.m.

Want to donate a plant to see how much people would pay for your prize daisy? Contact Jmbythrow@gmail.com.

The Houghs Neck Garden Club is a member of the Garden Club Federation of Massachusetts and a 501C3 non-profit organization.

5-Mile Road Race May 22 To Benefit ALS Research

The 21st annual Harpoon 5-Miler, sponsored by Harpoon Brewery to benefit The Angel Fund for ALS Research, will be held on Sunday, May 22nd. The 5-Miler has raised more than \$2.37 million for ALS research through The Angel Fund.

In addition to the in-person race, the Harpoon 5-Miler will also be held virtually, allowing an unlimited number of runners, walkers, and cyclists from across the country to walk, run, cycle, or find a way to complete 5 miles, whether indoors or outdoors, on May 22nd.

All runners, whether running as part of a team or not, will be timed individually and have their time posted compared to the entire race field. Runners who are part of team will have their time scored as part of the team's time.

In-person participants can register on the website www.harpoon5miler.com until 11:59 p.m. EDT on May 15, and virtual participants can register until 11:59 p.m. EDT on May 20.

In addition to the Harpoon 5-Miler, donations to the Angel Fund for ALS Research can also be made online at www.theangelfund.org or can be sent to The Angel Fund, 649 Main St., Wakefield, MA 01880. All donations should be made payable to The Angel Fund for ALS Research.

Information about The Angel Fund for ALS Research can be obtained on the website, www.theangelfund.org.

about in the city of Quincy and it doesn't always happen," Mahoney said.

"I can't support this. Although I support the idea of it, I can't support this bond as it is tonight."

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO22P1092EA

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200**

Estate of:
John D. Burke
Date of Death:
04/15/2017

To all interested persons:
A Petition for Late and Limited Formal Testacy and/or Appointment has been filed by Joanne M. Burke of Quincy, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Ann Marie Burke of Quincy, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 06/08/2022. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: May 2, 2022
COLLEEN M. BRIERLEY
Register of Probate

5/12/22

SSSINA SSSINA

High School Sports Shorts

In recent local high school spring sports action:

Quincy boys tennis team defeated Braintree, 5-0.

Highlight: Quincy's James Tiger Li (10) and William Lanergan (10) fought back from a set down to win their 2nd doubles match in a third set tie-break (1-6, 6-1, 10-8).

Quincy boys' tennis also defeated Hanover, 3-2. Highlight: Dejan Boskovic won the deciding match for Quincy (7-5, 6-3).

Quincy boys' volleyball (7-6) lost in 5 at home against Greater New Bedford. Q25-22, GNB 25-14, Q25-22, GNB25-15, 15-9

Quincy had 79 digs and 10 blocks as a team.

North Quincy baseball lost to Pembroke, 10-8.

Standouts for the Raiders included: Max Gaudiano: 2H, HR, 3RBI, 2R, SF; Scott Ritz: 3H, 2 2B, RBI, 2R; Vinny O'Leary: 2H, 2B, 2R; Zach Taylor: 2H, 2RBI and Charlie Baker: 2H.

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SUN FUN PAGES

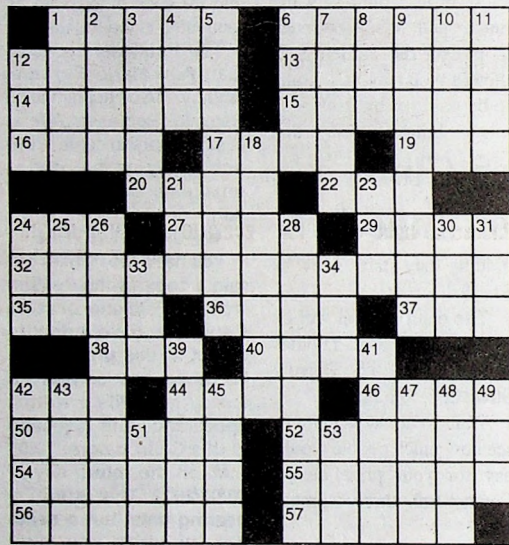
King Crossword

ACROSS

- 1 Went out with
6 Chinese martial art
12 Moolah
13 Skillful
14 Sheathe
15 Mountain chain
16 Stadium cheers
17 Quaker pronoun
19 Profit
20 Canadian gas brand
22 City area, for short
24 Gun lobby org.
27 Male turkeys
29 Show ennui
32 Pale, sweet fruit
35 Riga resident
36 "I smell —!"
37 Despondent
38 Hem's partner
40 Jealousy
42 Prefix with athlete
- 44 Early automaker
46 Burden
50 Aplenty
52 Strange thing
54 "Can you give me directions?"
55 Family girls
56 Goes angling
57 Tennessee county
- 21 Farm pen
23 Reuben bread
24 Stanley Cup org.
25 Caviar base
26 Mounds built by insects
28 Final performance
30 Romance
31 SSE's opposite

DOWN

- 1 Lady of Spain
2 Eyebrow shape
3 Rib
4 German river
5 Fresca, e.g.
6 Hit with a stun gun
7 Farewell
8 Hot temper
9 Like "Green Acres" humor
10 Employ
11 "Let's leave — that"
12 German article
18 Hit one out of
- 33 JFK info
34 VJ's network
39 Not as good
41 Alpine air?
42 Pre-weekend cry
43 Male of "Bohemian Rhapsody"
45 Reply to "Shall we?"
47 Pleasing
48 Western tribe
49 Method (Abbr.)
51 Reaction to fireworks
53 Cato's 502



MAGIC MAZE • SNOW LOVERS

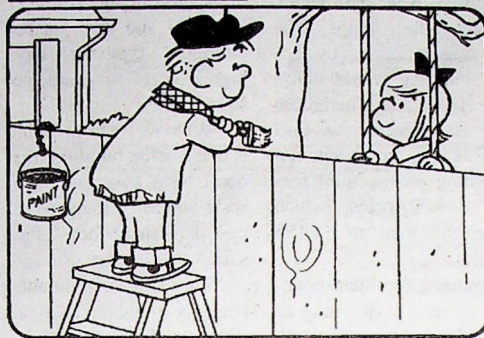
B V R Y T R S P N R L X E S J
H F D E B R Y G A X O R N S V
T R P T E O O E M F A I T K S
I G E I D D B B C H U R S S N
Z X K W D R N I C G O U O A O
T S R E A Q T I N S O N M D W
L J L L I C T E E G F W I N Y
D S O C R C P R A R O Y K A O
X P T A R M I G A N W V S P W
T S R A P K O N S K A Y E L L
K L A E S P R A H J I G F E C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint:

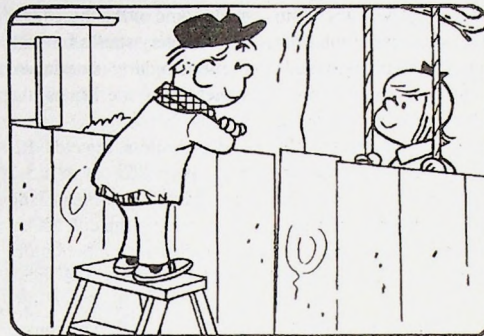
- | | | | |
|-------------|------------|-------------|-----------|
| A snowman | Harp seal | Ptarmigan | Sled dog |
| Arctic fox | Pandas | Reindeer | Snowy owl |
| Arctic hare | Penguins | Ski resorts | Yaks |
| Eskimos | Polar bear | Skiers | |

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Downspout is missing. 2. Paint is missing. 3. Cuffs are missing. 4. Brush is missing. 5. Board is missing. 6. Bow is smaller.



1. GEOGRAPHY: Dubai is the largest city of which country?

2. U.S. PRESIDENTS: What was President Richard Nixon's Secret Service code name?

3. TELEVISION: In which year did the first episode of the animated comedy "South Park" air?

4. HISTORY: What was the former name of the Hoover Dam on the Colorado River?

5. MUSIC: Which instrument is Pablo Casals famous for playing?

6. LITERATURE: What are the names of Harry Potter's deceased parents in the book series?

7. LANGUAGE: What does the Latin phrase "bona fide" mean?

8. ANIMAL KINGDOM: What is a baby fish called?

9. ACRONYMS: What does BMW stand for?

10. MOVIES: What is the song playing in the famous twist scene of "Pulp Fiction"?

Answers

1. United Arab Emirates
2. Searchlight
3. 1997
4. Boulder Dam, for a short time in the 1940s
5. The cello
6. James and Lily
7. In good faith
8. A fry or fingerling
9. Bavarian Motor Works
10. "You Never Can Tell," Chuck Berry

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Wishing Well®

6	3	8	6	2	8	7	5	2	4	7	4	2
A	J	G	S	J	E	B	A	O	S	U	U	V
6	3	8	5	6	5	2	8	6	2	5	7	2
K	O	T	C	F	T	I	O	O	A	O	S	L
6	8	2	8	3	2	8	6	7	4	2	7	8
R	R	D	G	Y	I	A	A	I	D	S	N	N
2	6	7	4	3	7	2	4	2	6	2	7	8
P	D	E	D	F	S	O	E	S	V	I	S	I
2	5	7	2	3	7	8	3	5	8	4	8	3
T	N	I	I	R	N	Z	O	I	E	N	D	M
2	4	6	2	6	5	3	4	3	4	7	6	7
O	T	I	N	C	D	P	R	E	A	S	E	I
5	3	4	3	4	7	5	4	5	4	7	4	7
E	T	N	S	S	G	A	F	S	E	H	R	T

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.



ARIES (March 21 to April 19) A stubborn refusal to go ahead on a project mystifies colleagues who expected more flexibility. But once you explain your position, they'll understand and even applaud you.

TAURUS (April 20 to May 20) A relationship seems to be stuck in the same place. Now it's up to you, dear Bovine, to decide how far you want it to go and how intense you want it to be. Choose well and choose soon.

GEMINI (May 21 to June 20) A relationship progresses more slowly than you would prefer. Best advice: Insist on a frank and open discussion. What is learned could change minds and, maybe, hearts.

CANCER (June 21 to July 22) It's all right to be grateful to a workplace colleague who has done you a good turn. But gratitude shouldn't be a life-long obligation. The time to break this cycle is now.

LEO (July 23 to August 22) It's going to be especially nice to be the King of the Zodiac at this time. A recent money squeeze eases. Plans start to work out, and new friends enter Your Majesty's domain.

VIRGO (August 23 to September 22) Before you make a commitment on any level (personal, professional, legal), get all the facts. There might be hidden problems that could cause trouble later on.

LIBRA (September 23 to October 22) Personal relationships improve. Professional

prospects also brighten. A job offer could come through by month's end. An old friend seeks to make contact.

SCORPIO (October 23 to November 21) Your senses detect that something is not quite right about a matter involving a workplace colleague. Best advice: Follow your keen instincts and don't get involved.

SAGITTARIUS (November 22 to December 21) A prospect offers rewards, but it also demands that you assume a great deal of responsibility. Knowing you, you're up to the challenge, so go for it, and good luck.

CAPRICORN (December 22 to January 19) A favor you did a long time ago is repaid, as a trusted colleague steps in to help you with a suddenly expanded workload. A family member has important news.

AQUARIUS (January 20 to February 18) A new job offer could require moving across the country. But before you let your doubts determine your decision, learn more about the potentials involved.

PISCES (February 19 to March 20) Your sense of fair play doesn't allow you to rush to judgment about a friend who might have betrayed you. Good! Because all the facts are not yet in.

BORN THIS WEEK: You have a romantic nature that allows you to find the best in people. You would excel at poetry and drama.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

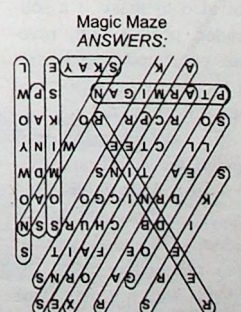
Clue: V equals F

HV ESFRWSLI OSJJXRE M
ZRYOMHQ EFMXX, OMQBI VYTHO
JHR, NR ZSTXL WR TJEROHQB
ONR MJJXR OMYO.

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King Crossword — Answers

Solution time: 21 mins.



If somebody topples a certain small, tangy fruit pie, he could be upsetting the apple tart.

CryptoQuip answer

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD – Ben Affleck is directing and starring with Matt Damon in an untitled film for Amazon in which Damon plays a salesman for a fledgling shoe company named Nike. Affleck's psychological thriller, "Deep Water," with Ana de Armas, dropped in March, and his "The Flash" film is due in June 2023. Damon is upcoming in "Thor: Love and Thunder" and in Christopher Nolan's "Oppenheimer" (father of the atomic bomb). Affleck, a two-time Oscar winner, holds on to longtime relationships. He and Jennifer Lopez first connected in 2002 on "Gigli." She filed for divorce from Kris Judd that July and by November they were engaged. She was even willing to become Jennifer Affleck! Just days prior to the 2003 wedding, it was called off. In June 2004, Lopez wed Marc Anthony, and Affleck coupled with and married Jennifer Garner the following year. Flash forward to April 2022, when they officially became re-engaged. Affleck popped the question while she was in a bubble bath, and they went house hunting in the exclusive Holmby Hills community. For her 52nd birthday, they hid away on a yacht just off the beach from Monaco. Can Bennifer make it this time, or will they call it off again?

*** In 1959, Billy Wilder's "Some Like It Hot" premiered with Tony Curtis and Jack Lemmon as musicians forced to flee Chicago after witnessing the St. Valentine's

Day Massacre. Disguised in drag, they joined an all-girl band headed to Florida. Their lead singer was Marilyn Monroe (aka Sugar "Kane" Kowalczyk). The film cost \$2.9 million to shoot and grossed \$49 million (about \$480 million today).

In 1972, songwriter Jule Styne ("Gypsy" and "Funny Girl") and lyricist Bob Merrill ("Carnival" and "Funny Girl") wrote the music and lyrics for "Sugar," the Broadway musical of "Some Like It Hot," starring the late Robert Morse (in the Tony Curtis role), Tony Roberts (in the Jack Lemmon role) and Elaine Joyce (in the Marilyn Monroe role). It ran 505 performances. In 2002-03, Tony Curtis toured in a national company of "Sugar" (as Osgood Fielding III, the man romantically pursuing Jack Lemmon's character), which they called "Some Like It Hot: The Musical."

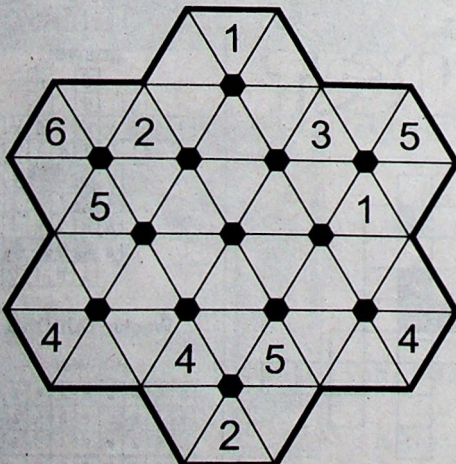
On Dec. 11, a new "Some Like It Hot: The Musical" will open on Broadway with a score by Marc Shaiman ("Hairspray"), and a book by Tony-winner Matthew Lopez and "Late Night with Seth Myers" staff writer/performer Amber Ruffin (with a show on Peacock). Here's the twist: While Broadway actor Christian Borle of the TV series "Smash" will play the Tony Curtis role, both the Jack Lemmon and Marilyn Monroe roles will be played by people of color, J. Harrison Ghee and Adrianna Hicks. If audiences don't warm up to this "Hot," they can't blame it on the weather.

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★
★ Moderate ★★ Difficult
★★★ GO FIGURE!

	-		x			27
÷		x		-		
	x		+			13
x		-		x		
	x		+			26
21		26		32		

1 3 4 5 6 7 8 8 9

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Liqueur Serving Box — Antiques are given many names, often changed to be written in a new language or used in a different way, and there can be confusion. Is a "cave a liqueur" the same as a taltalus? Both have decanter bottles; both can have locks; and both are used to serve liquor to guests, one usually before dinner, the other during and after a meal. In the past, formal service of alcoholic drinks, especially at banquets and special-occasion dinners, was important. The taltalus bottles held liquor, a distilled alcoholic drink like scotch. And it should be easy to remember that a cave a liqueur held — what you would expect — liqueur, an after-dinner fermented sweet drink like brandy, flavored with fruit or spices. The names sound alike but are spelled differently.

The two containers and contents follow formal rules of design. The taltalus has decanters in an open rack with tops that are locked, opening only with a key. The taltalus was named for Greek King Taltalus, who was condemned to stand in a pool of water in Hell and never be able to get a drink. The cave a liqueur holds small decanters and glasses suitable for the small after-dinner drink. Both of the serving boxes were large, often made of wood with added brass or other metal decorations and gold-painted accents. They were very much in style from 1850 to 1900. The 11-inch-high box pictured holds four decanters and 16 liqueur glasses.

There are many jokes about the locked liquor supply, but it seems possible that the locks were meant to keep the household help from taking drinks and leaving empty decanters

or adding water or other liquid. ***

Q: I have several calendar plates in mint condition from the 1960s, '70s and '80s. How can I find out how much they are worth and how to sell them?

A: Calendar plates were popular between about 1906 and 1929. Many were given away by stores and other businesses as advertising. Some list the year in the center surrounded by a wide border picturing a calendar "page" for each month. Others have a scene or attractive picture in the center. There was renewed interest in yearly calendar plates in the 1970s to '90s. Calendar plates are still being made but aren't as popular now. Check websites to see what plates like yours sell for. The year is as important as the picture when determining price. Most sell for \$5 to \$30.

CURRENT PRICES

Kitchen, chocolate mold, three Dolly Dingle dolls, hinged, signed "Weygandt," 10 inches, \$35.

Doorstop, country cottage, cast iron, painted, arched doorway, three windows, raised shingle roof with dormer, red chimney, red and yellow flowers growing up sides, c. 1930, 5 1/2 x 7 1/2 inches, \$155.

Jewelry, charm bracelet, dog-wood flower, rope-twist chain, sterling silver, marked, Tiffany & Co. and 925, 7 inches, \$300.

TIP: All Vogue and Ginny dolls are marked. If you own an unmarked doll, it is not a real Ginny.

For more collecting news, tips and resources, visit www.Kovels.com

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STICKELERS

by Terry Stickels

The six words below all share a common characteristic.

Can you figure it out?

DEFY
AFGHAN
WORST
CANOPY
STUPENDOUS
ROUGHING

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Strange BUT TRUE

• Most of us know that pregnancy has its challenges, but one you might not be aware of is that expectant moms attract roughly twice as many mosquito bites. It's believed this is because they exhale more carbon dioxide and have higher body temperatures than those who aren't pregnant.

• A Chinese father hired virtual assassins to kill his son's World of Warcraft character, hoping that would stop the young man from playing after he'd quit his day job.

• American death row prisoners are given a physical to ensure they're fit enough to die.

• During the 1984 Olympic Summer Games in Los Angeles, McDonald's announced a promotion offering free food and drink every time an American athlete made it to the medals podium. After the former Soviet Union boycotted the games, it turned out to be quite a costly promotion.

• The French duo Daft Punk took their name from a negative review they received from "Melody Maker" magazine regarding a trio of which they'd previously been members.

• Between 1887 and 1950, American weather forecasters were not allowed to use the word "tornado."

• A particularly pessimistic fan of football's Cleveland Browns requested in his obituary that six members of the team serve as pallbearers at his funeral so "the Browns could let him down one last time."

• In the early 1970s, the first Nike shoe was inspired by...a waffle. After watching his wife make waffles, the company's co-founder, Bill Bowerman, poured urethane into a waffle iron to see what would happen. The Waffle Trainer debuted soon after.

Thought for the Day: "The difference between a smart man and a wise man is that a smart man knows what to say; a wise man knows whether or not to say it." — Frank M. Garafola

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Now here's a tip!

by Jo Ann Derson

• "Planning a new roof? Choose a light color for cooling benefits. Also check with your home-insurance company to see what discounts it might offer for different styles or options, like upgraded hurricane clips or fire-retardant materials." — R.E.W. in Tennessee

• Cut a cord of firewood in the spring, and cure it yourself. Store it away from the house and properly care for the wood by stacking it where it will have access to the sun and wind to dry it. Let it season for six months or longer, and you'll have firewood ready when the temperatures drop again.

• "If you're melting chocolate in your microwave, do yourself a favor: Line the bowl with wax paper or parchment paper. The chocolate is still easy to stir, but when you take it out, you can scrape all the chocolate off the paper so that none is wasted!" — A.A. in Florida

• "Place a bit of clear tape

over the spot where you are going to drive in a nail to prevent the nail from cracking drywall. It will go right in. Also, if you're nailing into wood, drag your nail through some soap (bar soap is fine) before striking it. This does the same thing — it will keep the wood from splitting. You can even keep a travel-size bar of soap in your nail apron for just this purpose." — P.K. in New Jersey

• Shopping for bagged frozen vegetables? Give them the squeeze test: If the vegetables feel hard and solid, they have thawed and refrozen. Choose another bag.

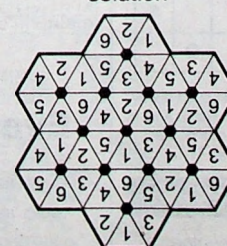
• Keep musty smells out of your linen closet by stashing a box of baking soda on one of the shelves, just as you would in the kitchen.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES

solution



Sticklers Answer

Go Figure!

answers

32	26	21
26	8	3
	+	6
	x	1
	-	8
	÷	13
		7

Each word contains three consecutive letters of the alphabet.

Super Crossword

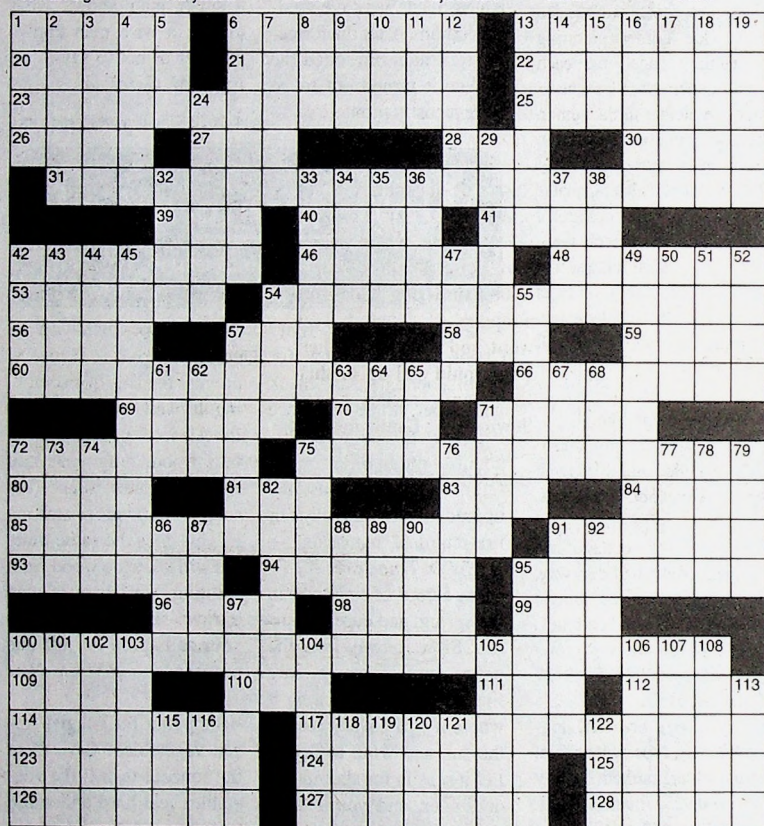
HOLLYWOOD
GIRL GROUP

ACROSS

- 1 Shrine images
6 Kept from falling, as pants
13 Abashed
20 Showed on TV again
21 Not varying at all
22 In a weepy way
23 Start of a riddle
25 Language spoken in Dhaka
26 Is in a chair
27 College, to a Brit
28 Long to undo
30 Augur's sign
31 Riddle, part 2
39 Home for mil. jets
40 Roman love god
41 Singer James or Jones
42 Bad guys
46 Explosive compounds
48 Hercule creator
53 From time immemorial
54 Riddle, part 3
56 Talk big
- 57 Mr. Capote, to friends
58 Partner of neither
59 Liquid asset
60 Riddle, part 4
66 Reciprocal
69 Army chaplain
70 The Great Lakes' — Canals
71 Libreville's country
72 Everglades mammal
75 Riddle, part 5
80 Big name in PCs
81 Letter two before tau
83 "— Kapital"
84 Roof part
85 Riddle, part 6
91 Become rigid
93 Key in again
94 Thin and watery
95 Back fish fins
96 "QED" center
98 Formerly, old-style
99 Mendes of "2 Fast 2 Furious"
100 End of the riddle
109 Kagan of Hollywood
- 110 Singer Ritter
111 Feel flush, perhaps
112 French pals
114 Excessive bureaucracy
117 Riddle's answer
123 Offspring-producing animal
124 Part of ROTC
125 Rule from the throne
126 Cheech and Chong personas
127 Electrical current units
128 Archipelago parts
- 11 Old stage star Hagen
12 Martinez of baseball
13 Ideally
14 Realize
15 Sci-fi's Solo
16 Class jargon
17 Where the Marlins play
18 Burstyn or Barkin of film
19 Running out of steam
24 Blew with short blasts
29 World Heritage Site gp.
32 Manicurist's target
33 Brave in the face of adversity
34 Give off
35 "The lady — protest ..."
36 Canadian tribe
37 — TASS (news agency)
38 Very wise
42 Seizes
43 Site of the Taj Mahal
44 Scorch
45 Frat shindig
47 Rajah's wife
- 49 Mountain climbers, e.g.
50 Alexis or Peter, e.g.
51 Big name in oil and gas
52 Court great
53 Arthur
54 Novelist Sarah — Jewett
55 Basic musical chords
57 Bullfighter
61 D.C.
62 Ike's inits.
63 USSR's Cold War foe
64 Alluringly shy
65 "Moo" maker
67 76ers' org.
68 Rocket scientist
71 Neutral color
72 Bryn — Pennsylvania
73 Feel flush, perhaps
74 Not cluttered
75 Bagel center
76 "— Fideles"
77 Father, to a tot
78 Knievel of motorcycle stunts
- 79 Cravings
82 Hurry it up
86 Tech detail
87 Wife of Zeus
88 — Scott case
89 Civil wrong
90 "Quiet!"
91 Dumpty dwellings
92 — Sea (Asian lake)
95 Thrists for
97 Rearranges
100 Basil and bay leaf
101 Heads-up
102 YouTube clip
103 All gone, as food
104 Add-on
105 Purple color
106 Decorative flower holders
107 Cybermissive
108 Scorch
113 1040 IDs: Abbr.
115 Fruity quaff
116 According to
118 Fence (in)
119 Psychic "gift"
120 Added charge
121 Bruin great
122 Alleged
123 Bobby
124 Geller

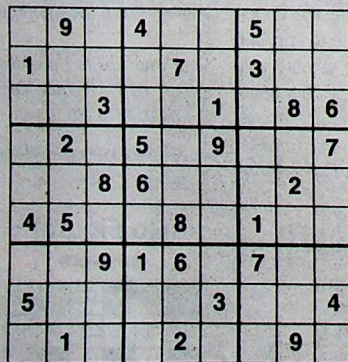
DOWN

- 1 Eye opener?
2 Shocking EMT treatment
3 Give a speech
4 Expire
5 Lead-in to Cone or Cat
6 Rubs elbows
7 Flying
8 Mattel doll
9 Expire
10 "The Simpsons" shout



Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

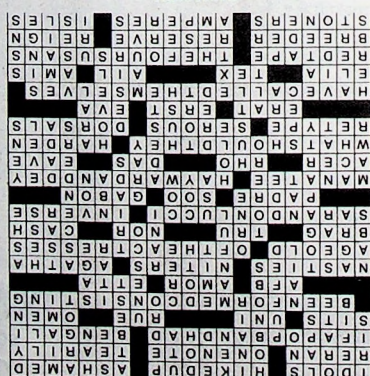
DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

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Super Crossword

Answers



Even Exchange answers

1. Clamp, Champ
2. Shiver, Silver
3. Milley, Miles
4. Expand, Expand
5. Chase, Phase
6. Alloy, Allow
7. Gaggie, Giggle
8. Spock, Shock
9. Other, Other
10. Dreamy, Dreamy

celebrity
extra

by Dana Jackson

Q: Will "The Equalizer" return for another season? I'm really enjoying it, even though it's very different from the original series back in the '80s. — J.J.

A: The original series ran for four seasons on CBS and starred British actor Edward Woodward as a retired intelligence agent turned private investigator. While Woodward's character focused on violent offenders, the current series, which stars Queen Latifah, is about an ex-CIA agent turned social justice warrior. Fans of the show might not know that there also have been two motion pictures based on "The Equalizer" starring Denzel Washington.

TVLine.com reports that new showrunners will take over "The Equalizer" for its "all-but-guaranteed season three renewal." Andrew W. Marlowe and Terri Edda Miller created the modern version based on the Woodward-led eponymous series. The new executives behind the scenes include Joseph C. Wilson, who has been with the show since season one, so I wouldn't expect any major changes. "The Equalizer" has about 7.5 million loyal viewers each week, so if it's not broke, why fix it?

Q: Whatever happened to the sitcom that Kelsey Grammer and Alec Baldwin were doing? Did the tragedy surrounding Baldwin's movie "Rust" cause producers to cancel the show? — L.K.

A: The untitled comedy series starring sitcom legends Kelsey Grammer ("Frasier") and Alec Baldwin ("30 Rock") was finished before it ever got started. ABC passed on the series after viewing the pilot last April, months before the horrific tragedy on the set of Baldwin's movie "Rust" in which cinematographer Halyna Hutchins lost her life. Baldwin is reportedly doing a movie overseas now, as he faces a lawsuit from Hutchins' family. His career in the U.S. might not ever recover.

Meanwhile, Grammer's next project is the upcoming "Flowers in the Attic: The Origin," a TV miniseries premiering July 9 on Lifetime that also stars another television icon, Harry Hamlin ("L.A. Law").

Q: What is my all-time favorite actor Nick Nolte doing these days? I loved him in one of my favorite comedies, "Down and Out in Beverly Hills," and then later in "The Prince of Tides." I haven't seen him in recent years, however. — K.L.

A: The now 81-year-old three-time Oscar nominee is still acting. His first major role was back in 1976 in the hit TV drama "Rich Man, Poor Man," but it wasn't long before he



Queen Latifah in
"The Equalizer"
Photo credit:
CBS Entertainment

became a movie star. In 1979, he starred in the satiric football comedy "North Dallas Forty" and followed that with the blockbuster cop comedy "48 Hrs." opposite Eddie Murphy. In 1991, he wowed audiences in the thriller "Cape Fear," with Robert DeNiro, and subsequently made us cry in "Prince of Tides" opposite Barbra Streisand. In recent years, he's joined the "Star Wars" franchise by voicing the character of Kuil on "The Mandalorian," and he can be seen in the Spectrum Originals series "Paradise Lost" with Barbara Hershey. Nolte recently finished wrapping up a new action movie with Josh Duhamel called "Blackout."

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

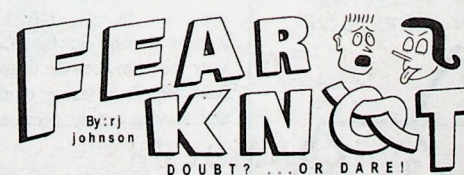
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Even Exchange by Donna Pettman

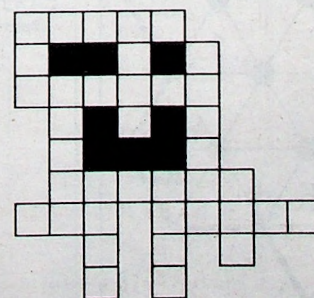
Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|---------------------------|---------------|----------------------|---------------|
| 1. Vise | — L — — — | Titleholder | — H — — — |
| 2. Tremble from cold | — H — — — | Splinter | — L — — — |
| 3. "Wrecking Ball" singer | — — — — Y | Mayflower's Standish | — — — — S |
| 4. Use up, as energy | — — — — E — — | Widen | — — — — A — — |
| 5. Pursue | C — — — — | Moon stage | P — — — — |
| 6. Fused metal mix | — — — — Y | Permit | — — — — W |
| 7. Group of geese | — A — — — — | Snickers | — I — — — — |
| 8. Famous TV Vulcan | — P — — — — | Electrical jolt | — H — — — — |
| 9. Frisky river mammal | — — — — T — — | Significant | — — — — H — — |
| 10. Like a gray day | — — — — R — — | Mentally faraway | — — — — M — — |

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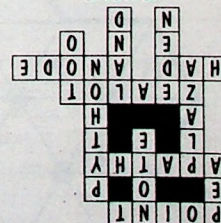
- OTO
PAYHAT
NIPOT
ALDN
TAZOLE
DHA
EONT
DENOA
EAP
PHOTNY
ZAPAL
ENDE



Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

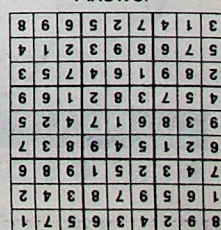


answer



Weekly SUDOKU

Answer



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Amber Waves

MOM SENT ME OUT HERE TO SEE IF YOU NEEDED HELP.

DAD SAID I SHOULD COME IN HERE AND HELP YOU.

MOM INSISTS SHE IS FINE AND THAT SHE IS CERTAIN YOU NEED MY ASSISTANCE.

I DON'T THINK EITHER OF YOU APPRECIATE THE VALUE OF FREE LABOR.

by Dave T. Phipps

Out on a Limb

THE ADULT MALE TSETSE FLY LIVES FOR APPROXIMATELY TWO WEEKS

MMM

BEST QUARTER HOUR. EVER...

by Gary Kopervas

R.F.D.

A LOTTA FOLKS ARE RUNNIN' THEIR ELECTRIC FENCES WITH SOLAR THESE DAYS, SIM.

YEAH, I KNOW.

BUT IT'S PRETTY WINDY HERE, SO...

by Mike Marland

POPEYE

HY EYEMAN

SO YOU AND MISS OYL ARE ONCE AGAIN ON SPEAKING TERMS?

YES, WE YAM!

I'M DELIGHTED TO HEAR THAT!

WHAT TRIGGERED THE QUARREL?

OLIVE WANTED US TA GO SHOPPIN'... AN' I WANTED US TA GO FISHIN'.

THAT'S QUITE AN IMPASSE!

YEAH! BUT WHEN TWO PEOPLE IS IN LOVE, EVERYTHIN' KIN BE WORKED OUT!

IN OTHER WORDS, YOU COMPROMISED

EZACKLY!

A VERY MATURE APPROACH...

...COMMUNICATING YOUR NEEDS IN A CIVIL MANNER...

...YOU GIVE A LITTLE... SHE GIVES A LITTLE...

...AND COME TO A MUTUALLY BENEFICIAL CONCLUSION!

RIGHT...

...SHE WENT SHOPPIN', I WENT FISHIN'.

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Less

SUMIN

Berate

CLODS

Principal

STREAM

Laud

ARMIED

TODAY'S WORD

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

5	2	1	3	5	6	7
6	2	3	2	4	1	1
5	4	4	1	3	2	6
3	7	7	6	4	4	4
4	5	5	3	6	3	2
1	6	4	5	1	3	7
7	1	6	7	2	3	5



Try Rescue Network for Breed-Specific Adoptions

DEAR PAW'S CORNER: I read your recent column about using caution in the purchase of specific breeds of dogs or adopting from a shelter. Please advise your readers that there is a third option. Almost every breed is assisted by a rescue group, usually handled by breeders. Locating such a group for a specific breed can be done by contacting the American Kennel Club (AKC). We had a wonderful Bernese Mountain Dog that was too small to be a show dog, and a Sheltie whose father was a champion but was still too large to be a show dog. This gives adopters the breed they want and dogs who otherwise would end up in shelters – and possibly be put down – get a family instead. – Kathy F.

DEAR KATHY: Thank you

for highlighting this excellent option. The AKC Rescue Network pulls together over 450 rescue groups, dog breeders and specialists in rehabilitation and rescue to save dogs that would otherwise be placed in shelters or euthanized.

Find more information about their work at www.akc.org/akc-rescue-network. Breeds are listed alphabetically to make them easier to locate. Fostering and rehabilitation of dogs through the network is somewhat unique in that dogs stay in the foster/rehab until they are rehomed. Breeders and dog fanciers are among the most enthusiastic participants in fostering and rehabilitating dogs. They take on the expense and time commitment to work with specific breeds and prepare them for a loving family. But they also get to know the dogs, their temperament and their needs – so that they're matched with the right people.

Check out this network and the work that they do. Thanks again, Kathy.

Send your questions, tips, and comments to ask@pawscorner.com.

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TOP VIDEO RENTALS AND SALES

TOP TEN VIDEO, DVD for release week of May 9, 2022

Video On Demand

1. Spider-Man: No Way Home (PG-13) Sony Pictures/Marvel
2. Jackass Forever (R) Paramount Home Entertainment
3. Sing 2 (PG) Universal
4. Spider-Man 3-Movie Collection (PG-13) Sony Pictures/Marvel
5. Cyranó (PG-13) Peter Dinklage
6. Marry Me (PG-13) Jennifer Lopez
7. The Batman (PG-13) Robert Pattinson
8. The Contractor (R) Chris Pine
9. Encanto (PG) animated

10. Ghostbusters: Afterlife (PG-13) Carrie Coon DVD, Blu-ray Sales
1. Spider-Man: No Way Home (PG-13) Sony Pictures/Marvel
2. Jackass Forever (R) Paramount Home Entertainment
3. Sing 2 (PG) Universal
4. Spider-Man 3-Movie Collection (PG-13) Sony Pictures/Marvel
5. Scream (R) Paramount
6. Yellowstone: Season 4 (TV-MA) Paramount
7. Cyranó (PG-13) Universal Home Entertainment
8. Encanto (PG) Disney
9. Cabin in the Woods* (R) Lionsgate
10. Sonic the Hedgehog (PG) Paramount

*Re-release

Source: Comscore/Media Play News

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SCRAMBLERS

solution

Diamond
Today's Word
3. Master 4. Admire
1. Minus 2. Scold

Hitori

9	8	2	7	9	1	7
7	8	1	5	4	9	1
2	8	9	8	9	4	4
4	4	4	7	9	7	8
9	2	8	1	4	4	9
1	1	4	2	8	2	9
6	7	5	3	2	5	7

"Is this the _____ you were going to show me today?"

MORE SUN FUN

COUCH THEATER

The Offer (TV-MA) — How do you know when a film has surpassed every level of success to reach a legendary status like none other? The answer is when Hollywood decides to create a 10-episode series about how the film even came to be. Of course, I'm talking about "The Godfather." In this new biographical miniseries, the filmmaking behind the classic 1972 crime movie gets explored, from how badly Paramount needed a hit at the time to how real-life mobsters were angered about the portrayal of Italians as gangsters. "The Offer" also dives into how Marlon Brando and Francis Ford Coppola became part of the project and helped to turn the film into a massive success that would be remembered for decades to come. Streaming now. (Paramount+)

Marmaduke (TV-Y7) — Based on the long-running comic strip, this CGI-animated film follows the goofy antics of a Great Dane dog named Marmaduke, whose escapades, while entertaining, usually cause accidents, damages or other types of turmoil. So, when a video of Marmaduke goes viral, infamous dog trainer Guy Hilton takes on the challenge of transforming this dog who's always up to no good into a championship-winning pet. The titular character is voiced by "Saturday Night Live's" Pete Davidson, while other voices include J.K. Simmons and David Koechner. A perfect movie night for the entire family. Premieres May 6. (Netflix)

Shining Girls (TV-MA) — Aspiring reporter Kirby Mazrachi was once

attacked by a mysterious man, and since her attack, her present constantly shifts in front of her. Kirby's appearance, her interactions with others, even her pets, can all change or morph, never staying the same for too long. After the body of a young woman is found with marks in the same place as Kirby's after her attack, she decides to join another reporter, Dan, in catching the killer and uncovering the truth before the list of victims grows further. This psychologically thrilling series is full of mind-bending twists, and with Elisabeth Moss ("The Handmaid's Tale") as the leading lady, there's no doubt that "Shining Girls" will be a hair-raising watch. (Apple TV+)



Scene from "Marmaduke"

The Staircase (TV-MA) — Not a lot of buzz has surrounded this star-studded true-crime miniseries, but "The Staircase" has the potential to be one of the best drama series released this year. Starring Colin Firth and Toni Collette as married couple Michael and Kathleen Peterson, "The Staircase" begins just before Kathleen's sudden death — at the bottom of a staircase in their home. All fingers immediately point to Michael as the perpetrator, so he enlists the help of a documentary crew in order to tell his side of the story and restore the dynamic of his family back to normal. Premieres May 5. (HBO Max)

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Contract Bridge

LESS IS MORE

East dealer.

Both sides vulnerable.

NORTH

♠ 9 7 5
♥ 8 6 3
♦ A K Q 5 2
♣ 6 3

WEST

♠ J 8 2
♥ J 9 7 5 2
♦ 9 3
♣ Q 9 4

EAST

♠ Q 10 6 3
♥ A 4
♦ J 8 7
♣ K J 7 5

SOUTH

♠ A K 4
♥ K Q 10
♦ 10 6 4
♣ A 10 8 2

The bidding:

East South West North
Pass 1 NT Pass 3 NT
Opening lead — five of hearts.

Most of the hands that appear in this column were actually dealt and played in a real game or tournament and come from a variety of sources. A few were played either by me or in my presence.

Occasionally it is necessary to change a card or two in order to emphasize a particular point. If I didn't do that, the hand would be pointless and not worth writing about.

by Steve Becker

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Puzzles4Kids

by Helene
Hovanec

WORD FUN

Study the two words on each line to find the ONE letter in the left column that is NOT in the word in the right column. Write the extra letter on the blank space. Then read DOWN to answer this riddle:

WHAT KIND OF MUSIC DO MUMMIES LIKE?

OWNERS	—	SNORE	ROOMED	—	RODEO
PEARLS	—	PALES	UNSURE	—	NURSE
ARCADE	—	RACED	SOREST	—	STORE
SIMPLE	—	SLIME	DENISE	—	NEEDS
			CHORUS	—	HOURS

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Cause of Chronic Cough Has Doctors Stumped

DEAR DR. ROACH: I picked up a cough while traveling in Europe more than two years ago. No other symptoms have ever presented. Since that time, I have received every test imaginable, including spirometry, multiple breathing tests, CT scans, X-rays and most recently a bronchoscopy. Nothing was discovered through any of these tests. Other than the cough, I am very healthy. The cough is driving me crazy, however. I have been prescribed every type of medication, and nothing helps. My doctors are at a standstill and have nothing further to offer. I don't know where to go from here, but I know I can't live my life with this cough. I avoid a lot of personal interaction because it is so disruptive to constantly be coughing. I would greatly appreciate your help with this, and any advice regarding what steps need to be taken next -- P.M.

ANSWER: Chronic cough (lasting more than several months) is most frequently a result of acid reflux, asthma or postnasal drip, although there are many more causes, including infection, which would be a concern given that you have a clear idea of when it started.

Despite an extensive evaluation for cough, it is not that uncommon that people are left with no explanation but with a persistent cough. There are other, less-common treatments at this point, some of which your doctors might not have tried.

The first is the medication gabapentin (Neurontin). This is used for a condition called laryngeal neuropathy, and I have had a few spectacular cases where the cough disappears entirely. People have written saying that their doctor prescribed the medication for

them after reading it in the column, and they also had relief, even after decades of persistent coughing, so I think this condition may be more common than I have ever thought.

A second has been a cough suppressant. I am very cautious about using opiate drugs, and it is certainly not appropriate for some people, but cautious use of tramadol in selected patients has been successful in reducing, but not eliminating, cough.

Just yesterday in the clinic, one of the residents I supervise had a patient with chronic cough who had dramatic improvement through the use of speech therapy. Looking it up today, I find trials showing significant improvement, if modest, with this approach, as well as several ongoing trials. Given the potential side effects of gabapentin and tramadol, I think I will be making more referrals to my speech and language pathology colleagues, and suggest you speak with your doctors about some of these options.

DEAR DR. ROACH: I am a postmenopausal woman with osteoporosis. My physician has just prescribed Calcitonin Salmon nasal spray. Is this treatment very effective rebuilding bone mass, and how long does a patient use the drug? Also, are there any serious dangers using this drug?-- M.L.

ANSWER: Calcitonin, usually derived from salmon, is not typically used long term for osteoporosis. Other drugs, such as those in the alendronate (Fosamax) class, are more effective. The Food and Drug Administration advisory panel has recommended its use be limited to less than six months due to concerns about possible increased cancer risks. It also can cause allergic-type reactions, including swelling of the lips and tongue. I seldom see it prescribed anymore outside of short-term use for pain relief in vertebral fractures due to osteoporosis.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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Comfort foods

Made fast
and
healthy



by Healthy Exchanges

Mozzarella Vegetable Salad

It's a well-known fact that vegetables are good for you. But just as important, this ultra-easy salad tastes good!

1 cup sliced carrots
1 cup chopped fresh broccoli
1 cup chopped fresh cauliflower
1 cup sliced fresh mushrooms
3/4 cup shredded reduced-fat mozzarella cheese
1/2 cup fat-free Italian dressing
2 tablespoons fat-free mayonnaise

1. In a large bowl, combine carrots, broccoli, cauliflower, mushrooms and mozzarella cheese. Add Italian dressing and mayonnaise. Mix gently just to combine.

2. Cover and refrigerate for at least 1 hour. Gently stir again just before serving. Makes 4 (1 cup each) servings.

• Each serving equals: 95 calories, 3g fat, 8g protein, 461mg sodium, 3g fiber; Diabetic Exchanges: 2 Vegetable, 1 Meat.

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- Which group released an album titled "Agents of Fortune"?
- Who wrote and released "Sundown"?
- Name the 1960s singer who was partially deaf as a result of having meningitis as a child.
- What do The Chords, Bobby Hebb and Edison Lighthouse all have in common?
- Name the song that contains this lyric: "Jubilant, she loves me again, I fall on the floor and I'm laughing."

Answers

- Blue Oyster Cult, in 1976. The 2001 CD reissue had four additional songs, including the longer demo version of "(Don't Fear) The Reaper."
- Gordon Lightfoot, in 1974. It was his only chart topper in the U.S. (He's Canadian.)
- Mary Wells, of "My Guy" fame. She was singing in clubs by the age of 10.
- They all made it to the list of One-Hit Wonders for the decades when their songs hit the charts: the '50s, '60s and '70s.
- "Cecilia," by Simon & Garfunkel, in 1970. The song was partially created at a late-night party and recorded on a tape recorder. Simon later came back to it, deciding that it had the makings of a song. The title likely refers to St. Cecilia, the patron saint of music.

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Puzzles4Kids Answer

CHORUS	C	CHORUS
DENISE	I	DENISE
SOREST	S	SOREST
UNSURE	U	UNSURE
ROOMED	M	ROOMED
SIMPLE	P	SIMPLE
ARCADE	A	ARCADE
PEARLS	R	PEARLS
OWNERS	W	OWNERS

Answer

Quincy College Inducts 22 Into Academic Honor Society

Eight city residents were among 22 Quincy College students recently inducted into the local chapter of the Phi Theta Kappa (PTK) honor society during ceremonies at Quincy City Hall.

Following welcoming remarks from Mayor Thomas Kochi and Quincy College President Dr. Richard DeCristofaro, Professor Steven Dooner delivered a keynote address that focused on the historical significance of leadership, scholarship, fellowship and service – the four hallmarks of honor society membership.

PTK Chapter President Eric Defilippis and Secretary Ashley Goncalves then presented each student with a certificate of membership and a traditional white rose.

The eight Quincy residents are:

Jacqueline Aaron-



MAYOR THOMAS KOCHI addresses the 22 newest inductees into the Quincy College chapter of the Phi Theta Kappa honor society April 28. Courtesy Photos

Williams, Rene Chandler, Gianpiero DeRito, Jennifer Farnsworth, Antonella Gulla, Martin Jimenez, Courtney Kennedy and Tina Riley.

Students who join PTK



QUINCY COLLEGE PRESIDENT Dr. Richard DeCristofaro (back row, center) and keynote speaker Professor Steven Dooner (far right) after the ceremony inducting the newest members of the College's Phi Theta Kappa honor society at City Hall on April 28.

are entering a scholarly fellowship with a presence on almost 1,300 community college campuses in 11 na-

tions. More than 3.5 million students have been inducted since the society was founded in 1908, and there are ap-

proximately 250,000 active members at US community colleges. PTK has more than \$90 million available in

scholarships for members to help them complete associate's, bachelor's, and some masters' degrees.



LIONS YOUTH SPEECH Competition - from left to right: Kevin Bell, Quincy High Teacher Advisor; Catharine Demopoulos, Sophia Nguyen, Max Speedlove, Grace Xu, Mollie Nelson, Colin McPherson, Jennifer Hanson and Jaclyn Jorgenson, North Quincy Teacher Advisors. Courtesy Photo

2021-2022 Lions Youth Speech Competition

The Lions Club of Quincy was proud to sponsor Mollie Nelson, a junior at North Quincy High School in the Lions Youth Speech Competition. This is a multi-level competition that ends with the "Best in State" Competition at the Lions Club State Convention.

The Lions Youth Speech Competition is just one of many youth events that the Lions Club sponsors. The Lions Club of Quincy is part of an international service organization that has over 1.4 million members and growing.

The Lions Youth Speech Competition is an opportunity for students grades 9-12 to speak on a designated topic picked by the Youth Speech Committee. Any student going to school or living in any of the multiple districts of Massachusetts can participate if they are sponsored by a Lions Club.

The competition has 6

levels with the first level being the school level, the second level is club, third is zone level, fourth is region level, fifth is District level and last is "Best in State."

In the State of Massachusetts there are over 200 Lions Clubs which are separated by the District letters Y.A.N.K. and S. Each District is sub divided into regions and zones so that it can be more manageable to work with. In District K of which Quincy is a part, there are 5 Regions represented by the letters L, I, O, N and S. The Lions Club of Quincy is part of Region I and Region I is also separated into 10 Zones numbered 1-10. The school level of the competition could have anywhere from 2 students to the entire student body competing if they chose. With the help of the Teacher Advisors, there are usually between 6-8 students competing at the Club level. The

winner from the Lions Club of Quincy will advance to the Zone competition.

The participating students were given the topic "Why is Accountability Important?" The students worked with teacher advisors at each of the High Schools. Mr. Kevin Bell worked with Sophia Nguyen, Max Speedlove and Catharine Demopoulos who are juniors this year at Quincy High School. Mr. Michael Jorgenson, Ms. Jaclyn Jorgenson and Ms. Jennifer Hanson worked with Colin McPherson and Mollie Nelson who are juniors and Grace Xu who is a senior. The Lions Club of Quincy is grateful for the hard work and dedication of the Teacher Advisors. They do an excellent job preparing the students for the competition.

These 6 students competed on Dec 7, to see who would represent the Lions Club of Quincy moving for-

ward in the competition.

The students recited their speeches and were scored based on the following criteria:

Delivery: Was it a formal, public speech? Emphasis, voice control, enunciation, pronunciation, sincerity, enthusiasm, and poise.

Effectiveness: Were you moved? Was the speech a well-rounded cohesive effort? Did the speech have logic and organization? Did the speech have an emotional impact?

The third category is Text: Was the speech well thought out? Originality. Quality of the material? Did the Speaker adhere to the topic?

The judges are given the hard task to rate the students based on these criteria and are also expected not to have a tie with their scoring. Which, with the talent of these speakers is a daunting task. Along with the scores from the judges,

there is a timekeeper, who is tasked with making sure the student's speech is at least 5 min long, but not longer than 8 min or the students lose points and there is also a script reader who follows along with a written copy of the speech, the students are deducted points for missed complete sentences.

All judges are non-Lions and are unknown to the students before the event. The rest of the people who work the speech competition must be Lions. A judge can only judge one level of the competition and no part of the competition can be made public until the end of the competition which takes place over several months.

Mollie won the Club level contest and advanced to the Zone level of the competition. Mollie did not have a competitor at the Zone level, so she advanced to the Region Level of the Competition, which due to covid was held virtually. Mollie

was chosen to advance to the District Level where she again competed virtually at the District 33K Mid-Winter Convention. Competing against 4 other students virtually Mollie was again chosen and advanced to the "Best in State" Level at the State Convention. We were fortunate enough to have that competition in person at the Sea Crest Beach Resort in Falmouth. Mollie competed against 4 other students making up the 5 Districts of Massachusetts. Mollie was a runner up at this competition; she did an amazing job not only representing the Lions Club of Quincy, but the entire District K Lions Clubs. Mollie is also the Student Council Class President, SADD co-president, member of the cross-country track and field teams and a school announcement speaker. Mollie also recently was the recipient of the Will McDonough Writing Contest.

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YARD/ CRAFT SALE QUINCY: 11th Annual Indoor/Outdoor Yard Sale and Craft Show! Saturday, May 14th 9am - 3pm <i>Rain or Shine</i> Huge Assortment of Yard Sale and Craft Items including Costume Jewelry, Hand Crafted Items, Household Items, Restaurant Glassware, Bake Sale Bethany Church 18 Spear Street, Quincy 617.479.7300 for more info	J.F. ROOFING Co. QUINCY, MA - Shingles - Rubber - Slate - Copper - Vinyl Replacement Windows 617-471-8216 CREDIT CARDS ACCEPTED	James Healy 35 YEARS EXPERIENCE Licensed and Insured Masonry - Waterproofing - Roofs 617-230-4156 acewpinc@yahoo.com	STUMP GRINDING Smaller, Powerful, Versatile Machine Able to get into 36-inch openings RELIABLE-INSURED-REASONABLE RATES Please call: Tony Luongo, LUONGO'S LANDSCAPING - 617-479-9599	M&M SALVAGE - CLEANOUTS - CASH FOR CARS - FREE SCRAP REMOVAL 617-842-8205	WANTED WE BUY: Gold Jewelry, Diamonds, Estate Jewelry, Silver, Coins, Rolex Watches, Pocket Watches, Sterling Silver Flatware, Old Paper Money, Numismatics, Designer Accessories! PRIVATE APPOINTMENTS AVAILABLE IN STORE CALL 617-479-4653 Locally Owned & Operated 15 Years Experience
YARD SALE 42ND ANNUAL Sat. 5/21, 9AM-2PM Over 40 houses on Ashmont Hill. Start at Ocean Street. Enjoy a Dorchester Victorian neighborhood. INFO: www.ashmonthill.org or 617-288-6626	PERSONAL THANK YOU ST. JUDE, BLESSED MOTHER, ST. ANTHONY, ST. JOSEPH, ST. PEREGRINE, ST. THERESA J.D. THE MIRACLE PRAYER Dear Heart of Jesus, in the past, I have asked for many favors. This time, I ask you this very special favor (mention favor). Take it dear Heart of Jesus, and place it within your own broken heart where your father sees it. Then in his merciful eyes it will become your favor, not mine. Amen. Say this prayer for 3 days, promise publication and favor will be granted, no matter how impossible. Never known to fail. S.C.	PLEASE RECYCLE THIS NEWSPAPER	The Quincy Sun CLASSIFIED AD FORM MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169 PAYABLE IN ADVANCE. Payment must accompany order.	INDEX ☐ Services ☐ For Sale ☐ Autos ☐ Boats ☐ For Rent ☐ Wanted ☐ Help Wanted ☐ Work Wanted ☐ Pets ☐ Lost & Found ☐ Real Estate ☐ Antiques ☐ Flea Markets ☐ Yard Sales ☐ Instruction ☐ Day Care ☐ Personal ☐ Miscellaneous	RATES 1 WEEK ☐ \$9.00 for one insertion, up to 20 words, 10¢ for each additional word. 2-4 WEEKS ☐ \$8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word. 5-10 WEEKS ☐ \$7.50 per insertion, up to 20 words; for 5-10 insertions of the same ad, 10¢ for each additional word. 11 WEEKS OR MORE ☐ \$7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word. ☐ Enclosed is \$_____ for the following ad to run _____ weeks in The Quincy Sun. COPY: _____ NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

'Crazy Critters' Close-Up At Kennedy Center



JOE KENNEY of Joe's Crazy Critters explains the habitat of a lizard during a recent program at the Kennedy Center.

Quincy Sun photos/Tom Gorman



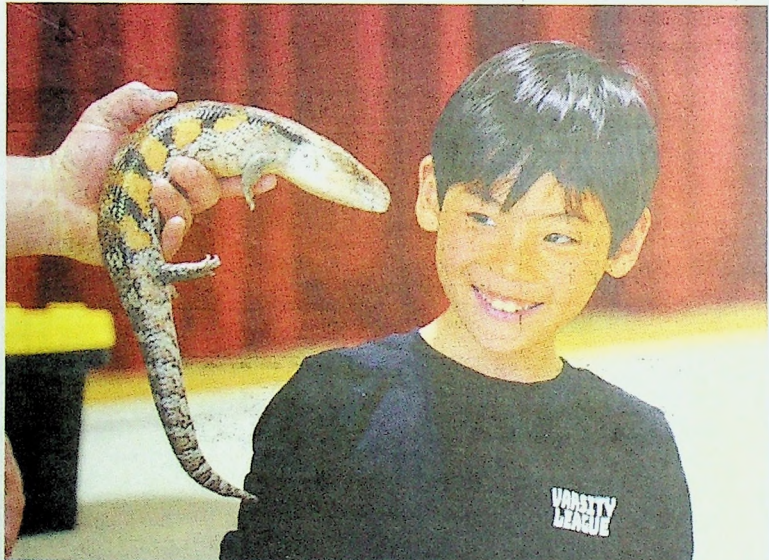
YOUNGSTERS GATHER to watch a frog leap around the room.



SANTINO RUGGIERI-LAM, 6, has an audience as a snake wraps around his neck.



ELLA BARDWELL, 10, has fun with a snake.



GIOVANNI RUGGIERI-LAM, 8, is all smiles as he gets up close to a lizard.



BOB DESCHLER looks on as his grandson, Hendrix Deschler, 6, right, and his friend, Trey Pander, 6, center, check out a tortoise.



SAM BARDWELL, 10, and Ella Bardwell, 10, pet a tortoise.



MAX GENEREUX, 9, goes eye-to-eye with a lizard.



LET'S DANCE

Rise Above • Dance for DOVE

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Vision

A community unified in peace, justice, and equity, for the safety and well-being of every individual.

Statement of Affirmation & Welcome

DOVE welcomes refugee and immigrant survivors both documented and undocumented; people with disabilities; people who are D/deaf or hard of hearing; BIPOC (Black, Indigenous, and other People of Color); LGB, Queer, Trans, and Non-Binary individuals; people of all religion and faith beliefs; and individuals whose first language is not English. DOVE welcomes people of all identities, including those not named.

24-Hour Hotline: 617.471.1234 or 1.888.314.DOVE (3683)
Community Advocacy & Prevention Services: 617.770.4065
P.O. Box 690267, Quincy, MA 02269 • www.dovema.org

